



# 2026 CAREERS BULLETIN

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YEARS 8, 10, 12

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YEARS 7, 9, 11



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# Announcements



## Don't miss important info and dates

Download the Options Career Information App and log in using your school's access code (ask your Guidance Officer, School Counsellor or VET Coordinator if you don't have it). Once you're in, keep up to date with the current career info and the career events calendar. The calendar shows important career dates, upcoming events and helpful info — all in one place. It's an easy way to stay organised, meet deadlines and not miss out on opportunities. Download in [Apple](#) or [Google Play](#).

**Also great** for parents wanting up to date info that helps with those career conversations at home!

## Kick-start your year — it's Time to Be Great!

This short video will get you thinking and fired up for the year ahead. It's by Carla Cuglietta, who's worked with over 11,000 young people around the world. She shares what really helps turn dreams into reality. Click [here](#) to watch the video and get motivated!

## The fortnight joke!

I just lost my job as a psychic. I did not see that coming.

## The fortnight's thoughts ... The two wolves parable

Inside you, there is a battle between two wolves.

One is Evil: Anger, jealousy, greed, envy, arrogance and ego.

The other is Good: Peace, love, hope, humility and truth.

Which wolf wins?

The one you feed.

Every scroll, every conversation, every thought, every reaction is food for one of the wolves. So watch what you eat ...

# Apprenticeships & Traineeships



## Advice and Support

Check out the Australian Apprenticeships for tips, support and everything you need to know about becoming an apprentice. You can also find out how to contact an Australian Apprenticeship Support Network provider close to you and how to link up with a Group Training Organisation (GTO) who offer apprenticeships and traineeships. Click [here](#) and find out more.

## Get looking for that apprenticeship or traineeship now ... it's not too early!

Check out the Australian Apprenticeships website for everything you need to know about becoming an apprentice. You can also find out how to get help from an Apprenticeship Support Network provider or a Group Training Organisation (GTO).

## Pre-apprenticeships – a quick intro to trades

A pre-apprenticeship is an entry-level certificate where you:

- do theory and practical training at TAFE
- get hands-on work experience in your chosen trade

It lets you try a trade for up to 6 months before committing to a full apprenticeship. Some courses are even available through [TAFE at School](#). You can find [info here](#) about:

- how to apply
- the benefits
- what jobs it can lead to
- what to do if you're unsure about a trade
- available courses across Queensland

Places fill fast, so apply early.

## Queensland Government apprenticeship info

The Queensland Government website has clear, up-to-date info on:

- [apprenticeships and traineeships](#) (wages, costs, rights and responsibilities)

- [school-based apprenticeships and traineeships](#)
- [advice, support services and financial help](#)
- [support and help during training](#) (including disability and learning support)
- [forms, policies and official information](#)

It's a great starting point if you're thinking about a trade pathway.

## What does that 'term' mean?

The National Centre for Vocational Education Research (NCVER) has a handy glossary that explains common VET terms, like:

- Accelerated training – fast-tracked training so you qualify quicker
- Acceleration – moving through a course faster than usual
- Access and equity – making sure VET is fair and accessible for everyone
- Access course – a bridging or prep course to get you ready for further study or work
- Accredited course – a nationally recognised VET course that gives you an official qualification

It's a great go-to if all the VET lingo feels confusing. You can check it out [here](#).

## What is the Key Apprenticeship Program?

The Key Apprenticeship Program (KAP) is designed to help grow the workforce by training more people for in-demand jobs in important industries. The program has two main streams:

- New Energy Apprenticeships (NEA) – focused on clean and renewable energy jobs
- Housing Construction Apprenticeships (HCA) – focused on building and construction roles

It's all about training workers for jobs Australia needs right now and into the future. [Click here](#) to see if it's a good fit for you!

## White Card for work experience on a construction site

If you want to work or do work experience on a building site, you'll need an official White Card (also called a General Construction Induction card). It's required by law. To get one, you complete a short construction safety course. Most are online and many offer student discounts. Providers include [Blue Dog Training](#) and [TAFE Queensland](#), plus others you can find online. Once you've got it, your Queensland White Card is valid Australia-wide. For more info, check the WorkSafe Queensland [website](#).



## Australian Defence Force Information Sessions

Want to keep up with ADF events and info sessions in Queensland? Check out the Defence Jobs [website](#) to see what's coming up, including event details, locations, times and how to book your spot. You can also find updates on the [ADF Facebook page](#). Upcoming events:

- 11/02/2026 [Air Force Careers Virtual Information Session](#)  
[Gold Coast ADFA Careers Information Session](#)
- 12/02/2026 [Toowoomba Defence Careers Information Session](#)  
[Maroochydore ADFA Careers Information Session](#)
- 16/02/2026 [Brisbane Gap Year Information Session](#)
- 17/02/2026 [Gladstone Indigenous Pathways Information Session](#)  
[Gold Coast Army Careers Information Session](#)  
[Toowoomba ADFA Careers Information Session](#)  
[Hervey Bay School Leavers, Parents and Teachers Information Session](#)  
[Cairns A Night In The Army Reserve](#)
- 18/02/2026 [Brisbane ADFA Careers Information Session](#)
- 19/02/2026 [Townsville ADFA Careers Information Session](#)  
[Brisbane School Leavers, Parents and Teachers Information Session](#)
- 23/02/2026 [Maroochydore Gap Year Information Session](#)

