



FREE ONLINE ZOOM SESSION
TUESDAY 11 AUGUST
7pm-8pm

Kingston Youth Services are excited to welcome guest speaker Andrew Fuller to present at our upcoming online parent information night.

Andrew Fuller is a clinical psychologist who works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families. He is a Fellow of the Department of Psychiatry and the Department of Learning and Educational Development at the University of Melbourne.

Topics covered:

- How to support mental health and wellbeing in young people
 - How to help a young person who worries
- What to do when they are sad and when to be concerned if it is something more
- Helping year 11 and 12 students regroup during Covid 19

Registrations are essential

- This event is for the City of Kingston community – live, work or study.
- Targeted for parents/carers of children aged 12-25.
- Questions? Courtney McGill 1300 369 436 courtney.mcgill@kingston.vic.gov.au
- **Register online: <https://www.eventbrite.com.au/e/free-online-parent-information-night-andrew-fuller-tickets-113843896158>**