



# **CAREERS NEWSLETTER**

**Disclaimer** – all information is printed in good faith It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email <u>imadani@stpiusx.nsw.edu.au</u> or call 9414 4388. **JobJump - Parents and students please watch YouTube video below and sign up** Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts. To register go to <u>https://www.jobjump.com.au/</u> Search school – St Pius X Chatswood Register with an email address (use a private address, not spx) Password – pius (lower case) **Parent information:** <u>https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be</u>

# IWD 2025: In Conversation with Professor Georgian Long AO

Organisation: NSW Department of Education Location: Online Date: March 3, 2025 Join us for an inspiring International Women's Day Webinar, featuring a special guest, Professor Georgina Long AO, Co-Medical Director of the Melanoma Institute Australia and a globally recognised leader in melanoma research. This exclusive event is designed for school students, providing a unique opportunity to hear from an award-winning scientist, medical oncologist, and advocate for innovation in healthcare. Teachers must register on behalf of their students. Find out more and register

# Year 12 Future Talk – Demystifying University & The Future World of Work

Organisation: University of Wollongong

Location: Online Date: March 3, 2025

Future Talk is a series of online information sessions designed specifically for a student's support crew. If you're a parent or carer who is navigating the HSC too, we've got your back.

This session breaks down the language of higher education, offering practical strategies to support young people in making positive post-school decisions with confidence. We'll explore key trends in education and the workforce—locally, nationally, and globally—along with the impact of AI and emerging technologies on future career opportunities.

Find out more and register

# **US College Sport Scholarship Information Session**

Organisation: Study & Play USA Location: Online Date: March 3, 2025

This webinar is open to athletes, families, Career Counsellors, Heads of Sport, club coaches from across the globe, wanting to learn more about the US College pathway.





Why attend?

- Interested to learn more about the US College Pathway? Never heard of the NCAA before?
- Wanting to know what a scholarship actually covers?
- Intrigued by how our recruitment company can assist you with this process?
- Not sure if your grades are good enough to go to the US? Not sure if athletically you are where you need to be to get interest?

Find out more and register

# **BMIHMS Hospitality Career Insights Webinar**

Organisation: Torrens University Australia

Location: Online

Date: March 4, 2025

Are you interested in starting your career in hospitality industry?

Discover the most in-demand career paths, emerging industry trends, and exciting placement opportunities available through BMIHMS. Hear first-hand from an alumnus and a current student about their journey, challenges, and successes in the industry. Whether you're a student, professional, or aspiring hospitality leader, this session will be the perfect thing you need to help you land your dream role. <u>Find out more and register</u>

Sydney Gap Year Information Session

**Organisation:** Australian Defence Force

Location: Rhodes Business Centre

Date: March 4, 2025

Wondering what to do with your time after finishing school? Consider doing a Gap Year with the Australian Defence Force (ADF)!

Spend 12 months with the best of the best as you get paid to experience life in the Navy, Army or Air Force, having unique life experiences and making lifelong friends along the way.

Come along to an upcoming info session where you can speak to military personnel about what an ADF Gap Year has to offer you.

Find out more and register

# Your Passport to an International Career: Bachelor of International Studies

Organisation: University of Sydney

Location: Online

Date: March 5, 2025

Ever dreamt of making a global impact? In Sydney's Bachelor of International Studies you will dive into the world's most challenging issues and gear up for a career that knows no borders - be it in business, diplomacy, policy-making, or advocating in a global civil society. Join our webinar and discover how our degree can help you navigate the global arena. Don't just watch the world change - be the change!

Find out more and register

# **UNSW Aviation Information Session**

**Organisation:** University of New South Wales

Location: Online

Date: March 6, 2025

As air traffic continues to increase, the industry needs more airline pilots and aviation professionals to meet demand. Hear from UNSW Aviation staff and students and find out how you can kick start your career in this important industry.

Discover the exciting world of aviation at UNSW as our speakers delve into their personal experiences and share their insights into the broad range of career opportunities in the aviation sector.

Connect with our staff and students during the Q&A to discover the diverse range of student experience opportunities on offer at UNSW and get all your questions answered.