## Thinking ADF?

- Discover what [Life in the ADF](#) is like by exploring their website which provides information on jobs, lifestyle and benefits, joining the ADF and information for students
- Join the [Australian Defence Force Cadets](#), where you will develop leadership, team building and survival skills

- Explore the [Education and Training](#) opportunities available in the ADF, including [Sailor Training and Officer Training in the Navy](#), [Soldier training in the Army](#), [Army officer training](#), [Air Force Officer Entry](#) and [Reserves](#)
- Consider [Defence Force Work Experience](#) which gives you a unique experience into the wide variety of careers available in the ADF
- Visit [Submariners](#) to experience working and living under water
- [Discover ADFA](#) by taking an interactive journey inside the Australian Defence Force Academy
- Check out the [Air Force](#) experiences
- Connect with the ADF on [Facebook](#), [YouTube](#), [X](#), [Instagram](#) and [LinkedIn](#) for current activities

# Career Exploration



## Back yourself - it's not all about your final school results!

It's easy to think your school marks will decide your job for life — but they don't (unless you let them). Your results are just a starting point to get you out of school. After that, heaps of new options and pathways open up and you'll probably change direction along the way. Don't box yourself in — stay open, grab opportunities and back yourself. Click [here](#) to check out research on how early stereotypes can affect future career choices.

## Career decision making is challenging

Choosing a career can feel hard but remember — at the end of Year 12 you're just picking a starting point, not your job for life. To get going:

- Do some research: check out [myfuture](#), [Jobs and Skills Australia](#) and [Australian Apprenticeships](#)
- Talk to people: parents, friends' parents, coaches, neighbours — anyone with a job story
- Use school opportunities: work experience, job shadowing, career expos, career talks and chats with your Guidance Officer or VET coordinator

It's your future — jump in the driver's seat and give it a go!

## Career resources for parents

The [myfuture](#) website has tools, info and articles to help you support your child as they explore careers and the world of work. You'll find helpful sections on:

- [introducing myfuture](#)
- [career articles](#)
- [key features for your child](#)
- [other useful resources](#)
- [how to assist your child](#)
- [post-school options and pathways](#)

## Help guide your career choices

The Department of Employment and Workplace Relations has a career guide to help you explore your options and make smart career choices. You'll find info and tools on:

- help with choosing your current or future career
- your education identifier (USI)
- how the Australian job market works
- the National Careers Institute
- ways to explore your future options

It's a handy starting point if you're not sure what path to take or want to plan ahead. [Find out more here.](#)

## Match your skills to jobs

Most people don't stick with just one job forever — you'll probably try a few different ones once you get going. Starting out, the trick is finding work that matches what you're good at and what you enjoy. When thinking about a career, ask yourself:

- What do I actually like doing?
- Where do I want to be in the future?
- What matters more to me — money, flexibility or time with friends and family?
- Am I open to moving or travelling for work?
- What skills or qualifications will I need?

There are heaps of online tools to help match your interests and skills to real jobs. Check out the [Queensland Government website](#) for links to myfuture, Your Career, Find a course, RPL, industry job trends and job trend info.

## myfuture website

[myfuture](#) is free to use. When you visit for the first time, you just sign up with a username and password so you can log in again later.

The site has heaps of info on courses, jobs, industries and training providers. You can explore:

- My career profile – do activities to discover your interests, values and skills, then get job ideas to explore
- Career bullseyes – see how school subjects link to different careers
- Occupations – check out 350+ jobs, what they involve and current job market info
- Industries – learn about different industries and future job prospects
- Career articles – practical tips to help you plan your career
- Courses – search uni and VET courses that match your interests
- Job seeker resources – resume and cover letter templates plus job tips
- Career stories – real-life stories and advice from people about their careers
- [User guide videos](#) – short clips showing you how to use the site properly

Some sections need you to register first, but it's free and gives you full access.

## VET ... it's not all about trades!

Vocational Education and Training (VET) is a fast, affordable way to get job-ready skills and move from school into work with confidence. You get hands-on experience and don't waste time re-learning skills you already have. VET isn't just about trades — it covers hundreds of jobs across loads of industries, including:

- IT, cyber security and computing
- Travel, tourism and hospitality
- Business, accounting, management and entrepreneurship
- Engineering, automation and technology
- Architecture, planning, building and construction
- Agriculture, horticulture and agritech
- Legal studies
- Automotive
- Health, medicine, psychology and lab sciences
- Creative industries, fashion and design

VET is all about practical skills, real pathways and getting into work sooner. [Find out more here.](#)

## Why consider doing a VET subject at school

VET (Vocational Education and Training) refers to education and training that provides practical skills and knowledge: With a VET subject you can:

- Join the workforce for the first time
- Gain an Apprenticeship or Traineeship
- Enter tertiary study

A VET course is a great way to fast track your career or education in fields like:

- Business studies
- Health services
- Mining
- Manufacturing
- Agriculture
- Tourism
- Hospitality

Click [here](#) to read more about:

- VET qualifications are generally at one of the following levels
- Is VET for me?
- Job seekers
- Find a VET course
- Related links

## Future Leaders Award

The Future Leaders Awards recognise young Australians who show strong leadership and future potential inspiring other students to get involved in environmental and community issues — and make a real difference.

