



Marist Career Information Bulletin

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A quiz to help identify your career interests in vocational areas

Your interests are important in career exploration and decision making, as they can help you identify your potential career pathways. Career interests are activities you enjoy doing or are interested in. [Australian Apprenticeships Pathways](#) have a [Career Interest Explorer](#) quiz that can help you identify your career interests in vocational fields. The quiz allows you to answer work related questions and requires you to indicate your interest in activities relating to the following:

- Persuading and Service
- Nature and Recreation
- Helping and Advising
- Creative and Artistic
- Analytic and Scientific
- Practical and Manual
- Organising and Clerical

Your results will be a list of the work types in order of your interests. The work types you are most interested in will be at the top. You can search these jobs and industries and come up with a list of possible jobs you can explore further by reading about them, talking to people already in the jobs and doing work experience.

National Skills Needs List (NSNL) for Trades

The National Skills Needs List identifies traditional trades that are identified as experiencing a national skills shortage. The list is based on detailed labour market research and analysis undertaken by the Department of Employment, Skills, Small and Family Business. Under the Australian Apprenticeships Incentives Program, an Australian Apprentice undertaking a Certificate III or IV qualification that leads to an occupation listed on the National Skills Needs List may be eligible to attract the following employer incentives and personal benefits:

- Support for Adult Australian Apprentices payments
- Trade Support Loans
- Rural and Regional Skills Shortage incentive

[Find a current list of the trades included on the NSNL here.](#) Visit the [Australian Apprenticeships website](#) for more information about the National Skills Needs List for Australian Apprenticeships.

The new WorkSafe Queensland website

The Department of Workplace Health and Safety Electrical Safety Office Workers' Compensation Regulators website has been replaced by the Queensland Government's WorkSafe website. On this website you will find valuable information regarding workplace health and safety information including safety and prevention, claims and insurance, rehabilitation and return to work, licensing and registrations, laws and compliance, industry and resource information. As a responsible member of any workplace, it is your

responsibility to know the Workplace Health and Safety requirements to ensure you and your co-workers remain safe at all times when carrying out your work duties. "But I didn't know" is no excuse.

White Card for work experience on a construction site

Construction sites are dangerous places. All workers on a construction site must have knowledge of the hazards they may encounter and how to manage them. The Workplace Health and Safety Act requires all employees and work experience students on a building site to hold a White Card or [General Construction Induction card](#). You must successfully complete a Building and Construction General Safety Induction course to gain this card. Most courses are delivered online. Some training organisations have a discount price for school students. The following are some of the organisations that offer the course.

- [Blue Dog Training](#) (online course)
- [Tafe Queensland](#) (various locations and study options)

You can do an Internet search to find other registered training organisations that General Construction Induction training, (Unit of competency - CPCWHS1001 Prepare to work safely in the construction industry). For more information regarding the [General Construction Induction](#) and [Applying for a General Construction Induction card](#), visit the Queensland Work Safe website. Queensland White Cards are accepted throughout Australia.

Why do an apprenticeship or traineeship?

Apprenticeships and traineeships provide an important employment pathway for young people. They are a great stepping stone into a career. Youth Central has outlined some of the benefits of becoming an apprentice or trainee. [Click here](#) to find out more about the advantages such as:

- You get paid to study
- It's flexible
- You'll get great training
- You've got the same rights as all workers
- You can enter competitions and win awards
- Links to other relevant sites

AUSTRALIAN DEFENCE FORCE

Australian Defence Force Academy (ADFA) Education Award

The [Australian Defence Force Academy Education Award](#) is presented annually to Year 12 students in recognition of leadership potential and academic and sporting achievements exhibited during Year 11. The award comprises of a laptop computer and certificate for you, along with a plaque of recognition for your school. It is presented to you on behalf of the Navy, Army or Air Force if you're one of the 120 most suitable applicants who have applied for entry to the Australian Defence Force Academy (ADFA).

To be eligible to apply for the award, you must;

- be studying Year 11 subjects that meet both the educational qualifications for admission to the University of New South Wales (UNSW) and single service requirements.
- submit an application prior to 31 December in the year you complete Year 11.

If you are successful, you will only receive the award if you are enrolled in Year 12 at the time of the award presentation and you meet the age requirements for ADFA entry. Check out the [ADFA website](#) for further information or contact your local recruitment office on 13 19 01.

Australian Defence Force Information Sessions

Stay informed about important upcoming [Queensland and National ADF events and information sessions](#) by visiting the Defence Jobs website. View the specific events information link for more details including location, times and to book your tickets. Further information about these events and Army Reserve Information Sessions can be accessed on the ADF [Facebook](#) site.

16/02/2021	Gold Coast: Army Reserve Information Session
	Brisbane: Defence Careers Information Session
	Bowen: ADF Careers Night for Parents & Teachers
17/02/2021	Caloundra: Trade Careers Information Session
	Proserpine: ADF Careers Night for Parents & Teachers
18/02/2021	Gold Coast: Gap Year Information Session
	Brisbane: Trade Careers Information Session
	Mackay: ADF Careers Night for Parents & Teachers
22/02/2021	Townsville: ADFA Information Session
	Brisbane: Women in Defence Information Session

- 23/02/2021 [Cairns: ADFA Information Session](#)
[Toowoomba: Defence Careers Information Session](#)
[Gold Coast: Australian Defence Force Academy Information Session](#)
- 24/02/2021 [Brisbane: Navy Leadership Evening](#)
[Roma: Defence Careers Information Session](#)
[Mt Isa: Defence Careers Information Session](#)
- 25/02/2021 [Brisbane: Gap Year Information Session](#)
[Maroochydore: ADFA Future Leaders Networking Evening](#)
[Charleville: Defence Careers Information Session](#)
- 26/02/2021 [Dalby: Defence Careers Information Session](#)



Are you ready to find Your Career?