# WEPTalk

Organisation: World Education Program Location: Online Date: March 6, 2025 Join us online as we present information about WEP and our student exchange programs, including the best time to go, which countries offer which program, information about host families, schools, and all other things student exchange! Find out more and register

# **Teacher PL: Onsite creative writing tour**

Organisation: State Library of New South Wales Location: State Library of New South Wales Date: March 6, 2025

Join us on a tour through the Library to immerse yourself in our collections and experience how the Library has provided inspiration for generations of writers. At designated stops along the way, you will have the opportunity to embrace the joy of writing for sheer pleasure, and experiment with different writing prompts and stimulus that you can then use in your classrooms.

There will be opportunities to collaborate and share ideas with other educators and build up your toolkit for creative writing activities.

APTS (teacher identified): 2.1.2, 3.4.2, 6.2.2, 7.4.2 Find out more and register

# HSC History Extension: Writing the Project 2025

Organisation: State Library of New South Wales Location: Online

#### Date: March 6, 2025

Join us for an online HSC History seminar focusing on writing the project. This interactive online seminar is presented by Museums of History NSW and the State Library of NSW.

There will be two focus areas:

- Jonathon Dallimore will assist students to whittle down the scope of their research question, refining big ideas to an achievable and tangible focus.
- Michelle Kennedy will interrogate high-quality examples of past student's writing samples, identifying methods to compose a well-structured and engaging major work.

Find out more and register

# **Deborah Lawrie: The Fight to Fly**

Organisation: University of New South Wales

Location: UNSW Kensington Campus

Date: March 6, 2025

Over 40 years ago, Deborah Lawrie broke barriers to become Australia's first female commercial airline pilot. Her path wasn't easy — she battled a landmark High Court case to challenge gender discrimination in employment and prevailed, all while facing blatant prejudice and unapologetic misogyny.

Deborah's determination didn't just open cockpit doors; it helped pave the way for equal opportunity across maledominated industries, opening economic doors for women Australia wide.

This International Women's Day hear Deborah Lawrie in conversation with journalist Sarah Malik, on her story and how we can accelerate action for gender equality through education, allyship, and the dismantling of systemic barriers.

Find out more and register





# Fleet Base East Open Day

Organisation: Australian Defence Force Location: HMAS Kuttabul Date: March 8, 2025

The Royal Australian Navy are proud to host Navy Week events across Australia. Come and visit for a fun day out with the family, meet current-serving Sailors and Officers and gain a first-hand view of what life in the Navy is like. What to expect:

- Learn how to join the Navy through our ADF Careers and much much more!
- Ship tours take a look at the ships keeping our shores safe
- Static displays from key units in the area
- Live entertainment by the Royal Australian Navy Band Sydney

Find out more and register

# **PCT & Practice PCT + Info Session – Taree**

Organisation: NSW Police Location: PCYC Taree Date: March 10, 2025

The Recruitment Branch invites you to an information event, where you will:

- gain insight into the application process
- be given an opportunity to take part in a practice Physical Capacity Testing (PCT) session

Qualified NSW Police officers will be on hand to answer your PCT questions and it will not be recorded as an official result towards a police application.

There is no obligation to stay for the PCT session, however this would be a good opportunity to test yourself in an informal environment.

Find out more and register

# **Schools Update Day**

Organisation: Southern Cross University

Location: Gold Coast, Northern Rivers & Coffs Harbour

Date: March 11 to March 27, 2025

Join us for Southern Cross University's School Update Day, an opportunity to connect with the University community and hear key updates for 2025!

Topics will include the 2025 academic calendar, Early Offer application dates, new courses, and our School Engagement Program, followed by a networking lunch with faculty.

This event is open to Career Advisors, Guidance Officers, Principals, and Year Coordinators. We look forward to welcoming you to gain insights and prepare for an exciting year ahead.

Held from 8:45am - 12pm, with lunch from 12pm - 1pm. A detailed schedule will be sent to all registrants before the event.

**Gold Coast** - Tuesday 11th March **Northern Rivers** - Tuesday 25th March **Coffs Harbour** - Thursday 27th March <u>Find out more and register</u>

# Holsworthy A Night in the Army Reserve

**Organisation:** Australian Defence Force **Location:** Holsworthy Barracks

Date: March 11, 2025

Want to serve without the full-time commitment of joining the Australia Defence Force? Look to the Army Reserve. You'll receive tax-free pay in part time roles that you can do one night a week, one weekend a month or a few weeks a year.





Join ADF Careers at the upcoming A Night in the Army Reserve and speak with current serving personnel about the roles on offer.

