

Careers Newsletter

17 November 2021

Disclaimer – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email jmadani@stpiusx.nsw.edu.au

JobJump - Parents and students please watch YouTube video and sign up Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts. To register go to <u>https://www.jobjump.com.au/</u> Search school – St Pius X Chatswood Register with an email address (use a private address, not spx) Password – pius (lower case) Parent information: <u>https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be</u>

ADF | Trade Careers Information Session, Sydney

Wednesday 17 November 2021, 6:30 pm - 8:30 pm

Defence Force Recruiting Centre Sydney

Apply your existing trade skills, or receive world-class training in order to work with formidable military assets and enjoy the many benefits of a career in the Australian Defence Force.

To find out more about available trade roles, come along to an info session and speak with current serving personnel.

Find out more: <u>https://www.defencejobs.gov.au/events/events-detail/stru8mo</u>

Basair | Open Day 2021

Saturday 20 November 2021, 9:30 am - 4:00 pm

Basair Aviation College, Bankstown Aerodrome

Did you know you can become a Commercial Pilot in less than a year at Australia's largest Pilot College?

Come to our free Annual Open Day to learn more. Have your exciting first flight and take over the controls, attend a Pilot Career Seminar, try a drone or aircraft simulator, discover our campus, meet our students & alumni and more.

With 100s of alumni flying for major airlines worldwide and the 3rd largest fleet in the Australia behind QANTAS & Virgin, Basair Aviation College is the place to let your career take off!

Find out more: <u>https://www.eventbrite.com/e/sydney-basair-open-day-2021-tickets-195040711017</u>

iCanMed | Summer Holiday Study Plan: How to Catch Up on UCAT Prep

Sunday 21 November 2021, 1:00 pm - 3:30 pm Online

In this webinar, Ray, iCanMed's education advisor, will share with you the techniques and timelines that are research-proven to help you best utilise your summer break for the most effective/efficient results with reference to the following points:

- Top tips on how to catch up on the prep that you have missed since April
- How to best organise your prep with the dos and don'ts of what gets you a UCAT score high enough to earn interview spots
- A summer holidays prep plan to get you up to scratch in terms of timeline and workload distribution
- An up-to-date mini mock test containing UCAT questions based on the 2021 exam
- Comprehensive teaching to help you learn how to solve questions correctly and prepare for the UCAT intelligently

Find out more: <u>https://www.bigmarker.com/icanmed/summer-plan-</u><u>1?utm_bmcr_source=website</u>

UAC Live | Parent and Carer Update and Q&A: Facebook

Thursday 25 November 2021, 5:00 pm

Online

Kim Paino, UAC General Manager, Marketing and Engagement, will provide an update on UAC applications for 2022 study. Head to the comments to ask us a question. Find out more: <u>https://www.uac.edu.au/schools/uac-digital</u>

WEP | Student Exchange Info Session

Thursday 2 December 2021, 6:00 pm - 7:00 pm

Online

Imagine making friends from all over the world, learning about yourself and the world around you and seeing sights you could only dream of! Find out more about your student exchange opportunities at WEP's online info session.

Find out more:

https://us02web.zoom.us/webinar/register/WN DPUniNIoTUmgkCERnHjKMg

Sydney Design School | Info Session

Friday 3 December 2021, 1:00 pm

Sydney Design School, St Leonards

Find out everything you need to know about our flexible courses and career support. Our Director, Amanda Grace will introduce you to our unique philosophy, passionate Educators and industry focused approach to learning.

Find out more: <u>https://sydneydesignschool.com.au/information-sessions/</u>

The Hotel School | Sydney Open Campus Tuesday 7 December 2021, 10:00 am - 1:30 pm The Hotel School, Sydney

Justice and Solidarity

Do you want to explore our boutique CBD campus? 5-star events are back! Explore your dream career and connect with passionate industry experts. Join us for an Open Campus experience.

- Chat with our global student ambassadors
- Meet current lecturers and the head of campus
- Discuss courses and scholarship applications in detail
- Personalised tours with a course advisor
- Discuss opportunities with the Work Integrated Learning team
- Discuss courses and the application process in detail
- Light refreshments available

Find out more: <u>https://www.eventbrite.com.au/e/sydney-open-campus-tickets-</u> 197995137787

SAE | Creative Futures, Online

Sunday 12 December 2021, 1:00 pm - 3:00 pm Online

Jump onto our awesome virtual platform to explore your interest and passion for a career in Creative Media.

