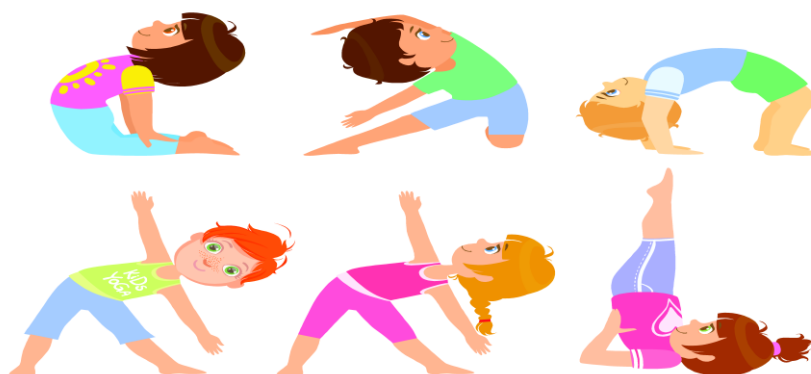


Kids Yoga/Relaxation



Come and join us for a 6 week kid's yoga program.

Learn relaxation techniques, mindfulness all in a fun calming environment.

Ages 8 - 12

Booking essential and can be made through the centre. Just see one of our friendly staff.

DATE: Wednesday 6th
February – Wednesday 13th
March

TIME: 3.30 – 4.30

LOCATION: Hackham
Community Centre

72 Collins Parade, Hackham

COST: FREE

BOOKINGS 8186 6944



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