On the night you will have the chance to check out:

- Military Vehicles
- Static Military Displays
- Interactive Military Displays
- Learn more about the Army Reserves

Find out more and register

# Western Sydney Defence Careers Information Session

**Organisation:** Australian Defence Force **Location:** Parramatta ADF Careers Centre **Date:** March 11, 2025

Wondering whether a job in the Australian Defence Force (ADF) is the right fit for you?

Come along to an upcoming info session where you'll have the opportunity to ask questions and learn everything you want to know regarding job roles in the Navy, Army and Air Force.

You'll have the chance to speak with current serving members to see if an ADF career is the one for you. Find out more and register

# **ADFA Careers Virtual Information Session**

Organisation: Australian Defence Force

Location: Online

Date: March 12, 2025

At the Australian Defence Force Academy you will receive service training while studying for your UNSW degree, and graduate as an Officer in the Australian Defence Force.

Join us for a virtual info session to find out how the Australian Defence Force Academy can change your life. <u>Find out more and register</u>

# **CGA Trial Class**

Organisation: Crimson Global Academy Location: Online

Date: March 12, 2025

Join a CGA Trial Class to meet one of our expert teachers and get a taste of the CGA classroom experience. This class is catered to students aged 12-16, with parents of course welcome to sit in too!

After a quick lesson, we encourage you to use this opportunity to ask the teacher about:

- The technology and platforms typically used
- Homework and assessments at CGA
- CGA's feedback and reporting processes
- Online versus traditional classrooms
- The online student-teacher relationship
- Support in and out of the classroom
- And whatever else comes to mind!

Find out more and register

#### Year 12 Medicine Information Evening

**Organisation:** University of New South Wales **Location:** Online **Date:** March 12, 2025 Are you interested in a career in medicine?





Start your medical career at one of the top medical schools in the world. Studying the Bachelor of Medical Studies/Doctor of Medicine at UNSW will provide you with the theoretical understanding and practical experiences you need to launch your career as a medical professional.

UNSW's Medicine Information Evening, for current year 12 students, will provide insight into the dynamic blend of hands-on clinical experiences and research-focused learning that you will be immersed in as a UNSW Medicine student. You'll also find out detailed information on the application and admissions process for 2026 entry, including special entry schemes such as Rural, Gateway and Indigenous Entry Schemes.

Join us online where you will hear from our expert panel of academic staff, current students and advisors, and get all of your UNSW Medicine questions answered.

Find out more and register

# **Study Animal and Veterinary Bioscience at Sydney**

Organisation: University of Sydney

Location: Online

Date: March 12, 2025

The Bachelor of Animal and Veterinary Bioscience at Sydney offers you the opportunity to acquire an industryoriented science-based education that leads to a career in a wide variety of veterinary and animal science industries. Whether you wish to become an animal welfare champion or an expert consultant in animal behaviour and management, the future holds endless possibilities. Join us as we explore the field with our very own expert and academic coordinator.

Find out more and register

# Hansen Scholarship Program online information evening

Organisation: University of Melbourne

Location: Online

Date: March 13, 2025

Talented Year 12 students, parents, careers practitioners, and other support people are invited to join us for an online information session to learn more about the University's most generous undergraduate scholarship: the Hansen Scholarship.

As a Hansen Scholar, you'll join a program that nurtures potential and provides a place where your ambition can grow, offering you access to a high-quality university education that might otherwise feel out of reach. Valued at up to \$108,000, this scholarship offers a fully-funded place to call home at Little Hall for three years. Alongside the close-knit residential community, tailored mentoring, extracurricular activities and focused financial support will set you up for success.

In this one-hour session, we'll cover:

- Eligibility and selection criteria
- Timelines and the application process
- Tips and advice on submitting a competitive application
- Benefits of the program including the fully-funded offerings of Little Hall.

You'll hear from a current Hansen Scholar who will share their experiences about the program and be available to answer your questions. A recording of the session will be made available for registrants who can not tune in on the night.

Find out more and register

# Sydney Defence Comms, IT & Intelligence Roles Information Session

Organisation: Australian Defence Force

Location: Sydney ADF Careers Centre & Online

Date: March 13, 2025

Get connected with a future-focused career, using technologically advanced sensor and communication systems to keep the Australian Defence Force (ADF) in touch, informed and operating effectively.

Join us for an info session and speak with current serving personnel about Communications, IT and Intelligence careers in the ADF.