On the new Australian Government website [Your Career](#) you can take a quick quiz to find study, training or job options that support your current career needs or goals. On the site you can find information about:

- Get career ideas - Explore jobs that match your skills, interests and goals and be inspired by real career stories
- Learn and Train - Discover learning and training options to gain new skills, upskill or re-skill for a job
- Get job ready - Learn how to build a great résumé and get the job you want!
- Work support - Access information and services to support your career

Career Bullseye posters by school subject

Not sure what career direction you want to go in or starting your career research from scratch then you could start with the school subject [Career Bullseye posters](#). Each poster focuses on jobs that relate to specific school subjects. How does it work. Decide on the subjects you like learning about most. Click on that poster to see four levels of jobs that have links to that school subject. The different levels indicate the education and/or training needed to be competitive for a particular job. The lists of jobs aren't exhaustive, but the posters will give you some good ideas as to what direction your career research could go.

Career Quest– a quiz for career explorers

[Career Checker](#) is a New Zealand career site that has valuable information worth checking out. You can do the CareerQuest quiz and find out what jobs might match with your interests and values. [When you get to their site](#), click on *At School* option and explore the advice and resources that will help you with your career journey including:

- My Direction
- My development
- My job hunt

Although this is a NZ site, it will still provide you with valuable information and insights that will assist you to sort through your options.

Myfuture website

[myfuture](#) is free and you sign-up when you first visit the site. you will enter a username and password for access for future visits. The site contains information on courses, occupations, industries and institutions. On the site you can find:

- [My career profile](#) - Complete activities to identify interests, values and skills and view suggested occupations to explore career pathways.

- [Career bullseyes](#) - Find out what career pathways are related to school learning areas.
- [Occupations](#) - Explore over 350 occupations describing tasks, skill levels and current labour market information.
- [Industries](#) - Access important information (including employment prospects) for each industry.
- [Career articles](#) - Discover practical information to support your career exploration.
- [Courses](#) - Discover a course for you by viewing current higher education and vocational education and training (VET) courses.
- [Institutions](#) - Learn more about educational institutions and what opportunities and further study options are available.
- [Career stories](#) - Learn tips and tricks by reading real-life career stories about personal experiences.
- [Organisations](#) - Discover career resources, opportunities and possible career pathways.

Open Colleges career quiz - Personality test

The [Open Colleges Career Quiz](#) is designed to give you an understanding of your personality and the career areas that you would be best suited to. The quiz gives you suggestions for what career areas you might like. The second step should involve having a look through information about that career at the Open Colleges [Careers Advice](#) site including salary expectations, employment outlooks, typical hours, etc. Always remember that career quizzes are only a guide and won't give you a concrete answer as to what you should do but will give you some new career options to research.

QUT Match My Skills

The QUT Match My Skills is a career assessment tool. It is an interactive program to assist in course and career research and provides tailored guidance about study options at QUT. It also gives valuable insight into how technology could impact on your future through emerging career trends which could help future proof careers. [Click here](#) to give Match My Skills a test drive.

Competitions

Bond Mooting competition for 2021

Bond have been working behind the scenes to actively work out how best to proceed with the upcoming National High School Mooting Competition. Due to a number of unknown restraints, they have decided that they cannot host the [National High School Mooting Competition in 2021](#). They thank you for your understanding. If you have any questions you can email highschoolmooting@bond.edu.au

Premier's Coding Challenge

The Premier's Coding Challenge is an annual state wide initiative for all Queensland students in Year 3 to Year 10. The Premier's Coding Challenge aims to encourage an interest in Science, Technology, Engineering and Mathematics (STEM) in Queensland students. The challenge in 2021 is to code an interactive and innovative digital solution to raise awareness of digital wellbeing. This can include themes such as:

- work and study life balance
- postural considerations of using technology
- personal security and safety online
- adhering to social media ethics and protocols

[Find more information here](#) and the closing date for entries is 17 September 2021

USQ Secondary Schools Moot Competition

Hosted by the School of Law and Justice and established for schools in the Darling Downs, Lockyer, Ipswich and Springfield regions, this free competition broadens the knowledge and experience of law for Year 11 and 12 students. Through close analysis and argument of a legal problem, competitors will gain valuable and fun practical experience in a law court environment and a better understanding of how the law functions. [Click here](#) to find out more about the 2021 competition, key dates and [to register](#).

Upcoming Competitions

Competitions are a great way of putting your learning into action and do some creative thinking. Below are a range of upcoming competitions across Queensland and Australia. Visit the competition website for more information regarding eligibility requirements, registration dates/information, costs and any other relevant information.