Creative Futures Online will give you an opportunity to hear from our lecturers and industry experts, as well as learn all about our scholarships and launchpad programs. There will be information seminars about all our courses available, as well as our student support initiatives and services!

Find out more: <u>https://sae.edu.au/event/creative-futures-at-sae/</u>

Year 12 UTS Engineering and IT – on campus tours

Tuesday 14 December 2021, 9:00 am - 7:00 pm

University of Technology Sydney

The UTS Faculty of Engineering and Information Technology will be offering on-campus tours of our Engineering and Information Technology facilities for Year 12 Students on Tuesday 14 December.

Check out the state-of-the-art UTS Engineering and IT building! Guided by one of our students, you will explore the facilities and study spaces that are available for engineering and IT students at UTS.

Find out more: <u>https://www.uts.edu.au/about/faculty-engineering-and-information-technology/events/year-12-uts-engineering-and-it-campus-tours</u>

SAE | Creative Futures, Byron Bay

Thursday 16 December 2021, 5:30 pm - 7:00 pm

SAE Institute, Byron Bay

We're opening the SAE Byron Bay campus doors and giving you the chance to chat with our industry experts, who are ready to answer all your questions about studying and working in creative fields.

This free event is exclusively for high school students in years 11 & 12.

What's on at Creative Futures:

- Talk to our lecturers and industry experts
- Learn about our Scholarships and Launchpad program

- See our student support initiatives and services
- Information Seminars

Find out more: <u>https://sae.edu.au/event/creative-futures-at-sae-byron-bay/</u>

UOW College | Fitness Online Info Session

Tuesday 11 January 2022, 5:30 pm - 6:30 pm Online

Have you been thinking about studying a Fitness course at UOW College or do you already have an application or offer and still need answers? Don't worry we've got you covered. Please join us for our upcoming online info session to find out more about our Certificate III, Certificate IV in Fitness and FitPro courses. We'll also cover entry requirements, job outcomes and eligibility criteria to access Smart & Skilled government funding. Staff will be available on the night to answer any questions you may have.

Find out more:

https://studentservice.uow.edu.au/Portal/Events/EventDetails?eventId=9dba6214-513cec11-818f-00224810b8e7

JMC Academy | Canvas Creative Ideation Workshop

Thursday 18 November 2021, 4:00 pm - 5:30 pm

Online

In conjunction with the 2022 Canvas Art Award Competition, join JMC lecturer and Designer Rizwan Nawaz to help you discover how you can analyse a brief and find ways to guide the flow of ideas!

Riz will be joined by cartoonist and illustrator Ed Dyer who will live draw the session bringing the group's idea to life!

Find out more: https://pages.jmcacademy.edu.au/CanvasAwardWorkshop.html

Whitehouse Institute of Design | Foundation Portfolio Workshop

Saturday 20 November 2021, 9:00 am - 11:00 am

Online

This online workshop is for aspiring designers and recommended as a starting point for those wishing to develop their illustration skills and create a portfolio for application to the Bachelor of Design program. In this 2-hour workshop, you will gain an understanding of how to illustrate with Marker and Paper, experiment with different multi-media materials and learn techniques for presenting your creative ideas.

This workshop focuses on the following areas of skill development including:

- Illustration techniques
- Application of pencils, professional markers and felt-tip pens for professional rendering
- Brief analysis of trends and preparation of illustrations to compliment a Mood Board
- Exploring an individual design aesthetic
- Beginners portfolio development and learn how to present your work for application to the Bachelor of Design program.

Find out more: <u>https://www.eventbrite.com.au/e/foundation-portfolio-workshop-tickets-</u> 206929791577

Experience ACAP

Coaching: Tuesday 7 December 2021, 6:00 pm - 7:00 pm **Criminology:** Tuesday 7 December 2021, 7:00 pm - 8:00 pm **Counselling:** Wednesday 8 December 2021, 6:00 pm - 7:00 pm **Psychology:** Wednesday 8 December 2021, 7:00 pm - 8:00 pm Online

Join an Experience ACAP session to immerse yourself in a real-life (online) classroom situation. ACAP educators will open your mind to new concepts, interesting case studies, and intriguing research across a variety of fields.