### Future Leaders Writing Prize

The Future Leaders Writing Prize is designed to recognise and reward talented young writers. It aims to encourage expressive and creative writing.

Australian Year 11 and 12 students are invited to submit a piece of writing (800 to 1,000 words).

The essays can be fiction or non-fiction and on any topic.

[Download PDF](#)

### Helen Handbury Leadership Award

The Helen Handbury Leadership Awards mark the outstanding contribution that the late Mrs Helen Handbury has made to community development in rural and regional Australia. The Awards recognise Year 12 students in rural and regional Australia who have shown outstanding community leadership.

The award winners will receive funding towards an international trip to experience community development in another culture.

[Download PDF](#)

### Future Leaders Photography Prize

The Future Leaders Photography Prize is designed to recognize talented young photographers.

[Download PDF](#)

## Qld Assoc of Mathematics Teachers Problem Solving Competition

The 2026 Problem Solving Competition is open to all secondary school students in Queensland. You can enter yourself, or your teacher can register a team. The competition runs on 1 May, with registrations opening soon. Interested? Chat with your Maths teacher or Guidance Officer/Career Counsellor. [Click to find out more.](#)

## The Australian Computational and Linguistics Olympiad (OZCLO)

This contest is open to Year 7–12 students and is all about teamwork and problem-solving. You'll work in a team of four on language-analysis challenges, with the competition run at your school. Teams submit answers online (with offline options in some regions). Registrations close 27 February 2025. Keen to get involved? [Check out the website](#) for details and talk to your Maths teacher or Guidance Officer/Counsellor about entering the Olympiad.

## Very Short Film Festival

This festival has a junior category just for primary and high school students who want to try filmmaking. Create a 2–5 minute film using a camera or your phone — you can enter solo or as a group. The VSFF 2026 theme is “THREAD” and you can interpret it any way you like. Prizes include industry mentoring, cash prizes and all-expenses-paid flights and accommodation to attend the festival premiere and gala. Entries close 18 March. [Click this link](#) for full details and how to enter.

# Disabilities



## 10 Things Disabled Job Seekers Deserve To Know But No One Tells You

Although a Canadian article, Keely Cat-Wells has some good tips for you when you are looking for a job now and in the future. [Click here](#) to read more about:

1. Your lived experience is legitimate professional experience
2. Requesting accommodations is not asking for special treatment
3. Job descriptions are frequently aspirational and not 100% accurate
4. Employment gaps often reflect inaccessible systems
5. Flexible and remote work are essential forms of access
6. Disclosure is a personal decision
7. Fear around benefits and income thresholds is normal
8. Negotiating how you work is part of career development
9. Rejection is frequently systemic rather than personal
10. A non-linear career can still be a successful one

## Resources for students with disabilities

These organisations offer helpful info, support and advice for school, work and life after school:

[Australian Human Rights Commission](#) - Learn about your rights as a person with disability.

[Australian Network on Disability](#) - Case studies, job tips and resources for people with disability.

[Queensland Government – Disability support for Apprentices and Trainees](#) - Support, adjustments, training organisations and help through AASN providers.

[JobAccess](#) - Free advice and info about jobs and workplaces for people with disability.

[Centacare](#) - Helps students with disability plan for life after school.

[STEPS Employment Solutions](#) - Supports people with injury, illness or disability to find work.

[Queensland Government Department of Trade, Employment and Training](#) - Info on training, employment pathways and support programs.

If you're not sure where to start, chat with your Guidance Officer or Careers Adviser — they can point you in the right direction!

# Employment, Job and Labour Market Info



## ABS Labour Force Data - December 2025

The Australian Bureau of Statistics have released the seasonally adjusted [Labour Force Data for December 2025](#):

- unemployment rate decreased to 4.1%.
- participation rate increased to 66.7%.
- employment increased to 14,684,100.
- employment to population ratio increased to 64.0%.
- underemployment rate decreased to 5.7%.
- monthly hours worked increased to 2,001 million.
- full-time employment increased by 54,800 to 10,101,100 people.
- part-time employment increased by 10,400 to 4,582,900 people.

## Am I old enough to get a casual job?

In Queensland, there are clear rules about when young people can work:

- 13 years old – the usual minimum age for most jobs
- 11–12 years old – only light, supervised delivery work (like newspapers or leaflets) between 6 am and 6 pm
- Family businesses & entertainment – some exceptions apply, with special rules

### Hours and conditions

- You can't work during school hours
- During school weeks (under 16): max 12 hours per week, no more than 4 hours a day
- During school holidays: up to 38 hours per week
- If you're 13 or older, you can't work between 10 pm and 6 am

### Parent consent

- Employers must have a parent's consent form before employing anyone under 16

If you're unsure, chat with your Guidance Officer or Careers Adviser to check what applies to you and [find out more here](#).

## Australian Government Job and Skills Atlas

The Jobs and Skills Atlas gives an easy-to-use snapshot of the labour market across Australia, states and regions. You can explore data and trends for:

- Regions
- Industries
- Occupations
- Vocational Education and Training (VET)

[It's a great tool](#) if you want to see where jobs are, what's growing and how different careers link to training options in your area.

## Australian students prioritise career-aligned credentials as AI skills become 'essential', new report finds

A new 2025 Voice of the Online Learner report by Risepoint shows that students are moving away from long degrees and are more interested in short, flexible courses that get them job-ready faster. The report is based on feedback from 1,801 Australians who are studying online or thinking about it. It found that rising living costs, changes in the job market and the growth of AI are changing how students think about study and careers. Some key takeaways:

- 73% of students think they need more than just a bachelor's degree to boost their career (up from 66% in 2024).
- 56% are now keen on industry-recognised certifications, up from 34% last year.
- 53% would consider short online courses or micro-credentials, compared to 25% in 2024.
- 60% believe a 4-subject graduate certificate could help them get a promotion, instead of doing a full master's degree (up from 43% in 2024).

Overall, students want faster, cheaper and more practical study options that match real jobs and skills needed right now. [Click here](#) to find out more.

## Casual job basics (what you should know)

- You're paid by the hour (no sick or holiday pay, but usually a higher rate)
- Hours can change – shifts aren't guaranteed
- You have rights – fair pay, breaks and a safe workplace
- Check your payslip – make sure hours and pay are correct
- School comes first – limits apply to how much you can work
- Tax & super – you may need a TFN and could earn super - make sure you check
- Be reliable – turn up on time and communicate

Your casual job counts and builds skills employers love. [More info here.](#)

## Job skills you can start developing

There are two main types of job skills to know about. First, there are skills all employers want, like teamwork, reliability, initiative, maturity and being willing to learn. Second, there are skills in demand — these are skills where there aren't enough people to fill jobs. Having them can sometimes mean better pay and more opportunities. Here's some more info on both types of skills:

- Employers want team skills
- Employers want reliable employees
- Employers want initiative
- Employers want maturity
- Employers want willingness to learn

[Find out more here.](#)

## Should I get a casual job?

Think your casual job doesn't count? Think again. Casual and short-term jobs can give you a big advantage when applying for future work. Employers love seeing work experience because it shows you have employability skills and are keen to get out there. These are the skills that help you succeed at work, like:

- teamwork
- problem solving
- communication

So yes — your casual job definitely counts towards your future career. [Check out JobJumpstart.](#)

# Financial Assistance & Scholarships



## But how do I pay for Uni or TAFE?

If you study at a public uni or an approved private uni or college, you'll usually get either a [Commonwealth Supported Place \(CSP\)](#) or a fee-paying place. With a CSP, the Australian Government pays part of your course cost, so you only pay a student contribution, not the full fee.

To help with costs, the Government offers [HECS-HELP](#). This lets eligible CSP students delay paying their student contribution until they earn over a set amount. Repayments are then taken through the tax system. Want to know more? Check the [Australian Taxation Office](#) or [Study Assist websites](#).

## Scholarships prep - a must!

It's never too early to start looking at scholarships. Applications take time and getting involved in school and community activities can really boost your chances. Most unis have their own scholarship pages, so check your provider's website or talk to their scholarships office.

Tip: when it comes to scholarships, the more info you have, the better.

## VET Student Loans

The [VET Student Loans](#) (VSL) program helps eligible students pay for Diploma-level (and above) VET courses. You can find info on:

- what's new
- how to access a loan
- approved courses and providers
- repayments, complaints and support

You only start repaying through the tax system once you earn over the income threshold. [Check Study Assist](#) for repayment thresholds and [Your Career](#) for approved courses and providers. Details are updated regularly, so keep checking.

# First Nations Peoples



## Health career options - heaps of them!

There are lots of health career options for First Nations peoples from dental assistant, nurse and paramedic to physio, dietitian and even neurosurgeon. Some roles are based in hospitals or clinics, others in private practices or community settings. Whether you prefer working behind the scenes or face to face with people, there's a health job to suit you.

Check out the Indigenous [Health Heroes website](#) to see real stories and pathways. You can also explore support from the Australian Government Department of Health, including:

- [About the workforce](#) – why Aboriginal and Torres Strait Islander staff are vital for culturally safe care
- [Our support](#) – programs to grow the First Nations health workforce
- [Jobs and scholarships](#) – help with study and career pathways
- [Initiatives and programs](#) – funded programs supporting First Nations health careers

It's a great place to start if you're thinking about a future in health.

