

Paul Sadler Swimland Est. 1972

...Small Successes, Proudest Moments

**LONG WEEKENDS, BBQS AND
WEEKENDS AT THE BEACH**

will your family

SWIM SAFER

this summer?

SWIMMING LESSONS
SAVE LIVES

Participation in formal swimming lessons was associated with an
88% reduction in the risk of drowning

*According to American Paediatrics and Adolescent Medicine



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