## KINGSTON YOUTH SERVICES

Kingston Youth Services offers Counselling and Youth Work Support for young people 12-25 years with a link to the City of Kingston.

There is no need for a mental health care plan and sessions are free with online sessions also available.

To request an appointment:

- Call 1300 369 436
- Email youth.services@kingston.vic.gov.au, or
- Visit kingstonyouth.org.au and complete an enquiry form

We also offer supported referrals, our youth work team can help link you with another service in the area that may specialise in your needs.

# FREE COUNSELLING AVAILABLE

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# FREE YOUTH WORKER SUPPORT AVAILABLE

## UNIVERSAL

With our History edition all wrapped up, our Universal team is working on Music, as the next edition theme!

Universal is an amazing creative outlet for our young people, where they are given the opportunity to show off their talent in writing, drawing, designing and everything in between. Our Music edition will allow readers to discover new songs and artists, as well as hear about life backstage at school musicals.

To register click here and complete an Expression of at kingstonyouth.org.au/universal



# ASPENDALE YOUTH COVE

We know how much our young people love cooking and coming together so we have developed our very own online cooking sessions.

Each week cooking boxes with a recipe card and core ingredients will be home delivered to participants in time for them to join the Aspendale Youth Cove (AYC) staff online to cook together and hang out.

To join these sessions, you must be 11-17 years old with a connection to the City of Kingston and complete an Expression of Interest form at kingstonyouth.org.au/ayc-aspendale-youth-cove



## FREEZA FUSE PRODUCTIONS

The FReeZa Fuse Productions Crew is passionate about supporting and promoting the talents of local young musicians. Our Fuse Productions Crew run a variety of music events and entertainment for young people in the City of Kingston throughout the year and are always busy exploring ways to bring you the new and exciting opportunities.

Being a member of a FReeZA Program allows you to develop new skills, meet new people, develop networks in the music industry and, most importantly – HAVE FUN!

To register click here and complete an Expression of at kingstonyouth.org.au/freeza-fuse-productions



### QUEER IN KINGSTON

Queer in Kingston (QIK) is a free, confidential, weekly social support group for young people aged 12-18 years with a link to the City of Kingston who may identify as same sex attracted, gender diverse or questioning their sexuality and gender.

The group provides a safe space for members who can learn from and receive support from each other. Dedicated and passionate youth workers head up the sessions and members can take part in a variety of activities and discussions. Group is currently held online.

To register click here and complete an Expression of Interest form at kingstonyouth.org.au/qik



## CONNECT

Transitioning into adulthood as a queer young person can be overwhelming and opportunities to meet like-minded people can feel few and far between. Connect supports LGBTIQA+ young people to network with other members of the Rainbow Community within the City of Kingston.

Dedicated and passionate youth workers work together with members to plan and organise sessions that are centered around discussions designed to increase greater understanding of LGBTIQA+ themes and topics, creating or seeking out advocacy opportunities and of course networking with the greater community. Group is currently held online.

To register click here and complete an Expression of Interest form at kingstonyouth.org.au/connect