Find out more: <u>https://www.acap.edu.au/events/</u>

AIM | Music Theatre Workshop

Thursday 16 December 2021, 10:00 am - 3:00 pm

Australian Institute of Music, The Rocks

This is your chance to experience what it's like to study music theatre at AIM! Join us for a free music theatre workshop on Thursday 16th December at Sydney's incredible new campus in The Rocks. Sing, dance and act with our industry veteran lecturers and meet your potential future classmates.

Graduates of AIM's prestigious music theatre program appear in world-class theatre productions around the world, from Heathers to Hamilton. Would you like to gain the experience and specialised training to launch your own music theatre career? Our music theatre workshop is the perfect opportunity to get a window into the AIM experience. Our music theatre workshop will feature:

- 1 hour dance session run by Penny Martin
- 1 hour acting class run by Danielle Mass
- 1 hour voice master class run by David McLeod

Keen to learn more about studying and what to expect after you graduate? AIM Sydney's music theatre workshop will also include a Q&A session with leading music theatre staff and accomplished alumni aimed at giving you an insight into the industry and what you'll learn at AIM. We can't wait to meet the music theatre stars of tomorrow.

Find out more: https://aim.edu.au/events/aim-music-theatre-workshop-sydney/

Budget Promotions Aboriginal and Torres Strait Islander Sponsorship Award Value: \$3,000 AUD

Open/Closing Dates: November 1, 2021 – August 15, 2022

BudgetPromotion.com.au invites applications from people of an Aboriginal or Torres Strait Islander background for our new annual sponsorship award. This annual sponsorship will be awarded to someone who can demonstrate that the further education they are gaining will advance their community.

Find out more

Gallipoli Scholarship

Value: \$6,000 AUD per year Open/Closing Dates: November 1, 2021 – March 1, 2022 The Gallipoli Scholarships provide financial assistance to the most deserving and meritorious Australian applicants, commencing their first year of tertiary study at a University or TAFE at Degree, Diploma or Advanced Diploma level, in the year of application, as well as two specific Scholarships for second and third year Gallipoli Scholars. Find out more

Justice and Solidarite

CQUniCares GWI Scholarship

Value: Up to \$5,000 AUD

Open/Closing Dates: October 4, 2021 – January 7, 2022 The CQUniCares GWI Scholarship will provide recognition and financial assistance to a deserving Bachelor's degree student in financial need. The scholarship will assist the student with expenses associated with studying at university. Find out more

WSU Vice-Chancellor's Leadership Scholarship

Value: \$10,000 AUD per year

Open/Closing Dates: August 1, 2021 – November 28, 2021

The Vice-Chancellor's Leadership Scholarship (VCLS) aims to reward the success and accomplishments of high-achieving secondary school students who demonstrate excellence not only in their academic studies, but also in other aspects of their lives. Additionally, these scholarship holders are offered access to The Academy which helps to optimise their academic and leadership potential.

Find out more

Sydney Scholars Awards on Equity and Hardship Grounds

Value: \$6,000 AUD Open/Closing Dates: April 1, 2021 – December 31, 2021 Supporting outstanding Year 12 students experiencing financial hardship and other disadvantages to undertake an undergraduate degree at the University of Sydney. Find out more

Canvas Art Award 2022

If you are a high school student with a knack for drawing, painting or using creative digital mediums, we invite you to creatively interpret the quote below into an illustrated scene: "Imagination should be used, not to escape reality but to create it." – Colin Wilson How you interpret the quote is entirely up to you, however you must include a yellow umbrella somewhere in your scene.

All artists are unique in their abilities, to reflect that we are opening the competition to various mediums. You can submit:

- Analogue Artwork
- Digital 2D Artwork
- 3D Artwork
- Comic Strip
- Interactive Novel

- Storyboard
- Any combination of the above

Entries are open to high school students from NSW, ACT, QLD and VIC until 17 July 2022. Find out more and enter here: <u>https://www.jmcacademy.edu.au/canvas-art-award-2022/</u>

KYD School Writing Prize

The KYD School Writing Prize gives a voice to young Australians.

In 2022, we are seeking entries from students that explore the idea of 'hope' in Australia and the world at large.

We are looking for writing that responds to this theme as widely and creatively as possible in the following genres:

- Short fiction
- Essays
- Personal reflections
- Memoir and biography
- Genre pieces (fantasy, sci-fi, historical, romance, crime)

Entry to the KYD School Writing Prize is open exclusively to KYD School Members and their students. There is no additional entry fee.

