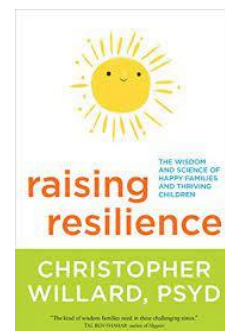


Raising Resilience by Christopher Willard

Raising Resilience is a practical guide for parents and educators of children from preschool through adolescence, detailing ten universal principles for happy families thriving children.



and

Anxious Kids

How children can turn their anxiety into resilience by Michael Grose and Jodi Richardson

Anxious Kids offers parents a new perspective on their children's anxiety, encouraging them to view each episode as an opportunity to empower their kids with the skills to manage anxiety, and thrive.