Find out more and register



### **SCCE Information Session Webinar**

Organisation: Southern Cross Cultural Exchange

Location: Online

Date: March 13, 2025

Preparing for your exchange program is an important part of the process and is vital to continued program success. At these online meetings, an experienced member of our team will share an overview of the high school exchange programs with Southern Cross Cultural Exchange.

You'll learn more about living with a host family and how studying overseas can help you develop confidence and independence... and gain a lifetime of memories.

Explore your destinations, program options and ask questions about how you can immerse yourself into a new life, culture, family, and high school overseas.

Find out more and register

# Sydney West Careers & Employment Expo 2025

Organisation: Kym Jones Exhibitions

Location: Sydney Showground

Date: March 14 to March 15, 2025

Sydney West's New Careers & Employment Event will open on March 14 & 15, 2025, at the Sydney Showground. The Expo will showcase over 120 organisations and employers with career opportunities for all ages. Entry is free. The event is for school students, parents, teachers, graduates, job seekers, people looking for courses and workers seeking new opportunities.

Find out more and register

### Year 11 Parents and Carers' Webinar

**Organisation:** University of Wollongong **Location:** Online

Date: March 17, 2025

You play a key role in guiding your teen through their university journey. Join our informative webinar to learn about the UOW Early Admission program, the significance of Year 11 results, and how to help them choose a degree that aligns with their strengths and passions. Our experts will walk you through the process, provide valuable insights, and answer your questions so you can provide support with confidence. Find out more and register

#### **BiG Day In, UTS Day 1**

Organisation: ACS Foundation Location: The Great Hall @ UTS Date: March 18, 2025 Join us in The Great Hall @ UTS on Tuesday 18 March for the 2025 BiG Day In IT Careers Conference. Hear from speakers from Microsoft, Google, Adobe, Westpac, Woolworths, Wisetech Global, Defence Jobs Australia, Animal Logic and more to come to learn where a STEM career can take you. Find out more and register

#### BiG Day In, UTS Day 2

Organisation: ACS Foundation Location: The Great Hall @ UTS Date: March 19, 2025 Join us in The Great Hall @ UTS on Wednesday 19 March for the 2025 BiG Day In IT Careers Conference. Hear from speakers from Microsoft, Google, Adobe, Westpac, Woolworths, Wisetech Global, Defence Jobs Australia, Animal Logic and more to come to learn where a STEM career can take you.





# **Career Conversations @ Home – Helping parents have positive career convos!**

# Organisation: Arrive & Thrive

# Location: Online

# Date: March 20, 2025

Come join Tyson Day, the Co-Founder and Lead Facilitator of Arrive & Thrive, as he shares the best way to have impactful career conversations in and around your home environment that produce clarity, career discovery, and momentum. Tyson will share concepts and practices that he has learned through his 10+ years of experience in career education and the 85,000 students who have attended Arrive & Thrive workshops since 2019. In our webinar, you can expect to learn:

- How can you positively influence your young person in their career decisions.
- How can you effectively navigate the future of work and understand your young person's options.
- How to communicate effectively through the GROW model to support your young person in career exploration.

We can't wait for you to join us!

All participants will receive a Career Conversation Kit to kick off conversations with their young person as soon as possible!

Find out more and register

# Parramatta Info Night 2025

Organisation: University of Sydney Location: PARKROYAL Parramatta

Date: March 26, 2025

Discover why the University of Sydney is the right place for you at our information night for year 10 to 12 students. You'll have the chance to speak with current students and alumni from Parramatta who have pursued a variety of degrees across the University as well as expert staff and a UAC representative.

Year 11 and 12 students will learn about admission requirements, entry schemes, pathways, fees, scholarships and financial assistance and support services available at the University.

Year 10 students will get a snapshot of the University of Sydney and take part in a separate workshop where they will link personal interests and skills with university courses and careers. This workshop will prepare students to make informed decisions for their senior subject selection in preparation for meeting the admission requirements for University of Sydney courses.

Find out more and register

# **Liverpool Info Night 2025**

**Organisation:** University of Sydney **Location:** Liverpool Civic Place

Date: March 27, 2025

Discover why the University of Sydney is the right place for you at our information night for year 10 to 12 students. You'll have the chance to speak with current students and alumni from South West Sydney who have pursued a variety of degrees across the University as well as expert staff and a UAC representative.

