

TRINITY SUNDAY

YEAR B

WE ARE CHILDREN OF **GOD AND HEIRS** WITH CHRIST





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First Sunday after Pentecost



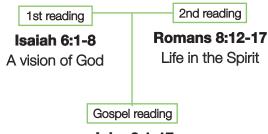
Share your highs and lows, or respond to the following:

- 1. What details do you know about your birth?
- 2. Name some people who were very excited when you were born.



BIBLE READINGS

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.



John 3:1-17 Born of the Spirit

DISCUSS

Jesus said that to come into God's kingdom people must be 'born again' (John 3:3). What did he mean? When and how did you become a Christian?



ACTION RESPONSE

In Isaiah 6:8 we read of the prophet Isaiah's response to God's question "Whom shall I send?" Today God specifically calls and sends many different people out into the world to tell others about him - missionaries, pastors, teachers and mentors. Pray this week for people who serve God in these ways. Write a note of encouragement to one such person whom you know.



PRAYER

Spirit of God, please blow into our lives and make us new. Amen.



MEALTIME PRAYER

Praise God, from whom all blessings flow; praise God, all creatures here below; praise God above, you heavenly hosts; praise Father, Son, and Holy Ghost. Amen.



BLESSING

May God lead you by his Spirit and help you to live as his child.

TRULY I TELL YOU, UNLESS SOMEONE IS BORN OF WATER AND SPIRIT, THEY CANNOT ENTER THE KINGDOM OF GOD.

JOHN 3:5

