

Triggers

These are events that are most likely to initiate, switch on or escalate the behaviour.

Crisis:

Behaviours that challenge:

Regulating but sensitive management is needed

Escalation of behaviour

Return to regulated

Setting Events

These are those situations or internal states in which the behaviour is more likely to happen e.g. being hungry

What are the early warning signs that lead up to full escalation?

What does regulating look like?

Regulated:

What does regulated look like? What does happy look like? E.g., activities the young person may be doing.

Recovery: