

## Enrolment

You can book and pay for a course or activity.

1. **In person or over the phone, during our office hours. Payment can be made by EFTPOS, cash, or credit/debit card.**
2. **Please contact the office for payment details if you would like to pay via direct debit.**

Enrolment Forms are available from the Office or can be downloaded from our website.

### Terms and Conditions

- Full course fees are payable at the time of booking and prior to course commencement. Places in courses are only secure once full payment has been received.
- Concession cards (Pensioner or Health Care Cards only) must be produced at enrolment to receive the concession rate. Not all courses/classes offer concession rates.
- KRNH does not offer participants the option of paying weekly/ casual rates.
- KRNH does not offer pro rata payments for time away or missed classes (except in special circumstances which can be discussed with the coordinator or office manager). Special consideration will be granted for no more than 1 term in any calendar year.
- Refunds **will not** be given if a student discontinues a course, does not attend, or cancels within the week prior to course commencement.
- A refund (less \$10.00 admin fee) is given if you cancel your enrolment at least 7 days prior to course commencement.
- A full refund is provided if the class is cancelled by KRNH due to insufficient numbers or other reasons.

## Other Services

We also provide a great range of other services including:

- CALD Community Development Worker (We are proud to offer the services of our CALD (culturally and linguistically diverse) CD Worker, to members of the CALD community. Able to communicate in Mandarin and English. Contact our CALD CD Worker via our office or at the following email address: [cdworker@knh.org.au](mailto:cdworker@knh.org.au))
- Justice of the Peace services by appointment only
- Room hire; Comfortable lounge area; Free tea and coffee; Free Internet!

## Office Hours

**Monday, Tuesday & Thursday:** 9.00am – 4.00pm  
**Wednesday & Friday:** 9.00am – 1.00pm

*Our office is closed on public and school holidays*



**Kerrie Rd  
Neighbourhood  
House**  
*enriching our community*



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Glen Waverley, VIC 3150

Phone: 9887 6226

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ABN: 15192371415

# Term 2 2021

19<sup>th</sup> April – 25<sup>th</sup> June

\*No class Monday 14th June

This program is available in Chinese on the website.

[www.knh.org.au](http://www.knh.org.au)



## Social and Support Groups

Kerrie Rd Neighbourhood House is home to several social and support groups.  
Come along and try a group today...  
**Everyone is welcome!**

### HUNGARIAN GROUP

Join this lovely, friendly group of Hungarian speakers on a **Monday from 12:00pm-3:00pm** and enjoy games, embroidery, coffee, and a chat.

**Cost: \$3 session**

### WALKING GROUP

Looking for an opportunity to complete a gentle-moderate walk, in the company of other friendly walkers? Our group walks at a different location every week within Monash area on **Mondays 10am-11am** (during school terms) and heads out for about 1 hour. You will find our timetable on our website, under groups. Please call our office if you require more details about meeting locations or have a question.

**Cost: Free**

### KERRIE'S KNITTING GROUP

Can you knit? Our sociable, friendly group meets weekly on a **Tuesday from 1:00pm-3:00pm** during school terms for a cuppa and yarn to knit items for donation to charitable organisations. Wool donations are greatly appreciated.

**Cost: \$2 session**

### MUMS FOR MUMS

This group offers support for mums who do not have extended family support in their lives and meets **Thursday mornings from 9:30am-12:30pm**.

**Cost: Full fee: \$60 / Conc: \$55**

### JAPANESE MOTHER'S GROUP / PLAYGROUP

A group run by parent volunteers and supported by all parents and caregivers who attend by their active involvement in running of activities and their supervision of children's safety. This playgroup endeavours to provide parents and their pre-school children a fun, welcoming, and friendly environment in which they can expand their social networks and learn Japanese language and its culture. All activities are delivered fully in Japanese. Activities include: • Arts and crafts • Story time • Nursery rhymes with finger play • Japanese letter song • Puppet shows • Eurhythmics. **Meets Fridays from 10:45am-2:30pm.** *Due to COVID spacing restrictions, Playgroup sessions may vary to suit or split into two separate sessions.*

**Cost: \$4 session**

### WAVERLEY WIDOWED SUPPORT GROUP

A Support group for widows, widowers and those who have lost a partner. We help each other through grief. Group also offers social outings in a safe and supportive environment. Meets Wednesdays from 7.30pm-9.45pm. **All enquiries to Lesley 9725 6843 or Naomi (Noni) on 9802 2316**

## Children's Programs Cont'd

### Kerrie Rd NH Playgroup

Our playgroup offers a safe and secure environment for children to learn through play and social interaction. Each session includes a fun-filled, energetic, facilitated music and movement time and lots of free play.