## Queensland Government - Aboriginal and Torres Strait Islander Careers and Training

The Queensland Government [Aboriginal and Torres Strait Islander find jobs and training support programs website](#) has information on:

- Employment programs for Aboriginal peoples and Torres Strait Islander peoples
- Apprenticeships
- Apprentice Connect Australia Providers
- Australian Indigenous Health Info Net
- Community Development Program
- Deadly Start traineeships
- Employability skills

# Gap Year Program News



## A gap Years for you?

Keen to try something new? Start checking out your options now. Your Career has put together handy tips to help you explore short-term opportunities and answer common questions, including:

- [Are you unsure of your next steps?](#)
- [Find a career that suits your interests](#)
- [Looking for something different?](#)
- [Alumni who took a gap year](#)
- [Want to apply for a job now?](#)
- [Explore different journeys for school leavers](#)
- [Additional supporting resources](#)

## Gap Year an option?

A gap year is a break from study where you might:

- earn money
- travel
- explore career options
- focus on sport, music, art or other interests

What you can do in a gap year:

- work (in Australia or overseas)
- travel or go on exchange
- do a traineeship or short course
- volunteer
- try work experience to test a future career

Some students organise it themselves, others go through a gap year organisation. Either way, start planning early (Year 11 is a great time).

Gap year organisations to check out:

- [African Conservation Experience](#)
- [Australian Defence Force Gap Year](#)
- [Green Army](#)
- [InterExchange](#)
- [Letz Live](#)

- [Projects Abroad](#)
- [Rotary Youth Exchange](#)
- [EA Ski and Snowboard Training](#)
- [Student Exchange Australia and New Zealand](#)
- [Southern Cross Cultural Exchange](#)
- [Volunteering Queensland](#)
- [World Education Program Student Exchange \(WEP\)](#)
- [Lions Australia Youth Exchange Program](#)

Important: research carefully and involve your parents/carers in decisions. A well-planned gap year can be a great move.

## Holiday Programs & Short Courses



### **Brisbane Arts Theatre short courses**

The independent Brisbane Arts Theatre is offering a range of 2026 weekend student workshops. It's for students from 8 to 18 years and with various skill levels. [Check their website](#) to register and for up-to-date event details, including:

- [Performing Arts Workshops](#) from 11.30am to 1.30pm on Saturdays during school term time
- [Teen Creative](#) from 9am to 11am on Saturdays during school term time
- [Teen Musical Theatre](#) workshop from 2 - 4pm during term time

## Interstate and International



### Sit SAT for 2026 entry into USA College - be prepared!

If you're thinking about studying in the USA, you'll need to sit the SAT (Scholastic Assessment Test).

The SAT is different to school exams, so it's important to practise using past test questions. [Crimson Education](#) and [Khan Academy](#) both offer free SAT practice.

You register for and sit the SAT through [The College Board](#) and 2026 registrations close on 27 February. Click the link for [full registration details](#).

### University of Melbourne study opportunities

Thinking about studying interstate? Now's a great time to start researching — you'll likely need to submit multiple tertiary admissions applications. Check out the study options and opportunities at The University of Melbourne to see what's on offer including:

- [Find a course](#)
- [How to Apply](#)
- [Entry Requirements](#)
- [Support and wellbeing](#)
- [Connect with us](#)

You can also [register](#) for Melbourne Uni's updates

# Open Days, Expos & Career Markets



## **Brisbane Careers and Employment expo**

Brisbane's Careers & Employment Event is on 28, 29 and 30 May, from 9 am – 3 pm each day.

With 160+ employers and organisations, it's great for school students, parents, teachers, graduates and job seekers. Whether you're looking for a job, a course or new training options, there's something for you.

At the Expo you can get free advice, explore career pathways and chat directly with employers and training providers. You can:

Talk with over 160 Training Organisations & Employers

- Get Free Career Advice
- Discover Jobs of the Future
- Experience the Free Career Seminars
- Enjoy the Come & Try'a Skill Zone
- Find your Ideal Role at the ADF Careers Expo

Mark it in your diary and [find more info here](#).

# Private Provider Updates



## Australian Film TV and Radio School (AFTRD)

Upcoming short courses:

[Storytelling for Business](#) | 11 Mar (online)

[Intro to Media Skills](#) | 11 Feb (online)

[Podcasting for your Brand](#) | 10 Mar (online)

[Screen Business Essentials](#) | 19 Feb (online)

[Screenwriting for Film Bootcamp](#) | 23 Feb (online)

[Intro to Documentary](#) | 9 Mar (online)

[Brief to Script to Great Video](#) | 19 Mar (online)

[Creating a TV Series Bootcamp](#) | 30 Mar (online)

## Endeavour College of Natural Health

If you're interested in natural health, Endeavour College of Natural Health offers hands-on study options across six campuses, plus teaching clinics and flexible online learning. You can even start with just one subject to see if it's right for you.