Students will learn about admission requirements, entry schemes, pathways, fees, scholarships and financial assistance and support services available at the University.

Find out more and register

# **Open Day, April**

**Organisation:** Sydney Design School **Location:** Sydney Design School **Date:** April 5, 2025





If you're considering studying with us, our Open Day is a great way to get to know us better. Explore our studios, browse through our Graduate Exhibition, meet students and Educators, watch a live Info Session and get creative making a mood board or digital model.

Find out more and register

# Central Coast Future Pathways Expo 2025

Organisation: Central Coast Group Training

### Location: The Entertainment Grounds

#### Date: April 8, 2025

Are you ready to take the next step toward your dream career? The Central Coast Future Pathways Expo is the ultimate event for job seekers, career changers, and students exploring their future opportunities! Open to the public for the first time - this is your chance to connect with leading employers, industry professionals,

training providers and engage in some hands-on experiences, all under one roof.

Whether you're just starting out or looking for a fresh start, the Future Pathways Expo will inspire and guide you toward the career of your dreams.

Find out more and register

# **Best Field Trip in the World 2025**

**Organisation:** University of the Sunshine Coast **Location:** Various

Date: April 10 to April 13, 2025

University of the Sunshine Coast's award-winning Best Field Trip competition is back!

This is your chance to win a four-day rollicking adventure for year 11 and 12 students, exploring world-heritage wonders and hanging out with UniSC staff and students as well as some of our sporting superstars. The prize includes:

- Return travel from your residing destination
- All transfers, accommodation and meals
- Tickets to an NRL game at Suncorp Stadium
- Kayaking tour and overnight at Noosa
- Sightseeing and overnight stay at K'gari
- We know the best memory is a shared memory, so each winner will be able to bring along a friend!

Entrants to the competition must submit a 100-word entry which responds to the question: What do you think life after high school will be like?

Entries close Sunday 9 March 2025.

Find out more and register

# Holiday Workshop – Performance, Sydney

Organisation: Australian Institute of Music

Location: AIM Sydney Campus

#### Date: April 14, 2025

AIM's new school holiday workshop is designed for high school students interested in music performance. Created for students in Years 9-12, the workshops provide incredible opportunities to experience playing and performing music, mentored by AIM's own accomplished musicians and educators.

Learn, practice and perform contemporary and classic pop, rock and soul tunes, under the expertise of Australia's leading music mentors.

Find out more and register

# Holiday Workshop – Songwriting, Sydney

Organisation: Australian Institute of Music Location: AIM Sydney Campus Date: April 14, 2025





Created for students in Years 9-12, AIM's new high school music workshops provide incredible opportunities to explore songwriting, mentored by AIM's own accomplished musicians and educators.

This songwriting workshop is essential for any high school students curious about writing songs and performing and is a golden opportunity to work with incredibly accomplished songwriters. Join us these school holidays and discover the songwriter and performer you were born to become.

Find out more and register

# **Future Creators' Day**

**Organisation:** University of New South Wales **Location:** UNSW Paddington Campus

Date: April 14, 2025

Future Creators' Day is a hands-on experience for Year 10 and 11 students passionate about creativity, design, and visual storytelling. Hosted by UNSW Arts, Design & Architecture, this event is the perfect opportunity to explore future study and career paths in the creative industries.

Join us on campus for a day of immersive workshops led by expert academics and industry professionals. Get a taste of our newly offered Game Art specialisation, along with workshops in Animation, Painting, Textiles & Fashion Design, Object Design, and Graphic Design. Whether you're interested in digital art, interactive storytelling, or traditional design disciplines, this event is designed to help you develop your skills and discover your creative potential.

Connect with like-minded students, experience university life, and gain insights into studying at UNSW. Future Creators' Day is your chance to turn your creative passion into a future career.

Find out more and register

# Discover Law, Criminology and Human Rights at ACU Blacktown

Organisation: Australian Catholic University

Location: ACU Blacktown Campus

Date: April 14, 2025

All rise! Aspiring lawyers, criminologists, and human rights advocates, it's time to sharpen your analytical skills and discover the excitement of the courtroom. Join us for interactive workshops designed to give you a taste of what it's like to study law, criminology, and human rights at ACU.