Entries open 28 March 2022 and close 22 July 2022.

Find out more: https://www.killyourdarlings.com.au/awards/kyd-school-writing-prize/

Wakakirri Dance Challenge

The Wakakirri Story-Dance Festival is a national program for schools that develops student engagement and wellbeing through participation in the performing arts. Schools participate by creating Story-Dances which they perform in live theatres in capital cities and selected regional areas around Australia. Schools in remote and regional areas can participate via Wakakirri Video.

Wakakirri is open to Primary & Secondary schools (public and private), Dance Schools and Community Groups.

There are plenty of great prizes to be won in a variety of categories.

Registrations for the 2022 Wakakirri Challenge are open now, and close at the end of Term 1 2022.

Find out more and register here: https://www.wakakirri.com

EA Software Engineering Virtual Experience Program

In this Virtual Experience Program, you'll experience what life as a Software Engineer at EA would be like. We want you to feel empowered from the beginning with key insights into what lies ahead in your career at EA. You'll utilize skills like critical thinking and problem solving while working with languages like Python and C++ to re-create and implement a new game along with so much more.

Learn more

Work Experience with Hutcheon and Pearce

Have you ever wanted to explore the various career options on offer at Hutcheon and Pearce?

We are always interested in hearing from keen and willing school students who are looking to gain a better understanding of what a day in the life of an employee at Hutcheon and Pearce is like. During your work experience, you will gain hands on knowledge and experience of your chosen role and a better understanding of what life could look like postsecondary studies should you choose to pursue an apprenticeship with Hutcheon and Pearce.

We predominately offer work experience to budding Service Technicians but also have opportunities for anyone looking for Parts, Sales or Administration based work experience. Learn more

What qualifications will you need for your career?

Each job is different; some need lots of qualifications and years of training, and others just ask you to turn up on time.

You need to know which qualifications you will need for any jobs you're interested in – otherwise you won't be able to get the training you need and apply. To make it easy for you to wrap your head around the different pathways, we've put together a quick guide to jobs, classified by their training and qualification requirements.

Jump right in – jobs that don't require any training

There are lots of jobs you can do straight out of school without any qualifications whatsoever; you can walk in and start on day one with no experience or skills, and your employer will help you learn how to do your job.

These jobs are unlikely to require qualifications:

- 1. Hospitality staff
- 2. <u>Retail workers</u>
- 3. <u>Delivery drivers</u>
- 4. <u>Gardener</u>
- 5. <u>Cleaners</u>
- 6. <u>Receptionist</u>
- 7. <u>Packers</u>
- 8. <u>Dog Handler</u>
- 9. <u>Makeup artist</u>
- 10. <u>Artist</u>

Spend up to a year studying (and usually work at the same time)

For some jobs, you'll need to complete a really short course and apply for registration before you can start work. I'm talking about really short courses here, for example, to become a bar assistant you need to complete your <u>Responsible Service of Alcohol</u> which takes a couple of days, and to become a Real Estate Agent you only need to complete around 8 weeks of training.

The next tier of jobs usually require a low level of qualification, such as a Cert II or III which will take between 6 months and a year to complete. You'll learn the basic skills you need to do your job, and you usually be able to gain hands-on experience while you're training which will increase your employability.

If you still have time at school, you could get a qualification during year 11 and 12, or you could start a traineeship which will allow you to combine work with study and will give you a clear path to a job once you have your qualification.

These jobs will require a low level of qualification:

- 1. <u>Teacher Aide</u>
- 2. Aged Carer
- 3. Bar Attendant
- 4. Security Guard
- 5. <u>Beauty Therapist</u>
- 6. <u>Fitness Instructor</u>
- 7. Financial Assistant
- 8. <u>Lifeguard</u>
- 9. Early Childhood
- 10. Photographer

Study for around 3 or 4 years

For many career pathways, entry-level candidates will need a qualification that takes around 3 or 4 years to complete. These jobs are usually highly skilled, and you'll use your training throughout your career. You can also expect to continue learning – most roles will require you to keep your knowledge current and upskill to progress.