[Click here](#) to learn more about:

- Course guide
- How to apply
- Student benefits

## Griffith College

Griffith College offers undergraduate diploma programs that, on successful completion, provide guaranteed pathways to degree programs at Griffith University. The College is located at the Brisbane City, Gold Coast and online campuses. Click [here](#) to find out about the following Diploma courses:

- Business (DBUS)
- Criminology and Criminal Justice (DJ)

- Design (DDS)
- Educational Studies (DES)
- Engineering (DE)
- Health Care (DHC)
- Health Sciences (DHS)
- Information Technology (DI)
- International Tourism and Hotel Management (DITHM)
- Science (DS)
- Social and Psychological Science (DSP)

Other study options include:

- Foundation Program (FP)

## **ICHM (International College of Hotel Management)**

ICHM has a campus right in the heart of Adelaide's CBD. It was also the first Swiss Hotel Association institution outside Europe. Students can finish with a Bachelor of Business (Hospitality Management) or continue into the more advanced Bachelor of International Hotel Management (Swiss Hotel Association), which includes extra international management study to give you an industry edge. [Visit their website](#) to explore:

- Bachelor of Business (Hospitality Management)
- Undergraduate Certificate of Hotel, Tourism and Hospitality Operations
- Study abroad courses

## Project, Leadership and Entrepreneur Opportunities



### Micro skill courses to add to your resume

[Grandshake](#) have developed bite-sized micro courses (around 40 minutes each) in workplace skilling that will build your understanding and look great on your resume. So before the year gets too hectic, click [here](#) to check them out.

### Queensland Youth Parliament

YMCA Queensland Youth Parliament (QYP) gives young people a real chance to make change in Queensland. As a Youth Member, you represent young people in your local area, share your views with politicians and learn how Parliament really works. You'll meet MPs, get involved in debates and speak up on issues that matter to you. The program runs for six months. You'll work in a small team to write a Bill about a cause you care about, then head to Parliament House in Brisbane to debate it for real.

Nominations close on 22 February and if you are successful you will be notified in March. [Check it out](#) and [click here to find the nomination form](#).



## Some interesting stats from QCAA - 2025 results snapshot

QCAA [Facts and figures](#) are for the 2025 cohort of Year 12 students:

- Total number of students graduated in Queensland 57,909
- Total number of students achieving a QCE 54,097
- Total number of students awarded a QCIA 1,192
- Total number of students achieving A grades in 6 general subjects or more 1,744
- Total number of students achieving a VET qualification 40,760
- Total number of students studying a university subject while still at school 1,683

# Study Skills and Wellbeing



## Be in a 'good space'

Start your new year well! When you do, you can continue with the positive approach and end up in the space you want to be in. Create a good space for yourself by:

- Eating well, sleeping well and enjoying life
- Managing your time well
- Making a study plan and sticking to it
- Making time for family, friends and especially YOURSELF
- Making sure you have some fun
- Keeping things in perspective as there are many ways to get to where you want to go
- Being resilient and staying positive even when things don't quite 'go right'

## Good study balance and management

When you're studying, you need to give yourself every chance of success. QCAA's series of videos featuring clinical psychologist, Dr Judith Locke gives you practical tips to take control of your study, while also looking after yourself. [Click here to watch](#) her 1 - 2 minute videos on:

- Study balance - Did you know you can study too much
- Procrastination - Do you procrastinate often?
- Limiting distractions - Study smarter and limiting distractions
- Transforming information - Do you forget what you study?
- Perfectionism - Perfectionism isn't a personality trait
- Exam stress - Struggling with exam stress?
- Sleep - Sleep is the best thing you can do!

## Starting new habits or disciplines

Tim Elmore from Growing Leaders has put together his thoughts on starting a new year with a positive attitude and good habits. [Click here](#) and read more about:

- When it comes to living by our values, the issue is not prioritizing your schedule but rather scheduling your priorities
- Each year begin a few new positive habits
- Check your motives at least once a week
- Accountability - it's essential

## TAFE at School Program and Courses

If you're in Year 10, 11 or 12, you can study a TAFE Queensland course while still at school. You can choose from Certificate I to III courses in heaps of areas – from Hospitality and Horticulture to Early Childhood and Engineering. Complete a TAFE at School course and you'll get:

- a nationally recognised qualification
- QCE credit
- direct entry into a TAFE Queensland diploma

Chat with your VET Coordinator or teacher to get started. Click [here](#) for more info, including:

- TAFE at School
- How it works
- Pathway to a trade qualification
- Open up pathways to TAFE and University
- Understanding ATAR
- Information for parents and advisors
- Other opportunities other than Uni at TAFE
- TAFE at school guides
- Trade Taster Programs
- How to apply
- TAFE at School guides for
  - o North Queensland
  - o Darling Downs and South West
  - o Gold Coast
  - o Greater Brisbane
  - o Sunshine Coast and Wide Bay

## Trade and TAFE

Looking to build lifelong skills and earn qualifications that lead to a rewarding career? TAFE Queensland offers loads of trade training across a wide range of industries - 19 in fact!. [Click here](#) and find out about trade jobs, learning practical skills, getting job-ready that will open the door to real career options.



