



RAISING EMOTIONALLY INTELLIGENT CHILDREN

How can we raise emotionally intelligent children whilst not passing on our own baggage and wounds?

So much of how we parent has got to do with how we were raised and the messages we interpret to be true. Raising our children in this modern age with compassion and empathy can be hard, especially in this fast-paced stressed world in which we live.

Join Lael Stone as she gives parents and educators tips and insights into how we can raise emotionally aware children with boundaries, humour, and love.

Key points of Lael's talk:

- What is Emotional Intelligence?
- Navigating big feelings.
- Limits and boundaries.
- Creating cooperation.
- Parents, imprints, and why we get triggered.



TUESDAY 30 JULY

7.00pm–8.30pm

VENUE

OneHope Centre

4–32 Province Boulevard,
Highton

BOOKINGS

Scan the QR code

This is a free event but bookings are essential.

