



FITNESS BUILDS FOCUS AND DETERMINATION

**WE'LL SHOW YOU HOW
TO FIT IT ALL IN, AND GET THE
MOST OUT OF YOUR LIFE.**

ST ANDREWS CHRISTIAN COLLEGE OFFERS 20% OFF FITNESS FIRST MEMBERSHIPS FOR STUDENTS

Come down to Knox Fitness First to receive 20% off our current memberships. We offer programs to suit all Fitness Levels and over 30 group fitness classes per week.

Take the stress out of your school week and relax with our mind and body classes or release your tension with our Combat and Pump classes. Fully equipped gym with cardio equipment providing you with everything you need to reach your health and fitness goals.

Contact knoxcity@fitnessfirst.com.au or call 9800 7601 today.

**ASK ABOUT OUR GREAT-VALUE
STUDENT DISCOUNTS**