



**Mooroopna Education
& Activity Centre**

What is on at Mooroopna Education & Activity Centre Term 3.

COURSES 2018

Follow Workplace Hygiene Procedures
Implement Food Safety Procedures
Beginners and Beyond – Computers-**New**
Intro to Excel-**New**
Line Dancing
One-on-One Computer Tutoring available. Cost \$45 per hour.

Grief and Trauma Counselling

In partnership with Rumbalara, Grief, Bereavement and Trauma counsellor Lance James is providing his services to the local community. Counselling appointments are available at MEAC on Wednesdays by appointment. All welcome No Charge. Please phone MEAC 5825 1774

The Women's Gathering Group Hub Complex Every second Wednesday 12.30pm-4pm Cost: No Charge

Health and Wellbeing Classes-Jodi Campbell Verdure Naturopathy-**New**

Classes on:- The Perfect Pain Killer and Diet and Disaster **\$2**

MEAC Exhibitions

Ross Morgan-Aboriginal Artist

Art classes every Tuesday 10am to noon \$5.00

Exercises classes Strength Training, Healthy Hearts, Muscle Men, Back on Track and many more.

Room Hire available at reasonable rates.

For these and any other enquires please contact MEAC on 58251774 or go to our website meac.org.au

Follow us on our web site www.meac.com.au or Find us on 