



# Understanding Youth Gaming to Gambling

## A Workshop for Parents and Carers

In today's digital landscape, the lines between gaming and gambling are increasingly blurred, posing new challenges for young people. Features like "loot boxes" mechanics in video games introduce elements of chance that closely resemble gambling. These features can lead to significant health, financial, and social consequences.

This free workshop aims to equip parents and carers with the knowledge and tools to understand and address these emerging issues. By fostering open conversations and awareness, we can work together to minimize potential harms associated with underage gambling.

### Key topics covered

- **Understanding the Intersection of Gaming and Gambling:** Insights into how gambling mechanisms are integrated into video games and their impact on young people
- **Recognising Signs of Gambling Harm:** Identifying behavioural indicators that may suggest a young person is experiencing gambling-related issues
- **Strategies for Prevention:** Practical tips on how to discuss gambling with young people and promote healthy attitudes towards gaming and betting
- **Support Resources:** Information on where to seek professional advice and support for gambling-related concerns

Date: **Wednesday 17 June**

Time: **6.00pm**

Location: **Online (Microsoft Teams)**

Cost: **Free**

### Why attend?

As a parent or carer, your influence is crucial in shaping young people's attitudes towards gaming and gambling. By understanding the risks and learning effective communication strategies, you can help prevent gambling harm and support healthier choices.

### How to register

Please scan the QR code to secure your spot.

For additional information or assistance, contact us on (03) 5226 5900.



### About Meli's Gambler's Help Team

Meli's Gambler's Help Team is dedicated to providing support and education to individuals and communities affected by gambling. Our mission is to promote responsible gambling practices and reduce the impact of gambling-related harm through community engagement and tailored programs.