

Parenting Seminar

Strategies to Address Problem Behaviour

In this practical parenting seminar you will learn positive parenting strategies to help with your child's behaviour. Suitable for parents with preschool or early primary school aged children who want to have a more positive and less stressful relationship with their child.

In this seminar you will learn how to:

- Bring out the best in your child
- Encourage your child to cooperate
- Use parenting tips for challenging children

What others have said:

"Very appropriate to helping my family"

"Lots of helpful suggestions and strategies to try at home"

"Fantastic information-just what I needed to give me some hope"



Where: Carrington Health
Ground Floor, 43 Carrington Rd, Box Hill

When: Thursday 23rd May 2019

Time: 9.30am-12pm

Cost: \$30 per person (\$15 for health care card holders) or \$45 per couple

Bookings are essential via

<https://www.trybooking.com/BBVNV>

For more information please contact Joan Lauricella, Family Support Worker on 9430 9100
joan.lauricella@healthability.org.au

Carrington Health

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