



**NORTHCOTE  
HIGH SCHOOL**

**Parent  
Seminar**

For parents of  
11 - 17 yo

## TALKING THE TALK

# Respectful Relationships, Human Sexuality & Protective Safety Presentation



Presented by

**Vanessa Hamilton**

24 Years Experience  
Sexuality Educator  
Mother Of Three

### Learn how to have conversations with your teen about:

- Healthy, Respectful and Fulfilling Relationships
- Sexual Decision Making and Consent
- Sexual and Reproductive Health - Contraception, STI's
- Same Sex Attraction and Diversity
- Sexual Expression and Pleasure
- Social Media and Pornography

### Tips and suggestions provided regarding:

- What is appropriate and typical behaviour for particular age groups
- Tips to overcome parent's fears and myths that often prevent essential sexuality conversations
- Where to find further resources

- **Parents and Carers at NHS**
- **Online Bookings Essential**

**Online booking: [www.trybooking.com/BIMHI](http://www.trybooking.com/BIMHI)**

\*Please note this session is not suitable for children/students to attend

**Wednesday  
11th March, 2020**

**Performing Arts Building,  
Northcote High School,  
St Georges Rd, Northcote**

**6.30 - 8.00pm**

### Testimonials from Parents

"Brilliant, every parent should have access to this talk..."

"Such a clear presenter – Easy to listen to, I liked the humour as it took the pressure off heavy topics..."

"I feel a lot more confident talking to my kids now..."

"Vanessa's presentation is probably one of the best parenting sessions I've ever attended. Honest, engaging, knowledgeable, fantastic. Thank you..."

"I just wanted to touch base to say a personal thank you for your talk last night at our school...It was so open and honest, just the way it should be. And so different to how it used to be..."