

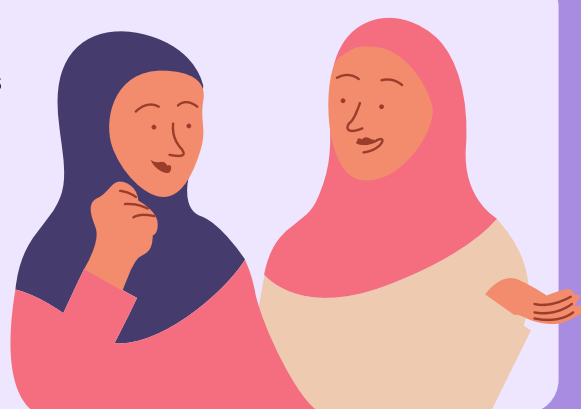
# YOUTH SERVICES

## STUDENT UPDATE

**The Greater Dandenong Youth Services team have loads of exciting opportunities for you to get involved in this month!**

We've got some exciting new programs and opportunities for young people to get creative and develop content for our socials.

Check out this newsletter to find out more.



## COMMUNITY CONSULTATION

**We want to know how COVID-19 has impacted you!**

We're looking for young people aged 12-25 to share their experiences with us, to help us understand how Council can best support young people recovering from COVID-19.

You can choose to complete an online survey, interview or online group discussion. Participants will have the chance to enter the draw to win a \$50 gift voucher.

[Find out more](#)

## CHANGE TODAY, SHAPE TOMORROW

**The City of Greater Dandenong is creating a new Council Plan. We want your input to help Council decide what our community needs!**

Your voice is important to us, and your ideas can help us to build a safe and vibrant community for everyone. Complete our community survey and go in the draw to win 1 of 10 \$50 Dandenong Market vouchers.

[Find out more and complete the survey.](#)



## CULTURE KITCHEN

Help us to celebrate the diversity of Greater Dandenong by sharing your favourite family recipes with us. Your dish could be featured in an online recipe book!

[Submit your recipe via our online form](#)

Entries close Sunday 29 November

For more information, please contact us on 9793 2155 or email [youthservices@cgd.vic.gov.au](mailto:youthservices@cgd.vic.gov.au)



## FREEZA COMMITTEE

Join us online for FreeZA on Thursday afternoons!

FreeZA is all about planning exciting youth-led events, developing communication and event planning skills, meeting other awesome young people and having loads of fun - sounds good right?

**Ages:** 12-25 years

[Find out more](#)



# CREATE CONTENT FOR OUR SOCIALS

We are seeking content created by young people (aged 12-25 years) to profile on Council's social media platforms. Current opportunities include:

- Young people sharing their skills through a video tutorial
- Young performers showcasing talents (original content only)
- Young essential workers, sharing their stories about working during COVID-19

**Young people will receive a \$50 gift card for their contribution**, if their content is published on Youth Services' social media.

**To get involved, please message our socials or email [youthservices@cgd.vic.gov.au](mailto:youthservices@cgd.vic.gov.au)**



## UNITE ALLIANCE

Unite Alliance is a program for LGBTIQ+ young people and their allies. Join Unite to meet likeminded young people, develop awareness campaigns, learn about healthy relationships and mental wellbeing, and take part in fun activities.

If this sounds like something you're interested in, we'd love to hear from you.

**Ages:** 14-25 years

**[Find out more](#)**

## BEST ISO FRIENDS

**Have you got a pet who has made isolation a little bit easier?**

We want to share stories about your best iso friends and how they've helped you during COVID-19!

Cats, dogs, fish, birds, lizards or hamsters – no matter who your best iso friend is, we want to get to know them and how they've made you smile during COVID-19 restrictions.

**To get involved, simply message us on social media or email [youthservices@cgd.vic.gov.au](mailto:youthservices@cgd.vic.gov.au).** Please include a photo of your furry, feathery, slimy or scaly iso friend, and we'll get in touch with you.



## COMING SOON: HOLIDAY ACTIVITIES

Summer is upon us, and that means our 'Summer Escape' holiday activities aren't far away either! We will have a full schedule of exciting free activities and workshops that are guaranteed to bust your school holiday boredom!

The holiday calendar will be released soon and open for bookings. Stay tuned on our socials and website to be among the first to know! Registrations are essential.

**Ages:** 12-25 years

**[Find out more](#)**



## PERSONAL SUPPORT

COVID-19 restrictions are easing, and we're starting to return to our usual routines. It's not uncommon to feel sad, worried or anxious about all these changes.

Our youth workers can help you by providing information and strategies to improve your mental health and wellbeing, talk about your worries and concerns, and connect you with other local services. Sessions of up to 30 minutes are available.

**[Find out more](#)**

**Greater Dandenong Youth and Family Services**

**39 Clow Street, Dandenong**

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[facebook.com/cgdyouthservices](https://www.facebook.com/cgdyouthservices)

[youth.greaterdandenong.com](https://www.youth.greaterdandenong.com)

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