## Open Universities

[Open Universities Australia](#) lets you study single subjects or full degrees with government funding available. They partner with universities across Australia like UNSW, La Trobe, Curtin, UNE, ACU and Griffith, offering 270+ degrees and 1,600+ subjects in one place.

When you enrol, you're a student of your chosen uni and study online — it's the same course as on campus. Some of the study areas you can choose from include:

- Architecture & construction
- Art & creative design
- Business & management
- Community services & care
- Education & teaching
- Engineering
- Health & medical science
- Humanities & social science
- IT & computer science
- Law & justice
- Media & communication
- Psychology & mental health
- Science
- [Explore study online](#)
- [Search all courses](#)

## Australian Catholic University

### Choose your pathway or entry program

There's more than one way to get to uni — and pathways can help you get in sooner or boost your chances. If university is part of your career plan, pathways and entry programs can help you meet course entry requirements or even fast-track your studies.

[Click here to explore](#) ACU pathways, including:

- What pathways and entry programs are
- Pathways
- Find your pathway
- How it works

- Entry programs

## Reputation and ranking

You see how ACU measures up in university rankings, research quality, graduate outcomes, subject strengths and more by clicking [here](#) including:

- ACU at a glance
- A globally ranked university including:
  - 1st in Australia and 17th worldwide for research quality
  - in the top 100 for young universities
- in the top 15 institutions globally and first in Australia for scientific impact across all disciplines
- Subject and research expertise
- Student satisfaction
- Graduate outcomes
- Making a difference

## Bond University

### Bond's National High school Mooting Competition

Hosted by the Bond University Faculty of Law, the National High School Mooting Competition is one of Australia's longest-running competitions of its kind. It gives you a chance to learn how the law works and start building real legal skills. If you're thinking about studying law, this is a great way to try out a real law-school style activity before uni. Go see your teacher and/or [find out more here](#) - applications open SOON.

### Business School Year 12 Extension Program

The Year 12 Extension Program is a free, two-day workshop that gives you a taste of what uni life at Bond is really like. You'll work with expert academics, explore real-world examples, and see how your senior subjects connect to university study — helping make the jump from school to uni easier.

Bonus: Top students in each stream can earn part-fee scholarships, only available through this program.

- Maths stream - Monday 13 and Tuesday 14 April (School holidays)
- Business streams - Thursday 16 - Friday 17 April (School holidays); Monday 27 - Tuesday 28 April and 6 - 7 May (Term time)

[Click here](#) for more details and to register.

## Griffith University

## Griffith Sports College

Griffith Sports College supports students who are elite athletes to train, compete and study at the same time. The Elite Athlete Friendly University Network helps hundreds of student athletes balance sport and uni each year with support like:

- direct admission and flexible entry
- personalised degree advice and course planning
- timetable, class, assessment and exam flexibility
- access to on-campus gyms and sporting facilities
- funding for selected sporting events
- discounted physio and sports science services
- tutoring support (where available)

Perfect if you're serious about sport and uni so [click here to see if it is a fit](#) for you.

## Queensland University of Technology

### Careers with STEM: Science

Join QUT for a free science webinar with Careers with STEM on Wednesday 25 February at 12pm to hear from QUT experts and alumni shaping the future—from horse-hoof disease to lithium-ion battery tech to growing crops in space! Click [here](#) to find out more and to register.

### Engineer Your Future

Year 9-12 students can get a real taste of Engineering at this hands-on experience day at QUT's Gardens Point campus on Saturday 14 March from 8am to 4pm. Explore multiple engineering disciplines, take on interactive challenges and connect with professional engineers and QUT students. [Register now.](#)

### Explore courses and careers in Health

Are you interested in studying health after high school? Curious about what it's really like to be a uni student? Or wondering about the careers available in health? Explore the [Health Insights blog](#) and read about the experiences of real QUT Health students.

### Love Science and want to fight disease? Bachelor of Medical Laboratory Science might be for you!

Medical laboratory scientists are behind the scenes making big things happen. They run scientific investigations, test samples from humans and animals and use high-tech lab equipment to help doctors diagnose illness. If you're into biology, chemistry or health science, this could be a great fit. You'll get hands-

on experience and learn skills that really matter in healthcare. Curious what it's actually like to study medical laboratory science? [Find out more here.](#)

### **QUT Bachelor of Built Environment (Honours) - Love the outdoors and design?**

Landscape architects design spaces that people actually *use* and love — think parks, playgrounds, city spaces and big urban projects. Their goal? Places that are healthy, inclusive, sustainable and built for the future. With Brisbane gearing up for the 2032 Olympic and Paralympic Games, this career is full of exciting opportunities, especially if you care about the environment and shaping cities. If designing greener, smarter spaces sounds like you — learn more and explore where this career could take you. [Learn more here.](#)

### **QUT Future You Summit application support**

Students in Year 11 or 12 who are interested in attending [QUT's Future You Summit](#) in the winter school holidays can join the summit team online on Wednesday 11 March, 6 - 7pm, to learn about the application process and ask any questions. [Learn more about the application support session.](#)

### **START QUT Webinar**

Want to test drive uni while you're still at school? Join the [START QUT](#) webinar and find out how you can study a real QUT subject in Semester 2 of Year 11. When - 31 March from 6:00–7:30 pm. Students and parents welcome. You'll learn:

- how START QUT works
- what it's really like to study a uni subject while at school
- hear directly from past students about their experience

Keen to see if uni's for you? [Register now](#) and check it out!