- [Australian Brain Bee Challenge 2021 information and registration page](#) - Round 1 commences at the beginning of March
- [Computational and Algorithmic Thinking \(CAT\) competition](#) Applications close online 19 March 2021
- [CYA Conference Hatchlings Writing Competition](#) Applications close 4 April 2021
- [Sunshine Coast Art Prize](#) Applications open on 22 February and close 10 May 2021

- [Future Leaders Awards: Writing Prize, Future Justice Award, Helen Handbury Leadership award, Photography prize](#). All applications close on 31 May 2021.
- [The Opti-Minds Challenge](#). Applications close 11 June 2021
- [Australian Mathematics Competition](#). Entries close online 30 July 2021
- [Australian Informatics Olympiad \(AIO\)](#). Entries close 19 August 2021
- [Australian Intermediate Mathematics Olympiad](#). Entries close 2 September 2021
- [ABC Heywire](#). Keep an eye out for 2022 dates

Disabilities

Resources for students with disabilities

The [Australian Human Rights Commission](#) website may be of assistance to students with disabilities. It provides information on the rights of people with a disability. Information you can find includes:

- [Australian Network on Disability website](#) provides information for employers, however it does contain resources like case studies, information for job seekers with disability
- [Australian Apprenticeship Pathways – Government Initiatives](#) has information about support available for students with a disability applying for and undertaking an apprenticeship or traineeship
- [Australian Apprenticeships](#) provides information on what support is available for Australian Apprentices with a disability, including accessing other support networks
- [Graduate Careers Australia's, education to employment toolkit](#) is for graduates with disabilities
- [Job Access](#) provides free information and advice about the employment of people with a disability
- [Centacare](#) supports students with a disability to plan and prepare for life after school
- [Steps Employment Services](#) support the recruitment of people with injury, illness and disability
- [Queensland Government Department of Employment Business and Training](#) (scroll down) provides advice and support for apprentices, trainees and employers

Support for students with disabilities at Queensland Universities

If you are in Year 12 and you have a disability, it's important to know about the support you can access at university. Explore what's available on the university websites below:

- [Australian Catholic University](#)
- [Bond University](#)
- [CQUniversity](#)
- [Griffith University](#)
- [Queensland University of Technology](#)
- [University of Queensland](#)
- [University of Southern Queensland](#)
- [University of the Sunshine Coast](#)
- [James Cook University](#)

Later in the year you should contact these services, introduce yourself and let them know you hope to study with them next year. Find out how they can support you. University is not like school. The support services don't come to you, you need to approach them first.

Employment

8 things to cut from your cover letter right now

A great cover letter is all about standing out – but some words will only make you blend in. Find out the 8 things to cut from your cover letter, and what to write instead to really impress. [Click here](#) to find out more as well as words SEEK suggest that you don't include in your cover letter!

Australia's top 20 most-needed workers

SEEK suggests that as Australia continues to grapple with COVID-19, employers across key industries are experiencing a new level of demand for workers and the competition can be tough. So, which industries and roles are in demand now? [Click here](#) to see SEEK's snapshot of the top 20 most-needed workers.

Careers in creative industry

If you fancy working in a sparky environment where fresh ideas are encouraged and rewarded, chances are you're attracted to creative industries such as TV, publishing, advertising and music. However, you might also feel at home with other types of employer. Creativity can take many forms and is highly prized in many different industries and professions, as it leads to innovation and new ways of solving problems. So, if you see yourself as a creative type, it's well worth keeping an open mind about how you could use your talents at work. [Target Careers](#), a UK based company, has put together some great information about careers in many areas of the creative industry such as:

- [Acting and Film](#)
- Advertising and [marketing](#), particularly areas such as [copywriting and content writing](#)
- [Architecture](#)
- [Art and design](#), including product, graphic and fashion design, artist, and art gallery curator
- Crafts, for example [ceramic pottery maker](#), [furniture maker](#) or [tailor](#)
- TV and radio, including [broadcast production](#)
- [Photography](#) and [video](#)
- [Editorial careers in publishing](#)
- [Journalism](#), depending which area you work in
- Museums and libraries, for example [curator](#) or [library assistant](#)
- [Careers involving writing](#)
- [Careers in theatre](#)
- Music, such as working as a [musician](#), [classical singer](#) or [actor-musician](#)

Future outlook for employment

[JobOutlook suggests](#) that Australian jobs are changing as new technologies are introduced, businesses find new ways of working and as we respond to challenges like COVID-19. This will lead to new jobs being

created and new skills may be needed for existing jobs. How can you find your way in a changing world of work? When you're thinking about work and study options, it can be helpful to understand:

- the jobs available now and in the future
- the skills needed for jobs that interest you
- your interests and how you like to work.

You can find out more information about finding work you enjoy, finding jobs that use your skills and jobs now and in the future [here](#).

Government support for transiting young people

Did you know the [Australian Government, Department of Employment has a Transition to Work](#) website has a section to support young people aged 15-21 on their journey to employment? The service provides intensive, pre-employment support to improve the work readiness of young people and help them into work (including apprenticeships and traineeships) or education. Visit the [Transition to Work](#) website for more information, including:

- What services can young people access?
- Who is eligible?
- [List of successful Transition to Work service providers](#)
- [Transition to Work fact sheet](#)

Have you heard of Quarantine Officers, Product Examiners or Quantity Surveyors

[Quarantine Officers](#) inspect incoming animals, plants and animal and plant products to ensure compliance with laws and regulations to prevent the spread of exotic pests and diseases. They are employed by Federal or State government departments. Having a relevant formal qualifications may be useful, however, traineeships or other on the job training may be provided.

[Product Examiners](#) examine products to ensure conformity to specifications and standards of presentation and quality. Also known as Quality Assurance Assessor or Quality Control Assessor, they can specialise as Film Examiner, Metal Products Viewer, Textile Examiner, Tyre Finisher and Examiner, Vehicle Assembly Inspector. You can work without formal qualifications, however, a course in a related field, such as manufacturing, engineering trades may be useful. VET and university are both common study pathways.

[Quantity Surveyors](#) estimate and monitor construction costs from the project feasibility stage to the construction period and beyond and are also known as Construction Economist. You usually need a bachelor degree in building surveying, construction management or another related field to work as a Quantity Surveyor. In some states, training may also be available through Vocational Education and Training (VET).

