

REAL TALK PARENTS & CAREGIVERS SESSIONS - 2025

MONDAY 10TH NOVEMBER – MOREE (St. Philomena's School)

TUESDAY 11TH NOVEMBER – ARMIDALE (Catholic Schools Office)

WEDNESDAY 12TH NOVEMBER - TAMWORTH (McCarthy College)



Primary School Focused : 6:00pm – 7:00pm
Secondary School Focused : 7:30pm – 8:30pm

**All attendees will receive free access to realtalkparents.com Parent Membership Site!*

About Real Talk

Real Talk provides seminars, reflection days and up-to-date resources to young people on topics relating to self worth, eSafety, relationships, love, sex, marriage and puberty. They speak to over 30,000 students each year including the schools in the Armidale Diocese. **Real Talk** is a trusted eSafety provider with the eSafety Commissioner.

TOPICS BEING COVERED:

Primary Focused:

- Current culture and what's impacting our kids
- Trends and statistics around young people and tech use
- Developmental changes & our kids.
- How to have these important chats

Secondary Focused:

- Consent, Sexting and Pornography
- Teen Culture and practices
- Parenting and Technology Tips.
- Raising young people with a focus on human dignity and the "real" person



What others have said: Amazing, very educational ... practical guidelines to help us guide our kids ... I now understand more about technology and current culture ... there is hope! ... relevant ... I feel blessed and empowered that I came along ... highly recommend to parents to keep informed ... something that cannot be missed!