*\*Due to COVID spacing restrictions, Playgroup sessions may need to be split into two separate sessions.*

Dates	Day/Time	Full fee	Concession*
22 <sup>nd</sup> April – 24 <sup>th</sup> June *Two separate sessions	Friday 9.30am-11am / 11.15am-12.45pm	\$60 per family	\$55 per family

### Kids Pottery for 5-12yrs

A fun and interactive program, exploring the medium of clay, get your hands dirty, and learn different techniques of hand building pottery. A new project each week!

Dates	Day/Time	Full fee	Concession*
20 <sup>th</sup> April – 22 <sup>nd</sup> June	Tuesday 4pm-5pm Tuesday 5pm-6pm	\$200	No Concession

### Kids Yoga for 5-12yrs

Improve your child's physical, social, emotional, and mental well-being, as well as their focus and concentration. A fun class that incorporates music, games, stories, relaxation and visualization, meditation and more!

Dates	Day/Time	Full fee	Concession*
24 <sup>th</sup> April – 26 <sup>th</sup> June	Saturday 10.30am-11.30am	\$115	\$105



## Children's Programs

### Children's Creative Painting & Drawing Art Classes

Our children's art classes encourage originality and creativity, enabling children to explore various mediums and techniques. Children will work on a range of projects using pastel (soft/oil), paint (watercolour/acrylic) and pencil. These classes provide a wonderful opportunity for children to develop painting and drawing skills in a friendly and supportive environment.

Dates	Day/Time	Full fee	Concession*
19 <sup>th</sup> April – 21 <sup>st</sup> June *No class 14 <sup>th</sup> June	Monday 4pm-5pm (5-7yrs)	\$105	\$95
	Monday 5pm-6pm (7+ yrs)		
20 <sup>th</sup> April – 22 <sup>nd</sup> June	Tuesday 4pm-5pm (5-7yrs)	\$115	\$105
	Tuesday 5pm-6pm (7+ yrs)		
21 <sup>st</sup> April – 23 <sup>rd</sup> June	Wednesday 4pm-5pm (5-7yrs)	\$115	\$105
	Wednesday 5pm-6pm (7+ yrs)		
22 <sup>nd</sup> April – 24 <sup>th</sup> June	Thursday 4pm-5pm (5-7yrs)	\$115	\$105
	Thursday 5pm-6pm (7+ yrs)		

### Children's Art Masterclass (2-hour Program for 8-12yrs)

Progress to the next level in this advanced class. **Criteria applies. Contact the office.**

Dates	Day/Time	Full fee	Concession
19 <sup>th</sup> April – 21 <sup>st</sup> June *No class 14 <sup>th</sup> June	Monday 3.45pm-5.45pm	\$160	\$145

### Teenage Art (2-hour Program for 12-18yrs)

Learn a variety of techniques and mediums from our fine arts qualified and experienced tutors. This course is for High School Students who are passionate about their art.

Dates	Day/Time	Full fee	Concession
19 <sup>th</sup> April – 21 <sup>st</sup> June *No class 14 <sup>th</sup> June	Monday 6pm-8pm	\$160	\$145

\*A materials art kit will need to be purchased for all the above classes prior to your child attending their first class. The kit will last several terms. Cost: \$35.00

### Homework Club

A place for your primary-school aged child to complete their homework with support from tutors in a friendly space free from distractions (like gaming devices)? Tutors support students to develop positive homework habits.

Dates	Day/Time	Full fee	Concession*
28 <sup>th</sup> April – 23 <sup>rd</sup> June	Tuesday 4pm-5.30pm	\$75 per family	\$70 per family

## Health & Wellbeing Programs

### Pilates

This program is designed to strengthen the lower back and deep abdominal muscles, providing support to the spine. As core stability improves, the smaller muscles become better able to support tendons and joints.

Dates	Day/Time	Full fee	Concession*
19 <sup>th</sup> April – 21 <sup>st</sup> June *No class 14 <sup>th</sup> June	Monday 7.30- 8.30pm	\$110	\$100
22 April – 24 <sup>th</sup> June	Thursday 1.30-2.30pm	\$120	\$110

### Strength Training

Build strength, tone your muscles, improve your balance, increase your energy and fitness level with these low impact classes that uses weights, fit-balls and more. Suitable for men and women of all ages and abilities.

Dates	Day/Time	Full fee	Concession*
19 <sup>th</sup> April – 21 <sup>st</sup> June *No class 14 <sup>th</sup> June	Monday 10.30-am-11.30am	\$110	\$100
21 <sup>st</sup> April – 23 <sup>rd</sup> June	Wednesday 9.45am-10.45am	\$120	\$110
	Wednesday 11am-12pm		
23 <sup>rd</sup> April – 25 <sup>th</sup> June	Friday 9.15am-10.15am	\$120	\$110
	Friday 9.30am-10.30am		

### Yoga

Looking to improve your physical and emotional well-being? This class works on stretches, breathing and relaxation techniques, working with your postures. It also improves the functioning of the respiratory, circulatory and digestive systems. Become calm and take control of your life. This class is suitable for all levels.