Networking Newbies: LinkedIn for High School Students

Have you ever heard that it's not what you know, it's who you know? The Canadian Chad Dorman, writes that high school students are professional networking newbies who are just getting started. He goes on to explain that it does not mean that our high school years aren't the perfect time to look into professional networking platforms such as LinkedIn... [Click on](#) the article and find out about:

- Linked in for high school students
- Why LinkedIn is important to networking newbies
- LinkedIn - a great place to learn

- Start making valuable connections

Although this article has been written for a Canadian audience, it gives you an initial insight into one business networking platform. Like all online platforms, LinkedIn has its purpose and it is important to use it wisely.

Tax File Number - you will need one!

A Tax File Number (TFN) is a unique number issued by the Australian Tax Office (ATO). It is required for:

- Starting work (including part-time and casual jobs)
- Lodging a tax return
- Applying for Commonwealth Government financial assistance such as pensions and other benefits
- Applying for the Higher Education Loan Program (e.g. HECS-HELP, FEE-HELP) and VET Student Loans when you start your university, TAFE or college study.

The easiest way to get a TFN is to:

- Complete an [online application form](#) from the ATO website
- Print a summary of your application which includes your application reference number
- [Make an appointment](#) for an interview at a participating Australia Post Office
- Take the summary of your application and [proof of identity](#) to the interview within 30 days of completing your online form

Visit the [ATO website](#) for details about this process. Year 12 students intending to apply for tertiary study in 2022 should apply for their TFN this year to avoid any delays early next year.

What is casual employment?

There are several different types of employment arrangements under Australia's workplace laws. One of the most common types that students work under is casual employment. Casual jobs are defined as jobs that usually:

- are short-term or temporary
- involve irregular hours
- aren't guaranteed to be ongoing
- provide extra hourly rate as they don't provide paid holiday leave or sick leave.

Read the article [What are your rights as a casual employee](#) from the Myfuture website for more information on:

- Casual loading
- Minimum conditions for casual workers
- Flexibility vs. security in casual work
- Superannuation for casuals
- Super for under 18s

Financial Assistance & Scholarships



HECS-HELP: What you should know now for later

If you are studying at a public funded university or an approved private university or college, you will be offered either a [Commonwealth Supported Place \(CSP\)](#) or a fee-paying place. A CSP is a Commonwealth Government subsidised place. Students with a CSP (called Commonwealth supported students) only pay a 'student contribution' instead of the full cost of their course.

The [Commonwealth Government](#) has several financial assistance programs to help you meet the cost of your tertiary education. The [HECS-HELP](#) scheme is one of these programs. They are loan schemes for eligible Commonwealth supported students. Through this scheme, students can defer payment of their student contribution until they are earning a specified amount (called the compulsory repayment threshold). They then repay their loan through the taxation system.

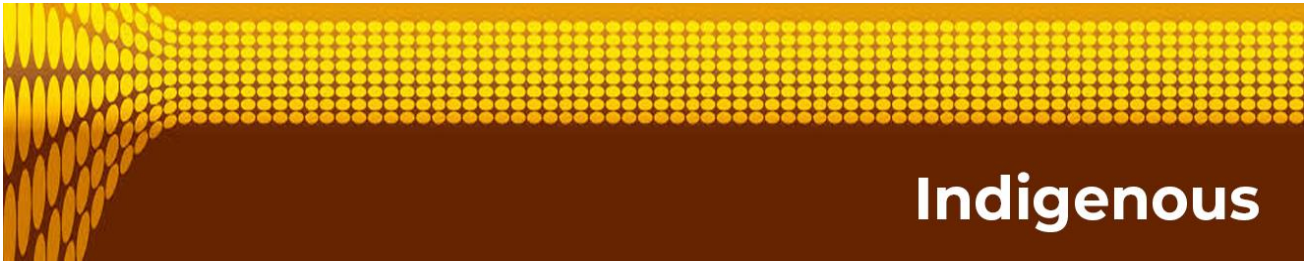
For more information about HECS-HELP, visit the [Australian Taxation Office website](#) or [Study Assist website](#).

VET Student Loans

The [VET Student Loans program](#) offers income contingent loan support to eligible students studying certain diploma level and above vocational education and training qualifications. There are strict requirements for the VET Student Loan program including:

- Students must meet specific criteria to be eligible for a VET Student Loan
- Students can only access VET Student Loans for approved courses provided by approved providers
- Eligible students will be entitled to loans up to a capped amount (the cap amounts range between \$5,358, \$10,717 and \$16,077)
- If the course tuition costs more than the loan cap, the student is required to pay the difference.

Visit the Australian Government, Department of Education and Training to download the [VET Student Loans information booklet](#). There is a list of approved courses and their capped amounts in the [VET Student Loans 2021 course list and loan caps](#). Students are required to repay the loan through the taxation system when their income reaches the repayment threshold. See the [Study Assist website](#) for threshold information. Eligible courses and approved providers, are also available on the [MySkills website](#). You can access student fact sheets on the VET Student Loans from the [Australian Department of Education and Training website](#). They update information on their websites regularly so keep checking.



Interested in a career in Indigenous Health?

There are many types of [job opportunities](#) available for Aboriginal and Torres Strait Islander people in the health sector, from dental assistants to dieticians, from physiotherapists to paramedics, from nurses to neurosurgeons. Some health jobs involve working in hospitals and clinics, while others involve working in private practices or out in the community. Some jobs suit people who like working behind the scenes, while others suit people who love face to face contact with the public.