## **Southern Cross University**

### **Why this uni?**

Southern Cross University is all about helping you do your best. Their modern learning model gives you a deeper, more practical uni experience that's designed to improve your results and set you up for life. They're based in regional communities, proving you don't have to study in a big city to get a world-class education. You'll learn from expert teachers, be part of real research and work on projects that matter — locally and globally. [Click here for more info on:](#)

- About us
- Our courses
- Campuses

- Our students
- Ratings
- Scholarships

## The University of Queensland

### Medicine Information Evening

Attend UQ's information session to learn about studying medicine at The University of Queensland (UQ). What's involved

- Learn about admission requirements and how to apply for the Doctor of Medicine (MD).
- Gain insight into UQ's MD program structure, clinical placements, learning experiences and student support.
- Explore entry pathways, including partnerships with CQUniversity and UniSQ.
- Hear from UQ Medical School academics about UQ's new medical pathway.
- Hear insights from recent graduates and current students.
- Participate in an interactive Q&A with alumni and current students.

[Click here to register](#) for the in person event on 17 March from 6 - 7:30pm or online on 18 March from 6 - 7:30pm.

## University of Southern Queensland

### Career Finder

If you're wondering what your future career might look like or you have a dream job in mind and you're not sure what your first steps should be UniSQ's Career Finder is a good place to start. Explore some of your options and take that next step towards a rewarding and fulfilling future. [Click here to give it a go.](#)

### Is UniSQ you?

It's never too early to start researching your options after school. If you are thinking about Uni you might want to visit the UniSQ [website](#) and read about the benefits of studying at UniSQ. There is information about:

- Study areas and degrees
- USQ early Entry
- Head Start
- Scholarships
- FAQ's

## University of the Sunshine Coast

### Parent info in Parent Lounge

[The Parent Lounge](#) has heaps of resources that parents can use to support their children as they transition to university study including:

- Parent Lounge Update
- Pathways to study
- Courses and programs
- Resources for Parents
- Fees
- Scholarships
- Accommodation and transport
- Getting a Headstart

### Right Uni Course = Great Career ... but which course?

The [Career Directory](#) can be of help when you know the career you want but don't know what UniSC course you can do to get there. Check it out as you don't know what you will find out!

# Upcoming Events

Date	Event
10/02/2026	Safer Internet Day
11/02/2026	ADF: Air Force Careers Virtual Information Session
11/02/2026	ADF: Gold Coast ADFA Careers Information Session
12/02/2026	ADF: Maroochydore ADFA Careers Information Session
12/02/2026	ADF: Toowoomba Defence Careers Information Session
13/02/2026	UQ Sunflower Competition applications close
16/02/2026	ADF: Brisbane Gap Year Information Session
16/02/2026	ADF: Rockhampton Indigenous Pathways Information Session
16/02/2026	CQU SUN Tri 1 applications close
16/02/2026	QUT BlueShift competition closes
17/02/2026	ADF: Cairns A Night In The Army Reserve
17/02/2026	ADF: Gladstone Indigenous Pathways Information Session
17/02/2026	ADF: Gold Coast Army Careers Information Session
17/02/2026	ADF: Hervey Bay School Leavers, Parents and Teachers Information Session
17/02/2026	ADF: Toowoomba ADFA Careers Information Session
18/02/2026	ADF: Brisbane ADFA Careers Information Session
19/02/2026	ADF: Brisbane School Leavers, Parents and Teachers Information Session
19/02/2026	ADF: Townsville ADFA Careers Information Session
19/02/2026	ADF: Townsville ADFA Careers Information Session
22/02/2026	QLD Youth Parliament nominations close
23/02/2026	ADF: Maroochydore Gap Year Information Session
25/02/2026	Careers with STEM: Science
25/02/2026	Myfuture webinar about Cyber security careers
27/02/2026	The Australian Computational and Linguistics Olympiad (OZCLO) entries close

06/03/2026	QUT Accounting Channenge registrations close
10/03/2026	QUT Year 12 Advice Night webinar
11/03/2026	QUT Future You Summit application support webinar
14/03/2026	Engineer Your Future
17/03/2026	UQ Medicine Info meeting
18/03/2026	UQ Medicine Info session
18/03/2026	Very Short Film Festival
27/03/2026	Australian Stockholm Junior Water Prize applications close
31/03/2026	QUT START QUT Webinar