



# Educational and Developmental Psychology Telehealth Services

In response to the COVID-19 pandemic, we are now offering intervention services for children, adolescents and families via telehealth.

We can offer short-term interventions for children and adolescents on a range of topics including:

- coping and resilience
- stress and anxiety
- self-esteem
- study and learning skills
- literacy
- behaviour management
- social skills and friendship

**Fees for service have been temporarily modified and individual telehealth sessions currently being offered to the community at no cost.**

We are also seeking expressions of interest for group programs for primary and secondary students. Possible group intervention focuses include:

- social skills
- anxiety management
- academic skills
- coping and resilience

Please contact us at [clinic-psych@unimelb.edu.au](mailto:clinic-psych@unimelb.edu.au) to express interest or for further information