Dive into hands-on sessions where you'll test your courtroom strategies, unravel criminal cases, and explore the critical thinking skills needed to succeed in these fast-paced fields. Plus, engage in a dynamic and interactive human rights session, preparing you with valuable insights into the complexities of human rights law and the importance of advocacy.

Whether you're interested in the legal system, criminology, or human rights, this event will give you an exciting taste of your future career path.

Find out more and register

# School Holiday 'Out There' Sailing Program

**Organisation:** Royal Prince Alfred Yacht Club **Location:** Royal Prince Alfred Yacht Club

Date: April 14 to April 17, 2025

The 'Out There' School Holiday Sailing Program is for participants who are 12-17 years old looking to try a new activity, have some fun and engage with others whilst sailing.

This four-day program will include a variety of sailing activities that are focused on having fun and learning basic sailing skills. Sessions will be conducted on a mix of Club vessels, including the RPAYC's fleet of Elliott 7 Keelboats, Pacer Dinghies, Windsurf and SUP Boards, Hobie-Cat dinghies and Powerboats. Find out more and register

**Designing My Career – School Holiday Bootcamp for Teenagers** 

Organisation: Impactify Location: Oakhill College, Castle Hill





# Date: April 24 to April 25, 2025

This workshop focuses on helping young people design a career that they'll love (from the inside-out) whilst also teaching valuable employability skills in order to bring their career aspirations to life! What can you expect to gain from this workshop?

• A new perspective on how to design your career & life

- Awareness of strengths
- Awareness of interests
- Awareness of motivators/values
- Awareness of 3+ jobs/career pathways that align with you
- A vision for your future career & life
- Creation of a powerful resume
- Opportunity to develop your communication & confidence
- Authentic feedback from peers & industry to propel success
- Clear next best steps for designing your career & life

Find out more and register

# **Discover Health Sciences at ACU North Sydney**

Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: April 24, 2025

Are you ready to explore a career that makes a real difference? Discover what it's like to study nursing, occupational therapy, physiotherapy or speech pathology at ACU North Sydney.

Take part in hands-on workshops where you'll get a feel for the practical skills you'll develop as a future healthcare professional.

Tour our campus and experience our state-of-the-art, fully functional simulation wards, where you'll get a behindthe-scenes look at the innovative training that makes ACU health sciences graduates highly sought after by employers.

Find out more and register

# **HSC Shakespeare Seminars with USYD**

#### Organisation: Bell Shakespeare

Location: The Neilson Nutshell, Pier 2/3

Date: April 30 to May 2, 2025

Join us at the Neilson Nutshell at Pier 2/3, or access digital recordings, for our series of live HSC Shakespeare Seminars in partnership with the University of Sydney.

Presented onsite at Pier 2/3 in The Neilson Nutshell, each seminar will feature Bell Shakespeare artists in conversation with a leading academic from the University of Sydney presenting illuminating and engaging content on each play. Actors from Bell Shakespeare will perform key scenes and soliloquies to demonstrate ideas presented and key content from each play.

Part performance, part interactive seminar, these sessions are designed to directly link to NSW HSC modules and give students the edge in upcoming exams. Combining live performance, academic analysis and illuminating dramatic insights in conversation, seminars will be presented in a dynamic format showing the interplay between text and drama.

Sessions for 2025 include:

- Wednesday 30 April 2025, 10am 12pm The Tempest / Hag-Seed
- Thursday 1 May 2025, 10am 12pm Henry IV Part 1
- Friday 2 May 2025, 10am 12pm Richard III / Looking For Richard

Find out more and register





### Open Day 2025

Organisation: University of New England Location: UNE Armidale Campus Date: May 2, 2025 Whether you're exploring study options, wanting to experience our vibrant campus life, or looking to meet our passionate academics, Open Day is your chance to discover how UNE can help shape your future. With facility tours, information sessions and interactive activities, there's no better way to experience a taste of life at UNE. Visit us and experience the community that sets us apart from other universities. From the moment you arrive, you'll see why UNE is more than a university—it's a place where lifelong connections begin. Find out more and register

# **NIDA Open First Nations Subsidy**

Organisation: NIDA Location: Australia Value: See details Open Date: January 1, 2025 Close Date: December 31, 2025 Find out more

### **Ellison Scholars Programme**

Organisation: Ellison Institute of Technology Location: All Value: See details Open Date: May 1, 2025 Close Date: July 31, 2025 Find out more