Some of these mid-level training pathways will combine work and hands-on training with study; for example, most apprenticeships take around four years to complete and you'll work with an employer throughout your training. Often, university courses will incorporate practical components and internships, which give you exposure to multiple employers throughout your degree.

These jobs require mid-level qualifications:

- 1. Hotel Manager
- 2. <u>Teacher</u>
- 3. Graphic Designer
- 4. <u>Electrician</u>
- 5. <u>Paramedic</u>
- 6. Engineer
- 7. Data Analyst
- 8. <u>Pilot</u>
- 9. <u>Mediator</u>
- 10. <u>Hairdresser</u>

Long-term Study Pathways

Some highly specific jobs require you to study for many years before you can become fully qualified. You'll be working as well along the way, and most of these pathways start off with a period of theoretical study followed by a blend of theory and on-the-job training. You'll need a high level of commitment to follow one of these pathways, which requires dedication, skill, and support from others to help you reach your goal. These jobs include:

- 1. Architect
- 2. <u>Psychologist</u>
- 3. <u>Doctor</u>
- 4. <u>Barrister</u>
- 5. <u>Music Therapist</u>
- 6. <u>Researcher</u>
- 7. <u>Astronaut</u>

Want to find more jobs filtered by skill level? Job Outlook have a handy tool that can do just that.

What do Nurses earn in Australia?

Australia is among the highest paying countries in the world, regularly appearing in the top ten for average salary paid. Of course, your salary depends on the type of profession you train and qualify for, and while the starting salary for a junior nurse may be relatively low, Australia offers a broad scope for professional development that can see a nurse's salary rise significantly.

But what kind of salary can a Registered Nurse expect in Australia, and what kind of opportunities exist to maximise your pay? MedShop have written up a handy guide that looks into what nurses earn in Australia, where you'll get the best pay and opportunities for professional development, and what kind of standard of living you can expect if you decide to take up nursing as a vocation.

Find more here: <u>https://www.medshop.com.au/pages/nursing-salary-guide</u>

Is Your Resume Summer Ready?

Before you start applying for jobs, it's a good idea to make sure that you have a resume ready to go and that it's up to date and that's going to appeal to potential employers – help you stand out from the crows

Getting your resume summer ready

If you already have a resume, but you haven't looked at it since you last applied for a job, or you were nagged to get one sorted – it could well be due for a refresh.

- Check your contact and personal details are correct
- Add in any recent jobs you've not listed (including voluntary and community work)
- Update and skills, awards, achievements that you've accomplished lately
- List a couple of hobbies the more relevant they are to the jobs you're looking for the better

Take some time to review your skills and attributes section too.

Don't forget that if you're applying for a particular job, it's a good idea to edit your CV to reflect what the employer is looking for. **Never** make things up, but it's amazing how a little re-wording could make you more appealing as a prospective employee.

Creating a resume

If you don't have a resume and you'll be applying for your first job, no problem, you've got some time to prepare one.

Remember to include:

- Your name, age and contact details
- Education details, including the names of your schools and a list of subjects you've studied
- Any other jobs that you've had, including volunteer work or work experience
- A list of your skills don't be shy
- Awards or achievements you've received
- A couple of your hobbies and interests

Keep it brief, simple, honest, and easy to read.

These blogs "<u>It's all about the resume</u>" and "<u>Create your resume</u>" have a few more tips and ideas.

Or head over to the <u>Super Simple Resume Builder</u> to get your CV whipped up in no time.

Customise the details

Your resume and cover letter will what gets you through the door and into an interview, so you've got to make them relevant and stand out.

If you're just planning on going around to businesses handing over your resume, keep it short and sweet. It's still worth writing a shiny cover letter too, just a few sentences letting the business know why you'd be an amazing addition to their team.

Applying for specific jobs? You'll need to address skills or other criteria listed in the advert. (Remember for entry level jobs the bar shouldn't be set too high, so don't be afraid to blow your own trumpet).

If you really don't think you have many of the skills or experience they're looking for, but you're still keen on the job – say that in the cover letter. Tell them you're really keen to learn. It could make a difference.

How to get to your dream job

You've been thinking about your dream career. You know exactly what you want to do. But there's one problem – how do you get there?

It would be nice if you could just wake up one day and magically have your dream job.

Unfortunately, you'll need to put in some work first.

So just how do you find your options?

First step: research

Let's say you're in Year 12. You've decided you really want to be a Data Scientist. Great! What next? How to you get from A to B?