For more information check out the [Health Heroes website](#). Here you will find information that encourages Aboriginal and Torres Strait Islander secondary students to pursue a career in Health Care. The Health Heroes website has a range of information and resources for students, teachers and parents regarding (some of the links are no longer active but the information provided on this website is informative):

- [Jobs](#)
- [Training](#)
- [Financial Support](#)
- [Change careers](#)
- [Resources](#)
- [I Heart My People](#)

Job Info

12 career options in the charity sector

When some people think of charities, they more often think of second hand clothing stores, donating to the Red Cross, or volunteering with disadvantaged children. But the charity sector encompasses so much more. Working for a charity provides you with the opportunity to bring together your passion, unique strengths, education and at the very heart of it, your capacity to work towards an improved world. With this in mind, it's no wonder so many people are interested in charity work employment. [Brienne Turk outlines the career opportunities](#) that can be found in the charity industry including:

- Charity work
- The basics
- Administration
- Community work
- Corporate social responsibility
- Environmental work
- Finance
- Fundraising/Grants manager/Philanthropy manager
- Human resources
- International development
- IT and Technology
- Lobbying and political pressure
- Marketing, communications and campaigns
- Volunteer coordination

5 reasons to consider a career in the Australian health sector

The Australian Government's Institute of Health and Welfare defines the nation's healthcare system as including 'all the activities whose primary purpose is to promote, restore, and/or maintain health'. This encompasses 'a multifaceted web of public providers, settings, participants and supporting mechanisms', from primary care professionals (ie general practitioners, pharmacists) to expert secondary care professionals (ie surgeons, specialists). It's the country's largest employing industry and growing. Read five reasons why you should investigate a health career [here](#) including:

- The healthcare sector is about to almost double in size
- The health sector offers attractive salaries and benefits packages
- You'll enjoy real career flexibility
- You'll have constant opportunities to learn
- You can make a real difference to your community

Graduate Career Advice

The [Graduate Opportunities website](#) has the profiles of key industries in Australia. Each profile includes the key jobs in the industry, Essentials, Specialisations, Getting hired, On the Job and related articles. You will also find information on an industry overview, pros and cons of a career in that industry and what salary and benefits you can expect as a graduate. A scan of this information will help you learn more about industries you are likely to work in one day. It will also make you aware of industries and jobs you didn't know about. [Click here](#) to find more industry information.



The International Freight and Logistics industry

Almost everything we buy comes from overseas or is made with products and equipment shipped from somewhere else. In the same way, Australian goods are transported all over the world. There's an army of people working behind-the-scenes in the International Trade, Transport and Logistics industry to make this happen. Most of us aren't even aware they are there. Find out more about [this industry here](#) including personal stories from [Jake](#) and [Chloe](#) about their careers in the International Freight and Logistics Industry.

Open Days, Expos & Career Markets



Brisbane Careers and Employment expo

The Brisbane Careers & Employment Expo is a leading careers, training and education event in Queensland. The event offers the opportunity for students, job seekers and career changers of all ages to connect with organisations for guidance, clarity and opportunities in relation to career options. The Expo will be held on 21 and 22 May 2021 at the Brisbane Convention and Exhibition Centre and entry is free. [Find out more information here](#) including a list of exhibitors and registrations.

Private Provider Updates

Australian Film Television and Radio School (AFTRS) upcoming short courses

Are you an aspiring producer/filmmaker or production manager needing to get your head around doing a budget for your screen project? Then this online introductory course, commencing 15 February will head you in the right direction, introducing you to the basic Excel A-Z budget template and explaining what you need to produce an initial work-in-progress budget. [Find more information and register now.](#)

Australian Film Television and Radio School (AFTRS) upcoming short courses

AFTRS [short courses](#) are taught by expert practitioners, will give you relevant practical skills and knowledge to help explore and progress your career. Find a full list of [short courses here](#) and courses commence in February.

Endeavour College of Natural Health – information for high school students

[Endeavour College of Natural Health](#) specialises in degree and diploma courses in alternative medicine and are the largest provider of education to the natural medicine industry, with [six campuses](#) nation-wide and online learning options. The programs offered include Nutrition and Dietetic Medicine, Naturopathy, Acupuncture, Myotherapy and Complementary Medicine.

The [webpage for high school students](#) contains links to information about [courses](#), [scholarships](#), open days, webinars and graduate profiles. The [Events](#) page outlines upcoming Endeavour-hosted events and webinars. If you are interested in alternative medicine but don't know much about it, attending open days and participating in other Endeavour activities could help you with your decision making.

International College of Hotel Management (ICHM)

[ICHM](#), located in South Australia, was the first Swiss Hotel Association institution outside of Europe. As a student, you can choose to finish your studies after completing the Bachelor of Business (Hospitality Management) or, go on to complete the more advanced Bachelor of International Hotel Management (Swiss Hotel Association). The second degree provides you with additional international management studies aimed at giving you a competitive industry advantage.

During the course, you have an opportunity to learn a language and to experience an industry placement in Australia or overseas. Eligible students can apply for FEE-HELP loans. Visit the [ICHM website](#) for more information.

Jazz Music Institute (JMI) - a specialist jazz school

This private college, located in Bowen Hills Brisbane, delivers degree, diploma and certificate courses in jazz. In addition, JMI offers evening short courses, open workshops which feature nationally and internationally known jazz educators and performers and Summer Jazz Clinics. JMI offers [School Workshops and Classes](#), including a 1 hour performance demonstration for high school students at your high school. JMI Live presents live jazz in Brisbane every Thursday and Friday night. Visit the [JMI website](#) for information on their upcoming gigs (a good way to check out the college).

