



Holiday Intensive Program

Level 1 and 2

9:00am - 9:30am

9:30am-10:00am

Mon 11 December – Thu 14 December

Level 3 and 4

10:00am - 10:30am

10:30am – 11:00am

Mon 11 December – Thu 14 December

Each session will cost \$20.00 and you can book individually for as many or as few as you wish.

The focus on these sessions will be to increase fitness, improve technique and run through drills to improve stamina.

Spaces are limited, so please secure your spot by filling out the **registration form [here](#)**. The form will **close on 6th December** at 4:00pm. We will issue invoices out that week and please be advised that payment must be received before registration can be confirmed.



If you have any questions, please email us at swimming@clayfield.qld.edu.au