First, you'll probably need to do a little research. Here are some handy resources you could use:

- Job Outlook
- Course Seeker
- Your Career
- Job Jumpstart
- <u>MySkills</u>
- SEEK Career Advice
- Industry Bodies (e.g. if you want to be a horse trainer, <u>this site</u> could be useful)

• Study Work Grow's Job Spotlights.

Here's some info you might like to find out:

- Do I need any qualifications for this job?
- Will I need any prior work experience?
- Where are most of the jobs located?
- What skills do you need for the job?

After you've done your research, you'll be ready for step two.

Second step: compare

Now that we have the info we need, we can start looking at our options.

You've discovered that to work as a Data Scientist, you'll probably need a university-level qualification. Now that we know this, we can start to think of pathways.

Maybe you'll go straight to university once you leave school. Or, if you don't get the results you need, do a VET course first and then use that to apply to uni. Don't want to go straight into study? Take a gap year first, and maybe get some data science-related work experience. Weigh up the pros and cons of each option you find. For example, if you go straight to university, you might graduate and find a job sooner. On the other hand, taking a gap year can help you reset, and you might find something else you want to do even more. You can have a look at the pathways available to you <u>here</u>.

Once you've done this, we can move on to the last step.

Third step: plan

You know where you want to go, and now you know how to get there. So let's write it all out and make it as clear as possible.

Continuing with the above example, your plan might look a little something like this:

- 1. Finish Year 12
- 2. Apply to university
- 3. Study a Bachelor of Computer Science
- 4. Study a Master of Computer Science
- 5. Find a job as a Data Scientist

Now you have clear steps you can take to get to your dream job.

But you might also want to consider thinking of a Plan B as well. Sometimes things happen that are out of our control, and you might not be able to follow the path you wanted. Say your ATAR isn't high enough for entry into your chosen degree. You might be able to take this path instead:

- 1. Finish Year 12
- 2. Study a Certificate IV in Science at TAFE
- 3. Use your VET qualification to get into uni
- 4. Study a Bachelor of Computer Science
- 5. Study a Master of Computer Science
- 6. Find a job as a Data Scientist

As you can see, you'll end up in the same place as the first pathway, it's just how you get there that's a little different.

When things don't go to plan

You might find that a few extra steps are added to your plans along the way.

Maybe you decide to take a break and travel between getting your undergraduate degree and starting your postgraduate degree.

Maybe while you're studying, you discover you love programming, and decide to become a Software Developer instead.

Maybe you can't find any jobs where you live, so you need to move to another city. Whatever happens, you always have options. It doesn't matter if things don't go exactly to plan (and they rarely ever do). And if your plan changes along the way, that's okay too.

Macquarie Gifted and Talented Entry Program

Are you a high achieving high school student with the capacity to take on extra-curricular study? You may qualify through our Gifted and Talented pathway to secure an early offer at Macquarie.

As part of this entry pathway, you'll study university subjects alongside your school subjects. You'll be eligible for an early offer (before your final Year 12 exams) to a Macquarie degree if you complete one of the following options:

Pathway option 1:

• Complete an accelerated HSC subject with Band 6 or E4 and complete **one** universityapproved unit with a distinction or higher.

Pathway option 2:

• Complete Year 10 with an average of 'High' to 'Outstanding' performance (B+) across all subjects, and complete **two** university-approved units with a distinction or higher in both units.

The Gifted and Talented Pathway is delivered on a session and term basis to fit in with your personal timetable and learning preference.

Applications are open until late January for Session 1 2022.

Find out more: <u>https://www.mq.edu.au/study/admissions/entry-</u>

requirements/domestic/macquarie-entry/gifted-and-talented-entry-program

Real success stories

Have you been considering the pathways to your dream career lately? If you have, it might help to read stories of people who have been there before you.

This is where the <u>Australian VET Alumni Program</u> comes in. You can search through the stories of hundreds of students who have successfully gained a qualification, and are now working in the job of their dreams.

You can see tons of info, including what they studied, where they work, why they wanted to study, and all of the different things they faced along the way.

For example, let's take a look at two people who studied the same course: a Certificate III in Commercial Cookery.

<u>Matt Morrisey</u> didn't start his apprenticeship until later in life. He already had experience in management, but in a different industry. He'd always loved cooking and finally decided to

make a change; 22 months after he finished his apprenticeship, he was appointed Head Chef of Bent Spoke Brewing Company in Canberra.

