



# Come & play Ultimate Frisbee!

Starting Term 4 on Sunday afternoons:

2.30pm “VicFlick” - kids league ages 10-18

Coaching, learn skills, play a short game

3.15pm - Social Game

Perfect for parents or anyone new to Ultimate. Older VicFlick kids welcome to stay and join in

Back oval -

35-39 Tortice Drive, Ringwood North

(formally Parkwood Secondary School)



Facebook for updates

Free for all of Term 4!

More info:

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