New York Film Academy Australia virtual open day

The New York Film Academy Australia invite you to join them on their Online Open Day on 13 February commencing at 12 noon. The sessions are live and you can submit questions to the hosts to be answered live during the session. The Online Open Day will include information on the following:

- Programs and areas of study they offer
- Equipment you will work with during your time there
- Learn about their faculty and alumni
- Village Roadshow Studios and Warner Bros. Movie World partnerships
- Application and enrolment process
- Explore your pathways to degrees
- Financial options

[You can register here.](#)

Open Universities

[Open Universities Australia](#) offers single subjects and full degrees with full government funding. Open Universities partners with Universities across Australia such as: University of New South Wales (UNSW), La Trobe University, Curtin University, University of New England, Australian Catholic University (ACU) and Griffith University. They deliver over 270 degrees and 1600 subjects in the one place, all available to study online, anywhere, anytime. When you enrol through Open Universities, you become a student of your chosen university and study online with them. It's the same course that's delivered on campus. Some of the subject areas available include:

- Arts & Humanities
- Business
- Education
- Health
- Information Technology
- Law & Justice
- Science & Engineering
- Media communications and languages
- Engineering

For further information access the [Open Universities Australia](#) website.



Study Skills

12 ways to beat stress

Something to think about to manage your stress levels as the school year ramps up:

1. Try not to be perfect - it's impossible
2. Focus on what you are good at - there are plenty of things
3. Look for humour when things are going haywire
4. When you feel tired, have a nap - your mind will be much clearer
5. When you feel down, have a warm bath with bubbles and essential oils, such as orange and lavender. A shower also works when you have the essential oils in the bathroom
6. Try relaxation techniques such as meditation, deep breathing and listening to music
7. Exercise is a great way to relieve stress - even going for a walk or a quick jog helps
8. Have some time out for a little while, like watching something mindless on TV
9. Try not to feel too guilty
10. Don't be too hard on yourself - not everything is your fault
11. Work on sleeping 7 to 8 hours a night
12. Work on eating healthy foods but allow yourself some treats from time to time

Surviving Senior

Much is required of you during Years 11 and 12. It can be stressful at times. It is important to build your resilience to meet the challenges of this time in your life and the future. The [beyondblue website](#) contains strategies and resources for looking after yourself. Have a read and start the year off with healthy habits. Remember your school Guidance Officer/Counsellor can also help you learn strategies to cope with the challenges of senior study and life.

Take care of yourself

Your brain and body are closely connected – looking after your body has great benefits for your mind. Activities like sport, dance, walking or yoga can increase your performance by increasing oxygen to your brain. It's also great at reducing tension from stress and school pressure.

Some stress can be useful in keeping us motivated – without it we would find it hard to stay awake! However, during Year 12, and especially during exam time, you may find your stress levels rising high into the 'critical zone', causing a dramatic decline in performance. Proven strategies for beating stress include:

- Relaxation: smartphone apps like [Smiling Mind](#) can help
- Time management: try making a list of activities and prioritise
- Connecting with others: talk about your worries, laugh, be positive!
- Remember to be kind to yourself: take some time out to do the things you enjoy or help you maintain your wellbeing

[Click here](#) for more ideas on how to look after yourself.

USQ Social Hub resources to help you study

The [Social Hub](#) on the University of Southern Queensland's website has tips, resources and advice you might find useful. One resource that may be of interest are the article [Discover Your Motivational Mojo](#) and you can find some inspirational phone and desktop downloadables [here](#).

Get a head start with a TAFE at School Course

If you're a Year 10, 11 or 12 student you may be able to complete a TAFE Queensland qualification while you're still at school. Choose from a variety of certificate I to certificate III courses from a range of study areas ranging from hospitality to horticulture, early childhood education to engineering, and everything in between. Some of the benefits are:

- Fits around your high school studies
- Direct entry to a TAFE Queensland course
- Your pathway to a trade qualification
- University pathways

A TAFE at School course can be achieved in conjunction with your senior studies and can count towards your Queensland Certificate of Education (QCE). Completing a TAFE at School course is also a great way to open up new [pathways to university](#). You must have permission from your school and parents to participate. [Click here](#) to access the 2021 School at TAFE brochure (scroll down)

TAFE Queensland Alexander Hills Campus

The Alexandra Hills campus offers a range of hands-on courses in aged care, automotive, business, child care, community services, construction, electrotechnology, fitness, general education, nursing, plumbing, and tourism and events. The campus boasts a number of specialised training facilities for our nursing, childcare, and automotive students. The new nursing facilities opened this year and has transformed the nursing wards into a state-of-the-art training hub. The modern wards are providing nursing students with a learning environment that replicates modern health care facilities. [Click here to find out more.](#)



Universities

Griffith College

[Griffith College](#) offers undergraduate diploma programs that, on successful completion, provide guaranteed [pathways to degree programs at Griffith University](#). The fields of study offered include arts and communication, commerce, criminology and criminal justice, design, engineering, health care, health sciences, hotel management, Information Technology and science. The college is located at the Mt Gravatt and Gold Coast campuses.

The Good Universities rating for the best universities fo study law

There is an increasing demand for lawyers, especially in fields such as property, healthcare and the government sector. Lawyers are well-trained advisors to their clients, providing support in a variety of legal matters; civil or criminal. There are many types of areas of law that you can specialise in. Criminal law, consumer law, family law or property law are just some. A Law degree will equip you with the necessary skills to analyse various problems about legal issues and solve them with strong reasoning. There are 490 undergraduate degrees in Law listed on The Good Universities Guide [course search](#). They looked at which ones performed best in overall experience, graduate salary and skills development. [Find our more here](#).