Dates	Day/Time	Full fee	Concession*
19 <sup>th</sup> April – 21 <sup>st</sup> June *No classes 14 <sup>th</sup> June	Monday (TS) 9.15am-10.15am	\$115	\$105
	Monday (B) 9.15am-10.15am		
	Monday (TS) 10.30am-11.30am		
20 <sup>th</sup> April – 22 <sup>nd</sup> June	Tuesday 9.15am-10.15am	\$125	\$115
	Tuesday 10.30am-1.30pm		
	Tuesday 7.45pm-8.45pm		
22 <sup>nd</sup> April – 24 <sup>th</sup> June	*Thursday 6.00pm-7.00pm	\$125	\$115
	*Thursday 7.30pm-8.30pm		
24 <sup>th</sup> April – 26 <sup>th</sup> June	Saturday 9.15am-10.15am	\$125	\$115

\*Optional add on – 30min Meditation Session after/before Thursday Yoga. Refer to page 3.

## Health & Wellbeing Programs Cont'd

### Meditation – 30mins

Unwind, relax, and learn simple, effective ways to let go of stress to prevent its accumulation. Improve your sleep and well-being. Join our before or after yoga too for a complete workout.

Dates	Day/Time	Full fee	Concession*
22 <sup>nd</sup> April – 24 <sup>th</sup> June	*Thursday 7.00pm-7.30pm	\$40	No Concession

\$60 Meditation only

## Special Interest Courses

### iPhone for Beginners

Learn to use your iPhone in this beginner's class. Topics include messaging with photos, taking and sending photos, making video calls, using basic Apps (Safari/Google, YouTube, Maps, FaceTime etc.), connecting to Wi Fi, and finding the best Phone Plan. Each class is 1 hour, followed by 30 minutes for questions and one-on-one assistance with your device.

Dates	Day/Time	Full fee	Concession*
19 May – 23 <sup>rd</sup> June	Wednesday 9.30am-11am	\$70	\$60

\*Your iPhone should be iPhone 6 or newer; Apple no longer supports earlier models.

### Android Smartphone for Beginners

Learn to use your Samsung, Huawei, Oppo etc. in this beginner's class. Topics include messaging with photos, taking and sending photos, making video calls, using basic Apps (Google, YouTube, Maps, WhatsApp etc.), connecting to Wi Fi, and finding the best Phone Plan. Each class is 1 hour, followed by 30 minutes for questions and one-on-one assistance with your device.

Dates	Day/Time	Full fee	Concession*
19 May – 23 <sup>rd</sup> June	Wednesday 11.30am-1pm	\$70	\$60

\*Your Android phone should be less than 3 years old. Please contact Kerrie NH House for further advice if you are not certain about your phone

### Painting & Drawing for Adults

Create, relax & enjoy learning the basics of drawing, water colour & acrylic painting & pastels or come along & work on your own individual projects, guided by our Tutor, Maria.

Dates	Day/Time	Full fee	Concession*
27 <sup>th</sup> May – 22 <sup>nd</sup> June	Tuesday 1.00pm-3.00pm	\$155	\$140

### Italian Cooking Classes for Adults

Dates	Day/Time	Full fee	Concession*
01 June – 22 <sup>nd</sup> June	Tuesday 6.00pm-8.00pm	\$90	No Concession

\*Additional \$25 for ingredients payable to tutor

## Language Courses

### Italian Intermediate

You already know some Italian? You want to learn more about the people, country and culture? Learn more from Our Acclaimed Tutor Luciano Pirrottina whose aim is to teach colloquial Italian, fresh, crisp, modern everyday language to be learned and used immediately, in shops, restaurants, markets, with friends and acquaintances.

Dates	Day/Time	Full fee	Concession*
19 <sup>th</sup> April – 21 <sup>st</sup> June	Wed 6.30pm-8.30pm	\$155	\$140

\*Text book required: 'Ci Siamo' (to be bought by participants separately).

### French Conversation

Already know some French but want to improve? Join Isabelle who was born and raised in France and can give you the skills to speak confidently in everyday situations.

Dates	Day/Time	Full fee	Concession*
20 <sup>th</sup> April – 22 <sup>nd</sup> June	Tue 10am - 12pm	\$170	\$155

### French Intermediate

You know some French but want to improve your vocabulary, grammar, expressing yourself? Join Isabelle who was born and raised in France and you will read text, write messages, listen to audios, and speak with the group to feel more confident in French.

Dates	Day/Time	Full fee	Concession*
20 <sup>th</sup> April – 22 <sup>nd</sup> June	Tue 1pm - 3pm	\$170	\$155
21 <sup>st</sup> April – 23 <sup>rd</sup> June	Wed 1.30pm – 3.30pm	\$170	\$155