#### **2025 National History Challenge**

Organisation: History Teachers' Association of Australia Location: Australia Value: See details Open Date: March 1, 2025 Close Date: August 22, 2025 Find out more

# **AIA Healthiest Schools Competition**

Organisation: AIA Healthiest Schools Location: Australia, Hong Kong, Indonesia, Malaysia, Phillippines, Sri Lanka, Thailand, Vietnam Value: USD\$100,000 worth of prizes Close Date: April 30, 2025 Find out more

#### Why you should set goals

Planning for your future or just wanting to get the most out of your year? Gain long-term vision and short-term motivation by setting some goals. Whether you're thinking about subject selection, post-school pathways, gap year options, your next holiday destination, or how to get fitter and healthier, you're already forming goals. Here are some reasons why you should set goals.

#### Provide focus and find your passion

Spending some time thinking about what you'd like to achieve in the future (either in a year, five years, or even ten years) can help you work out what's really important to you. If you care about something, you're more likely to stick





with it and feel a sense of achievement when you follow through. Writing down your goals and putting an action plan in place are the first steps to finding your passion.

#### See and measure your progress

No matter how big, challenging, or daunting your aspirations are, goals can help you break them down into manageable steps and plan ways to work around obstacles. Eventually, lots of small goals will lead you to your ultimate destination (plus, it feels good to celebrate milestones along the way).

#### **Overcome procrastination**

"Know the true value of time; snatch, seize, and enjoy every moment of it. No idleness, no laziness, no procrastination: never put off till tomorrow what you can do today." *Philip Stanhope, 4th Earl of Chesterfield* 

Putting things off is so easy to do, but it means you'll probably end up achieving less.

Setting goals helps you be more accountable to yourself. Instead of brushing it off and thinking "I'll do it tomorrow", your goals will stick in your mind. If you don't complete an action or step, it might nag at you. Goals can work as a constant reminder of what you should be doing, and prompt you into action.

#### Increase your motivation

Once you've gone through all the effort to discover, plan, and set goals, statistically there is a <u>much higher chance</u> you'll be more motivated than ever to see them through to the end. You don't want all that hard work to be for nothing, right?

#### Take control of your future

Goals can help to keep you productive and preserve your sanity by making you feel a bit more in control. Planning our futures can help us to <u>feel less stressed</u>, and even <u>improve our mental health</u>. Despite the unknowns of the future, goal setting still has great value – so try not to get sucked into the "why bother" attitude and instead opt for making the best out of what you have to work with.

#### You can set goals anytime

If you haven't set any goals yet, don't stress. It's never too late and there's no perfect time or deadline. You could take some time to think about what you'd like to achieve right now, or book it in for this weekend. Then you can get stuck in and start taking action once you have a bit of direction.

Make sure your goals are:

- Realistic and achievable
- Measurable
- Valuable and meaningful
- Flexible it's OK to change your goals or milestones if they're not working out for you!

#### Find out more

You can find lots more resources about goal setting and skill building on our website here.

#### How to choose the right international university for you

Deciding to study at university is a huge step - and going overseas to do it is even bigger. With thousands of options out there, it can be hard to know where to start when it comes to choosing the right international university to study at. So where do you begin? We have some tips you might find helpful.

#### Think about what you want to study

Knowing what you want to study can help narrow down your options. Follow your heart and choose something you're passionate about - but don't forget to be realistic as well. Consider whether your dream job requires certain qualifications, if international qualifications are recognised in your home country, or if your qualification will be sufficient to help you find work if you want to stay after your study is finished.





### Start researching locations

Chances are if you want to study overseas, you already have your heart set on a location. Do some research about the country or city you'd like to study in. What is it like to live there? What are living costs like? If you're moving to a country with a different native language, do you feel comfortable speaking it (or are you willing to learn)? If you want to stay and work after finishing your studies, what are the career opportunities like in your chosen field? Climate and weather can also be a big factor, including whether or not you'll need to be prepared for natural disasters. Depending on how far you move, you might need to buy an entire new wardrobe of clothes! You might also like to research a country's laws and attitude towards certain communities, particularly if you're a woman or LGBTQIA+, as you might find your rights and safety are different compared to your home country.

#### Take a look at universities

Now that you know what you want to study and where, you can start looking at universities. Check out university websites and see what kinds of courses they offer, or do some research into their <u>rankings and ratings</u>. Carefully research their admissions process for international students, and see if you can read reviews from current or former students about their experience. Importantly, find out what language classes are taught in and if this will work for you.