Australian National University

Applying direct for 2022 based on your Year 11 results

Direct applications are available to prospective students who meet all the following criteria:

- Completed Australian Year 11 or International Baccalaureate Year 11
- Currently completing Australian Year 12 studies in 2021 or an International Baccalaureate Diploma in November 2021.
- Applying for an undergraduate program that starts in 2022.

What you need to know:

- Offers released on 9 August 2021 are based on your Year 11 results and these will be honoured for study in 2022 as long as you complete Year 12 and achieve an ATAR
- If your Year 11 results don't meet entry requirements, they will automatically consider your Year 12 results in the December offer round
- There is no application fee
- You will be required to meet the [co-curricular or service requirement](#) - they have adjusted their requirements due to the disruptions of COVID-19, please review the updated co-curricular or service schedule
- You will apply for admission, [guaranteed accommodation](#) and over 200 [scholarships](#) all in one application

For information on how they assess your application, please refer to [the Domestic undergraduate admission](#) page. Applications open on 2 March 2021 and close on 24 May 2021.

What's on offer

[Studying at ANU](#) means joining a community of inspired minds, working with some of the world's leading experts, choosing from Australia's widest range of flexible degree options and opening the door to opportunities that you never thought possible. Learn more about enrolling as an undergraduate student at ANU including:

[Study Options](#) - Discover undergraduate and postgraduate study options at ANU

[Campus tours](#) - They welcome visits from people around Australia and the world and will tailor a tour to meet your needs

[Scholarships](#) - They offer a wide range of scholarships to future students to assist with the cost of your studies

[Support services](#) - They have a range of support services to help students transition into University life and excel beyond graduation

[Understand the lingo](#) - Here is an easy explanation of words you will hear when you start to plan your ANU education experience.

Bond University

Diploma Programs hosted by the Bond University College

Deciding on a degree or program is a personal choice - it's about choosing the right program for you; your interests, your future. Bond University College offers a range of undergraduate and postgraduate degrees and programs, diplomas and non-award programs. Visit the [website](#) to find out more about programs, semester intake and entry requirements. When you click into each Diploma, you will be able to see how many of the 8 subjects will credit into different Bachelor's degree which can often be all 8 subjects.

Student for a Semester

Bond University's Student for a Semester program gives high achieving Year 11 and 12 students the opportunity to gain an authentic university experience before they finish high school. Participants enroll in a real university subject, attend classes on campus, complete assignments and gain access to Bond's world-class facilities. Applications for the May 2021 semester will open on 17 March, 2021.

Year 12 Business Extension Program

Bond University's two-day workshop will give students a head start in the transition from high school to university. You will bolster your business knowledge and gain an insight into university life. [Apply now for April!](#)

Year 12 Maths Extension Program

The Bond University Year 12 Maths Extension Program is a two-day workshop where you will improve your Maths skills and experience university life. This program will suit you if you love and are good at Maths. [Apply now for April!](#)

Griffith University

Griffith Honours College

Admission to the [Griffith Honours College](#) provides experiences and opportunities that help high-achieving undergraduate students reach their full potential. Admission is limited and based on academic and personal achievement. Future and current undergraduate students are encouraged to apply.

Griffith Sports College

[Griffith Sports College](#) plays a vital role in fostering students who are also elite athletes, helping them devote time to training and competition while they complete their tertiary studies. As part of the Elite Athlete Friendly University Network, the Sports College integrates sporting and academic aspirations. Through dedicated assistance from Griffith Sports College, over 550 student athletes successfully balance the high demands of elite sport and university life each year through

- Direct admission
- Consideration for program admission flexibility
- Personalised degree advice and course planning
- Timetabling assistance and class flexibility
- Assessment and exam flexibility
- Opportunity to study with other institutions
- Access to on-campus sporting facilities and gym
- Funding for specific sporting events
- Access and special rates for physiotherapy and sports science services
- Tutoring assistance may be available

Queensland University of Technology

Diploma pathway in business and engineering

QUT has recently introduced the [Diploma in Business](#) and the [Diploma in Engineering](#) for domestic students with the first intake in 2021. The diploma programs acts as a pathway into the bachelor degree for students who have not received the required ATAR. The diploma consists of first year units from the respective bachelor degree and takes eight months to complete. Check it out as it may be a pathway for you or someone you know.

Focus on: Bachelor of Data Science

QUT's newly designed Bachelor of Data Science provides the most up-to-date knowledge and techniques in this fast-evolving field. Graduates will be able to understand and interpret the data; create and

communicate meaningful insights; and to also use the data ethically and understand its limitations. Explore QUT's new [Bachelor of Data Science](#).

High School STEM internships

The high school STEM internships invite high-achieving Year 12 students to apply for the opportunity to expand their skill sets beyond the classroom and explore future career ambitions with like-minded peers - all before university. Internship week is from Tuesday 6 April – Friday 9 April, 2021 (Term 1 school holidays). Applications for 2021 are opening shortly. [Subscribe to our mailing list](#) to stay up-to-date when applications open.

START QUT Information Webinar

Are you a Year 11 or 12 student, or a parent of a student, who's interested in finding out more about the START QUT program? During this information webinar, find out about studying a university subject while still in high school and hear from past START QUT students about their experiences from the program. [Register now](#).

STEM Camp

The Young Accelerators' annual STEM Camp is a unique experience for high-achieving Year 11 students. Eligible students have an opportunity to attend a week-long interactive experience to engage in solving some of the major challenges facing our society and planet today. The 2021 STEM Camp will run from Monday 27 September – Friday 1 October in the school holidays. Applications will open mid-year. [Subscribe to our mailing list](#) to stay up-to-date with application information and other events.

Young Accelerators' 2021 calendar of events

QUT are planning many engaging events and activities throughout 2021. [Here's a look](#) at what's on for Young Accelerators this year. Click the link and see what events are currently planned, the dates and registration information.

