

KINDNESS IS FREE

Do you ever find yourself in a situation where you had to think, what is kindness? Kindness is a key, a key that unlocks peace and happiness into the world. If we are kind and we help those in need, then the violence and hate in the world will cease to exist. Many men and women in history have changed the course and order of the world by their kindness, and gained many admirers.

So what exactly does kindness mean? According to the dictionary, it means: The quality of being friendly, generous, and considerate. According to society, it means to be very softly-spoken, helping those in need and having a loving heart. A kind person is very respected and loved in society. Isn't that what most people want? To be loved and respected? Well, we can be. Us together, deciding to be kind to the people around us, to help the helpless around us, to promote love and equality around us, that would make our world a better place.

Imagine a world where whoever you talk to, they are soft and well-spoken. In a world like that, anxiety can't exist. No one will be scared to talk to anyone. Every man, woman or child, when they get out of the house, they would be comfortable, 'You' would be comfortable because you know and they know that they are surrounded by respectful and kind individuals. Just imagine how safe everyone would be, the crime rates would be low, the employees won't be scared to talk to their bosses, you won't be scared to ask someone for help. It's just the perfect world.

Kindness is also a key to a great reputation, many great names in history are still remembered because of how big of a change their kindness brought to the world, for example, when you search on google, "The best person in the world", you will see that prophet Mohammad (peace be upon him) is ranked number one. He is the man who started the religion of Islam but that's only a small part of his reputation, what made him the best man in the world even though he died in 632 AD is how kind he was. He took care of a woman who used to throw trash at him every time he walked past her house. One day she got sick and prophet Mohammad noticed that she didn't throw trash at him today, so he went and checked up on her. When he saw that she was sick, instead of criticising her, he brought her medicine and prayed for her well-being. This is only one of the stories of his kindness. Another great name that is still remembered in history is mother Teresa. She is the nun who became a saint. During her lifetime, Mother Teresa became famous as the catholic nun who dedicated her life to caring for the destitute and dying in the slums of Calcutta- now known as Kolkata.

This is how powerful kindness is. It keeps your name alive, even after you die. And what's so special is that this great power is free; **kindness is free!**