<u>Alyssa Jayne Heard's</u> career started when she was just 15. She was working as a waitress when the head chef discovered her passion for cooking and offered her an apprenticeship. She's since gone on to win multiple awards and is currently upskilling with a Certificate III in Patisserie.

See how two different people have created their pathway to their dream job? Maybe it will inspire you too.

You can find heaps more success stories here: <u>https://www.myskills.gov.au/the-australian-vet-alumni-program/</u>

National Youth Science Forum (NYSF) 2022

Applications are now open for students who want to be a part of the National Youth Science Forum in 2022.

The NYSF Year 12 Program offers an exciting range of in-person and digital science, technology, engineering, and mathematics (STEM) experiences for participants across Australia. If you're a year 11 student and passionate about STEM, apply now! The program will run for 12 days from 10 to 25 January 2022. It will be delivered as a mixedmode experience – a combination of in-person and digital events. For those who choose not to or who are unable to attend the in-person visits, there will be a range of digital STEM visits across the week. Our digital program has the ability to feature a vast array of speakers from Australia and around the world and will feature STEM experts from many of the inperson locations and beyond.

Applications are open until 30 November.

Find out more and apply here: <u>https://www.nysf.edu.au/programs/year-12-program/</u>

7 quick ways to wind down once school is over for 2021

Not everyone can walk away from the end of a school year and get your head straight into holiday mode. If you're one of those who needs to work a little harder at stepping back from your responsibilities, here's our suggestions for 7 quick ways to wind down once school is over for 2021.

Turn off your alarms and reminders

It's such a simple thing to do but it feels amazing. If it's not something you normally do, you should seriously give it a try.

Unless of course you have work, in which case don't turn off all your alarms.

Sweep away the evidence of the school year

Have a big clear out at home.

Empty out your school bag (finding a leftover packed lunch in January won't be a good start to your year) and put it away, deep in the recesses of your wardrobe.

Pack away all of your schoolbooks and notes – out of sight is after all out of mind – and take down your study plans.

You could even go one step further if you're done at school for good and give away your textbooks to siblings, friends, or charity shops. If they're in good shape, you could even sell a few and make a few dollars.

Organise a celebration (or two)

The end of a school year, the start of the summer, and Christmas coming up are three great reasons to celebrate at the best of times. This year, celebrations are more deserved than ever.

So why not go ahead and organise some epic celebrations. Have a chat with your friends and family, see if they have any suggestions or plans that might inspire you. Find out if they have any previous commitments you'll have to work around to avoid disappointment.

Plan a big <u>COVID compliant</u> party and invite all your friends along, if your parents are up for it.

Not into parties? That's OK, you could organise a pamper day for yourself and a close friend or family member. Luxuriate in a day spent around the pool or at the beach, with nothing to do but relax and have fun.

Organise a camping trip or a few nights away.

Go to your favourite restaurant.

Or spend a whole day in bed watching movies.

Enjoy the outdoors

No doubt you've spent the last term studying, which probably meant lots of time head down indoors. If you were unlucky enough to have another lock down too, then you've probably experienced some serious cabin fever.

Well, once school and exams are out of the way, it's the perfect time to get outside and soak up some vitamin D.

Whether you love playing sports, going for hikes, riding your bike, getting down to the skate park, swimming or just hanging out with friends – now's the time to indulge.

If you'd just like to read a book and nap, put up a hammock, or spread a comfy rug in the shade and enjoy, you can do that too.

Catch up

When life is busy, it feels like there is no time to do all the things you enjoy and see all the people you'd really love to.

A rewarding way to unwind could be to get stuck into all the projects or hobbies you haven't had time to do, or call family or friends who are miles away and take as long as you like on the call (check you're not getting charged for international rates first).

Or if you're lucky enough to live near to all your family and best friends, plan to spend some time with them or organise to do something fun together.

Repair your body and mind

Stress, exhaustion, burnout – they're all real and they can all take a toll on your physical and mental health.

Spend a little bit of time on self-care.

Try:

- Meditation or other relaxation techniques
- Have a massage
- Write down your worries or share them with a friend or family member
- Eat well and take the time to prepare delicious healthy meals
- Do some exercise (even if it isn't your favourite thing, it can work wonders)
- Catch up on any sleep you've missed out on

You don't have to deny yourself late nights, parties, or eating your favourite things, it's not about punishment. But finding some balance and prioritising your health could be a rewarding way to wind down.