The University of Queensland

Accommodation options

Finding the right place to live is a big part of settling in to student life. With options available both on and off campus, UQ Services can help you find your new home. If you're a new regional, interstate or international student, they can guarantee you a place at one of their approved accommodation providers or residential colleges before you arrive in Brisbane. [Learn more about guaranteed accommodation](#). Residential options include On-campus and off-campus and an under 18 supervision program. [Find out more here](#).

Not sure where a Science degree will take you

The Faculty of Science at UQ has gathered the profiles of scientists who have used their qualifications to gain entry into a diverse range of interesting and rewarding jobs and now work worldwide. The profiles can be accessed from '[Careers that started in science](#)'.

Top tips for your first semester at UQ

If you are planning to study at UQ next year, or know someone starting at UQ this year, you will find the article [Top tips for your first semester at UQ](#) helpful. Topics covered include:

- Practice good study habits
- Join a group and go to events
- Check out resources
- Find the work balance sweet spot

Each heading has subheadings containing valuable information and tips.

Undergraduate health website

To kick start your research into the UQ undergraduate health options check out this [website](#) as it provides useful resources including:

- Information on health science study areas
- [2020 Health Study Guide](#)
- A link to the [Health Blog](#)

The university updates their information regularly so keep checking back for 2021/2022 updates.

Torrens University Australia

Torrens University Australia - Not too late to apply

The next trimester at Torrens University Australia commences on the 15th of February and it's not too late to apply. Benefits of studying at Torrens:

- They have removed ATAR as an entry requirement, for good
- Small class sizes
- Your own personal Success Coach to help you navigate university life
- A focus on practical, hands-on learning so you graduate job ready
- Industry experts as lecturers
- No exams (assessment and project-based learning)
- Flexible learning modes to suit your style: on campus, online classes or a hybrid of both
- Internships with leading brands, through their work-integrated learning programs
- Scholarships are available

They offer courses in Business, Design, Health and Hospitality and starting your research for 2022 entry can start now. [Apply here](#).

University of Southern Queensland

Darling Downs Science and Engineering Challenge

The Darling Downs Science and Engineering Challenge is held at USQ each year and allows Year 9 and 10 students to engage in a set of fun and competitive activities involving principles of science, engineering and technology. The Challenge:

- provides students with a challenge and a selection of materials to complete the set task
- immediately engages students in activities with a minimum of introduction and theory
- allows students to explore scientific principles for themselves rather than being guided to a predetermined answer

The event takes place from 24 - 27 May 2021 at USQ Toowoomba. [Click here](#) for further information.

Head Start - Getting started

[This online orientation](#) is designed to set you up for success from the moment you start. You will find out about valuable resources and support services you can refer back to at any time during your studies. You will find information on:

- Head Start welcome - This session is run live to welcome you to the program and set you up for success
- USQ Online Orientation - A collection of video recordings, webinars and live online workshops that introduce you to USQ's online learning environment
- Study Support - Access a range of short courses that will prepare you for assessments, researching, referencing and more
- How to use UConnect - Step by step video on how to use UConnect
- How to navigate USQ systems - Chris takes you through how to find your way around USQ student systems
- Textbooks and Printing - See what textbooks you need, where to buy them and how to access your printing subsidy
- iconnect - Have questions you need answered? Contact iconnect for help
- Head Start Mentor - Throughout your program you have access to a mentor who's here to support you on your journey at USQ
- Referencing support - Referencing guides and tools to help you get through that assignment

Head Start Semester 1 2021

USQ has almost [100 courses on offer](#) giving you the opportunity to [gain 2 QCE points, uni credit and also gain entry into USQ](#) after you graduate. Some USQ courses can be used to meet the subject pre-requisites for university entry. If you want to save money on your degree and access USQ's learning resources whilst still in school, [apply now](#) for Head Start's Semester One intake 2021. Applications close 22 February 2021.

Maths Enrichment Workshops - Toowoomba

The USQ Mathematics Enrichment Program is available to students in years 9 and 10 and aims to:

- encourage further studies in mathematics;
- challenge students to solve problems using mathematics; and
- help students perform at a high level in mathematics.

The workshop will be delivered via Zoom on 25 February from 4 - 6pm. [Click here](#) for further information and program details. You need to [register to attend](#).

Study at USQ

It's never too early to start researching your options after school. If you are thinking about Uni you might want to [visit the USQ website](#) and read about the benefits of studying at USQ. There is information about:

- Scholarships
- Adjustment factor pathways
- Applying to USQ
- Head Start
- Experience university
- Getting into USQ
- Didn't get the ATAR you had hoped for
- Student Advisors
- Parents' Guide to Uni

University of the Sunshine Coast

Career planning tools that may assist you

My Brilliant Career Profiler – This is a fun questionnaire that identifies your personality and matches it with USC courses you might enjoy. You can find it on the [USC website](#).

USC Career Directory – This [directory](#) can be of help when you know the career you want but don't know what USC course you can do to get there.

Parent Lounge – This [webpage](#) has heaps of resources that parents can use to support their children as they transition to university study.

Upcoming Events

Date	Event
22/02/2021	Semester 1, 2021 Head Start at the University of Southern Queensland closing date
22/02/2021	SUQ Semester 1 Head Start applications close
25/02/2021	The USQ Mathematics Enrichment Program event
17/03/2021	Bond Uni Student for a Semester May semester applications open
19/03/2021	Computational and Algorithmic Thinking (CAT) competition applications close
24/03/2021 to 26/03/2021	World Science Festival Brisbane and regional areas