



# 6TH MARCH 2019

## ANXIETY IN KIDS

Being the parent of an anxious child is not an easy task. They place extra demands on parents in terms of time and emotion, and quite often extended family and friends do not see the distress being experienced by both the child and their family.

When your child is anxious and missing out on enjoying aspects of life, many parents want to do something to help. It can be difficult to know what works or how to know what will bring lasting change. Early intervention and education for both parent and child is so important.

Research has shown that for children, involvement of parents in the treatment of anxiety disorders leads to much better outcomes.

At this **FREE** Masterclass you will learn about what it means to 'Tackle Anxiety.' This workshop brings both biological and psychological understanding so that the support to your child feels more informed, educated and centralised to their care.

Join Clinical Psychologist and Director of Masters & Co. Rochelle Masters Wednesday 6th March 7pm - 8.30pm at Lifestreams 2 McNabb Loop, (Corner of Murray St and McNabb Loop) Como

**Bookings are required. Call 9313 1600 or via email**

[southperth@lifestreamscc.com](mailto:southperth@lifestreamscc.com)

**Masterclass on Anxiety  
in Kids**

**Support Your Child**

**Early Intervention and  
Education**

**Clinical Psychologist  
Rochelle Masters**

**LIFESTREAMS**

**6th March, 7 – 8:30pm**

**2 McNabb Loop, Como**

**(08) 9313 1600**