

# Murrumbeena Kids' Café

## Canteen Menu (Effective January 2023)

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### Lunchtime Classics

Available as Sandwich, Tortilla Wrap or Roll  
(Roll = 80 cents extra) - all on Wholemeal

Cheese	\$3.20
Vegemite	\$3.20
Sliced Ham	\$4.30
Tuna	\$4.30
Salad (Seasonal vegies)	\$4.30
Egg and Lettuce	\$5.20
Roast Chicken	\$5.20

Add Lettuce, Cheese, Tomato, Carrot, Cucumber  
(40 cents each)

Add Avocado (60 cents)

Choice of Butter/Nuttex

### Fresh Sushi Rolls

Tuna & Mayonnaise	} all \$4.10
Smoked Salmon & Avocado (GF)	
Vegetarian (V & GF)	
(Soy Sauce – 5 cents)	

## SUSHI ONLY AVAILABLE TO ORDER ON WEDNESDAYS

### ALLERGY ALERT.

The tuna/salmon sushi will contain mayonnaise  
made with egg.

### Toasted Focaccias:

Cheese	\$4.50
Cheese & Tomato	\$5.10
Ham & Cheese	\$5.20
Ham, Cheese & Tomato	\$5.60
Roast Chicken, Avocado & Cheese	\$5.90

### Vegetarian Options

Salad Box (lettuce, cheese, cucumber, tomato, carrot)	\$5.20
Extra Egg	0.70
Ham/Chicken	\$1.10

### Vegetarian Options (continued)

Macaroni & Cheese	\$5.50
Margarita Pizza	\$4.70
Spinach & Ricotta Roll (hot)	\$5.00
Corn Cobs	\$1.30
Baked Potato with cheese	\$5.90
Baked potato with cheese	\$5.90
Or add your choice of:	
- corn	
- tuna	

Pumpkin Soup	\$3.20
Pumpkin Soup with Bread Roll	\$4.20

### More Meaty Lunches for the very hungry

Cheese Burger: <i>low fat beef pattie with 2 slices of cheese and sauce</i>	\$5.70
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Chicken Burger: <i>crumbed tenderloins with lettuce, cheese and mayo</i>	\$6.40
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Crumbed Chicken Tenderloin wrap with lettuce and your choice of sauce (BBQ Tomato or Mayo)	\$6.40
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Butter Chicken with Rice	\$5.50
Lasagne	\$5.50
Spaghetti Bolognaise	\$5.50
Party Pie	\$2.00
Party Sausage Roll	\$2.00
Sausage Roll (large)	\$4.00
Hot Dog	\$4.00
Pizza – Hawaiian	\$5.50
Chicken Nuggets (5) & dipping sauce	\$4.70
Chicken Strips (3) & dipping sauce	\$5.70
(Choice of dipping sauce: Tomato or BBQ)	
Tomato Sauce Sachet	0.40

### Extra fillers: Scrolls / Muffins

Home Made Muffin:

- Chocolate, Blueberry or Raspberry & White	
Chocolate	\$2.70
Homemade ANZAC cookie	\$0.90

### Snacks to fill the gaps!

Popcorn	\$1.60
Mamee Noodle Snacks	
(Chicken or BBQ)	\$1.30
Vege-Chips	\$1.80
Ovalteenies	\$1.30
Gingerbread Kids	\$1.80
Hommus with Celery/Carrot Sticks	\$2.10
Fruit Salad	\$3.10
With Yoghurt	\$3.60

### Drinks:

Nippys Milk 250ml

*\*Chocolate, Strawberry or Honeycomb* \$2.60

Milo (Hot or Cold) \$2.50

100% Popper Tetra Juices

– *Apple, Orange, App/Blackcurrant* \$2.30

### From the Freezer

Fruit Stick Icy pole \$1.10

Moozie – Frozen Milk

(*Chocolate, Bubblegum, Banana*) \$2.10

Frozen Yoghurt

(*Mango, Strawberry, Raspberry*) \$2.70

### Over the counter:

Snacks, drinks, fruit and freezer items listed earlier are all available over the counter at recess and lunchtime. There are also small snack biscuits or crackers for children with only 5- 20 cents to spend.

Maximum quantities of these (50c) will be enforced in order to enable all children to buy these items.

### THE FOLLOWING ITEMS ARE AVAILABLE OVER THE COUNTER ONLY –

#### Available in Terms 1 & 4 only

Slushies (99% real fruit juice)	\$1.80
Frozen Watermelon	\$1.10

- Children who order frozen items must bring their bag to canteen window to collect. No need to queue, come straight to front at corner of window.

**BAG MUST BE PRODUCED TO COLLECT ITEM.**

**Our preferred method of payment for lunch orders is online through Qkr!**

**Please download the app**

