

# AURORA AUSTRALIS SCHOOL OF EURYTHMY AND THE ARTS

We are now taking applications for a new training beginning in April 2018.

Eurythmy was introduced by Rudolf Steiner in the early 20<sup>th</sup> century and means beautiful, harmonious movement.

Many of us ask questions like “Who am I?”, “Where do I come from?” and “where am I going?” In doing Eurythmy, we learn to understand ourselves and our relationship to the world around us – not only with our heads but also with our whole body and being.

“I not only think IT, I feel it and I do IT”. Eurythmy asks me to be present and conscious in every moment. By working in the creative and formative forces of speech and music, Eurythmy makes viable the spoken word (through poetry and story) and music. In Speech Eurythmy we seek to express what this is in the Word (and all its laws and structure). In Music Eurythmy, we are not moving with the music, we are the music. Thus, the human being is the instrument.

As well as studying Eurythmy, the student will, over a four-year training period also study music theory and history, painting and sculpture and art history, from drawing, speech formation, English literature, anthroposophical medicine and anthroposophy. In addition, there will be a block of education Eurythmy.

On completing the training, students will receive a Diploma in Eurythmy, recognised by the Section for Speech Eurythmy and Music in Dornach, Switzerland. Graduates can work in schools, therapeutic communities and special needs schools and communities. Further training in curative Eurythmy, artistic Eurythmy and pedagogical Eurythmy can be pursued.

The training is open to school leavers who wish to pursue a career working the artistic educational and healing movement. It is also suitable for the more mature adult. The training will be held in the Michael Centre in Warranwood, Melbourne and is organised and run by a small group of eurythmists. Birgith Lugosi the artistic director brings to the course nearly thirty years of experience. Susan Gould and Beth Christensen will work alongside her, and from time to time guest teachers will be invited.

**Enquiries: For further information, please contact Birgith Lugosi.**

**Birgith.lugosi@gmail.com - (03) 9852875**

**Susangould1958@hotmail.com – 0426617254**