Prioritise yourself

It's not selfish to do what you enjoy and look after yourself, so don't be afraid to say no. Think about things you'd like to do or achieve next year that maybe weren't an option in 2021. It could help you be positive and start next year in a really good place. If there are big events coming up in your life like starting uni, going into Year 12, subject

selections, milestone birthdays, etc., then why not do a little forward planning and think about way you can make your life easier and more fun.

How to become a Butcher

Prepare delicious cuts of meat

What do Butchers do?

A Butcher's main job is to cut and prepare meat and smallgoods for sale. They need to have excellent knowledge of an animal's anatomy to ensure there is minimal wastage and be able to operate cutting and processing machines.

If you have a passion for food, are prepared to work on your feet, and enjoy making customers happy, this could be a rewarding career for you.

About you:

- Physically resilient and fit
- Strong stomach
- Great communication skills
- Good with your hands
- Careful and precise
- Good knife skills and safety
- Impeccable hygiene
- Can work in teams and independently

The job:

- Cutting meat from bones and trimming fat
- Cutting and mincing meat to shape
- Preparing crumbed, marinated, smoked and seasoned meat
- Selecting meat to prepare smallgoods
- Making seasonings, sauces and pickles

- Operating machinery such as grinders and sausage fillers
- Advising customers on preparation and cooking techniques
- Maintaining excellent hygiene standards

Lifestyle Impact: Moderate

- Part Time opportunities: Low only around 18% of Butchers work part-time (source: joboutlook.gov.au).
- Average hours for full-time workers: 46 hours a week, which is slightly above average (source: joboutlook.gov.au).
- Butchers' salary (average) \$70,000* per year (source: seek.com.au). *Salaries vary depending on your skills and experience.
- Future career growth: Stable (source: joboutlook.gov.au).
- You will most likely have to work on weekends and start early in the morning. It is also a physically demanding job where you will be on your feet for long hours and performing manual work.

Butchers are most in demand in these locations:

This is a medium sized occupation, with around 16,300 people working as Butchers in Australia in 2020 (source: joboutlook.com.au). There is slightly above average demand in Queensland and South Australia. Most butchers work in the Retail Trade, Manufacturing, and Wholesale Trade industries.

Butchers can work in a variety of environments, including in retail stores, in wholesale, as part of a restaurant or hotel, or in a supermarket.

How to become a Butcher in Australia

You will need to complete an apprenticeship to become a qualified Butcher in Australia.

Step 1 – Complete at least Year 10 with a focus on English and Maths.

Step 2 – Consider completing a pre-apprenticeship while still at school.

Step 3 – Start your apprenticeship. You will most likely be undertaking a course such as <u>Certificate III in Meat Processing (Retail Butcher)</u>. An average butcher apprenticeship takes 4 years.

Step 4 – Find work as a qualified butcher.

Find out more here – https://amic.org.au/ https://www.mla.com.au/

Similar Careers to Butcher

<u>Chef</u> <u>Food Technologist</u> Food Process Worker Slaughterer Baker Brewer Farmer Bartender

Find out more about alternative careers.

Frequently Asked Questions (FAQs)

What do Butchers do?

Butchers cut and prepare different meats for sale to customers. They might also advise customers on cooking and preparation techniques.

Which industries employ Butchers?

Butchers are mostly employed in the Retail Trade, Manufacturing, and Wholesale Trade industries.

What options are there for career progression?

You can start out as an apprentice before becoming a full-time butcher. You might even like to consider starting up your own business.

Do I need to go to university to become a Butchers?

No. However, most butchers complete an apprenticeship before they are able to start working.

Where do Butchers work?

Butchers are needed all across Australia, with higher than average demand in Queensland and South Australia.

What are 3 things I can do right now to help me become a Butcher?

If you're in high school and you'd like to find out if a career as a Butcher is right for you, here's a few things you could do right now:

- 1. Find work experience in a butcher's store or other food-related setting to see if you enjoy the work.
- 2. See if you can talk to a Butcher to see what a day in their life is like.
- 3. Consider completing a pre-apprenticeship while still at school. This can help you build valuable skills and boost your employment prospects.

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