

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

Lyrebird Community Centre Kingfisher Hall, 203 Lyrebird Drive **Mondays 10 am – 12 pm**

CONTACT:

Sue Batcheler – Facilitator

Email: <u>suzanneb@mytimevic.com.au</u>

Mobile: 0413 655 659

Unwind and share experiences with others who understand



MyTime term plan

Mondays, Weekly

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
22nd July 2024	Welcome to our new venue Coffee & Chat	Make Bunting to decorate our new venue
29th July 2024	Make: Card Making	Encouraging Movement: Songs & Dance
5th August 2024	Guest Speaker: Chrissy, Association for Children with Disability	Developing Fine Motor Skills: Sticking & Colouring
12th August 2024	Make: Origami Boxes	Sensory Play: Playdoh Play
26th August 2024	Plant: Succulents in a Decorative Pot	Developing Observation Skills: Treasure Hunt
2nd September 2024	Fun Mindfulness	Father's Day Craft
9th September 2024	Make: Mosaics, Part 1	Encouraging Imagination: Paper Mosaic Art
16th September 2024	Make: Mosaics Part 2 (If you are not able to attend both mosaic sessions, you can attend just one)	Sensory Play: Sandpit Play







