



SACRED HEART SCHOOL BOGGABRI FRIDAY GREAT CHOICE CANTEEN 2021 MENU

HOT FOOD

Flamed Grilled Chicken Breast Burger (90g) INGHAM on Brioche Roll *pattie + cheese - \$3.50

Flamed Grilled Chicken Breast Burger (90g) INGHAM on ½ Turkish Bread *1xpattie, lettuce, tomato + cheese - \$5.00

On Full Turkish Bread *2xpatties, lettuce, tomato + cheese - \$10.00

Flamed Grilled Chicken Breast (90g) INGHAM *pattie + Salad Bowl - \$5.00

ALLIED CHEFS Spaghetti Bolognese (200g) - \$4.00

Beef Mince Pie (160g) VILLAGE Lifestyle Lite - \$4.00

INGHAM Chicken Goujons (Limit 8) - .60

INGHAM Chicken Tenders (Limit 4) - \$1.50

Hot Dog - \$2.50

Choices of sauces - mayo, sweet chilli, tomato and BBQ

SALADS

Salad Bowl - Ham *tomato, lettuce, cheese - \$4.00

Salad Sandwich - Ham *tomato, lettuce, cheese - \$4.00

Sandwiches (wholemeal bread) - Toasted or plain (please specify)

Ham, Cheese & Tomato - \$3.50

Ham & Cheese - \$3.10

Ham & Tomato - \$3.00

Ham - \$2.50

Cheese - \$2.00

DRINKS

FARMDALE Moo Box Flavoured Milk (200mL) Chocolate or Strawberry Milk - \$1.60

WESTCLIFT Fruit Juice 99% 5 Star Apple (250mL) - \$1.60

Lg water (bottled) - \$2.00

Sm water (bottled) - \$1.00

DESSERTS

Icy Tubes (70mL) .50

BULLA 98% Fat Free Light Vanilla Ice Cream Tub (100g) - \$1.50

TWISTED Frozen Yoghurt Cup 97% Fat Free/Gluten Free (90g) - \$2.00 (Various Flavours)

CONFECTIONARY .50

GREEN - OFTEN

AMBER - OCCASIONALLY

RED - TWICE A TERM