



Individual Athlete Program is NOW open for application.

The South West Academy of Sport (SWAS) is the peak sporting body of South West Victoria for aspiring elite athletes. SWAS provides athlete education and training opportunities for all its member athletes across the South West.

SWAS is the regional development pathway provider for the Victorian Institute of Sport and is funded by the State government and South West Local Governments to provide training and educational opportunities for aspiring South West athletes and coaches. SWAS works within all Olympic and Commonwealth sports programs and also works in any sport program that is linked with the Department of Sport and Recreation.

So if you are an aspiring athlete, SWAS we can help you along your pathway and provide you with the essential elite athlete education and training that you require to take the next big step in your sporting career.

SWAS provides a range of performance services for supported talented athletes including:

- Skill development
- Strength and conditioning programs, support and advice (including functional movement screening)
- Access to **myAISbasecamp** an Australian Institute of Sport athlete development and support program
- Sports science testing and education
- SWAS uniform
- Personal Development workshops such as Nutrition, Sports Psychology, Media training and Recovery
- Access to a medical support network.

In sports where SWAS does not have a partnered squad program, athletes may apply for **the Individual Athlete Program**. The Individual Athlete Program supports talented athletes from a variety of Olympic, Paralympic and non-Olympic (Commonwealth Games) sports.

To register please fill out the online application form on the main SWAS website www.swas.org.au by clicking the 'Apply Today' button. Further information can also be found on the Individual Athlete program specific page at <https://swas.org.au/academy-sports/individual-athlete-program/>

The scholarship period for the Individual Athlete Program will run from February 2019 to December 2019.

- Closing date for applications **24 January 2019**