



RINGWOOD CENTRAL
TENNIS ACADEMY

TENNIS COACHING 2020
TUESDAYS, WEDNESDAYS & FRIDAYS

ANZ Hot Shots Tennis

FREE T-SHIRT AND RACKET

Tuesdays, Wednesdays and Fridays from 3.45pm

Cardio Tennis

ADULT SESSIONS

Tuesdays 6.45pm - 7.45pm and Wednesdays 7.00pm - 8.00pm

Squad Training

JUNIOR COMPETITION PLAYERS

Tuesdays 6.00pm - 7.00pm

Group Lessons

JUNIOR SESSIONS

Tuesdays, Wednesdays and Fridays from 4.00pm

ADULT SESSIONS

Tuesdays 7.30pm - 8.30pm and Wednesdays 6.00pm - 7.00pm

Private Lessons

JUNIOR AND ADULT SESSIONS

Tuesdays, Wednesdays, Fridays and Sundays to suit

SUNDAY COACHING NOW AVAILABLE

All ages and abilities welcome

PLEASE CONTACT THE CLUB COACH AND DIRECTOR MARIA FOR YOUR **FREE TRIAL LESSON**

0407 851 979