Don't forget to consider other factors too, like clubs, extra-curricular activities, student support services, accommodation options, and careers guidance.

You can also attend virtual open days and webinars to learn more and ask any questions you might have.

#### Do up a budget

Moving out of home and studying both come with a lot of expenses. Here are some things you'll need to make sure you can cover:

- Tuition fees and study expenses (textbooks, etc.)
- Accommodation fees or rent
- Daily living expenses (food, essentials, luxuries)
- Flights to your destination
- If you're bringing stuff with you, the cost of having things moved
- Visa or sponsorship costs
- Extra money set aside for emergencies

This is also a good time to research <u>scholarship and funding opportunities</u> that might be able to help cover some of these expenses.

You'll also need to consider how you're going to cover these costs on an ongoing basis - are you lucky enough to get funding from parents, or will you need to find part-time work while you study?

#### Make your move

Once you've done your research and feel confident, the final step is to apply! Or if you're still not quite sure, that's OK too - universities often have multiple intake dates, or you might like to look into similar options like <u>student</u> <u>exchange</u> instead.

Whatever your future holds, we wish you the best of luck, and hope these tips have helped you choose the right international university for you.

You can read more about your study options on our website here.

#### Student exchange programs

Have you always dreamed of travelling overseas and experiencing new things? Through a student exchange program, you could have the opportunity to study and live in another country. Let's learn a bit more about them in this blog.

#### What is student exchange?

As the name suggests, student exchange gives you the opportunity to travel to another country and attend school there - and in return, a student from the country you're visiting will live and study in Australia.

You'll attend school and learn just like the other students, and experience life with a host family. You can study overseas from as little as four weeks all the way up to an entire year.





#### Where can I go?

There are lots of countries you can choose from - you'll need to check with your school or private provider. The most popular destination countries for Australian and New Zealand students include USA, UK, Germany, France, Japan, Italy, Canada, Belgium, Spain and Argentina.

#### Am I eligible?

If you'd like to participate in a Student Exchange program, you generally need to be between the ages of 15-18 (in Year 9-12), and an Australian or New Zealand citizen or permanent resident. Some schools and states might have additional specific eligibility criteria, including minimum academic requirements, so make sure to check first - you should be able to ask your school for details.

You'll also need to be prepared to travel away from your friends and family, feel comfortable in an unfamiliar place, and potentially meet language requirements (depending on where you'd like to travel).

#### How can I organise a placement?

You'll need to speak to your school or find a registered provider in order to organise your exchange. If you're organising exchange through a private provider, make sure they are registered to provide programs in your state or territory - this means the provider is safe and reliable, meaning you can travel with less stress. You should start organising your placement as soon as possible, as you'll generally need to apply quite early and there may be caps on how many students can go on exchange each year.

#### Where can I find out more?

Find out more about student exchange in your location:

- New South Wales
- <u>Victoria</u>
- Queensland
- <u>Australian Capital Territory</u>
- <u>South Australia</u>
- Western Australia
- Northern Territory
- <u>Tasmania</u>
- New Zealand

You can also find out about other travel options like gap years, or read more blogs on your future study options.

#### Work experience options for future medicine students

When it comes to a career in medicine, gaining first-hand experience early on can be invaluable. Work experience offers you a chance to step into the shoes of medical professionals, providing insights that textbooks simply can't replicate. Here are some work experience ideas for students who are thinking of studying medicine in the future.

#### **Hospital placements**

One of the most direct ways to gain exposure to the medical field is by doing a placement in a hospital. This commonly involves observing doctors, nurses, and other healthcare professionals in their day-to-day activities. You'll witness various departments, procedures, and patient interactions, giving you a first-hand look at the dynamic world of healthcare.

#### Placements in clinics and general practices

Local clinics and general practices are excellent places to gain a more focused perspective. Here, you can interact with healthcare providers in a smaller setting, allowing for more personalised attention and a deeper understanding of primary care. If you already have a speciality in mind, this is also a great way to see if it meets your expectations.

#### Volunteering at healthcare events





Many communities host health-related events and workshops. Volunteering at these events can expose you to a wide range of medical professional, and it's also an opportunity to engage with the public and see the impact of healthcare on a community level. You'll also gain valuable skills like communication, interpersonal skills, and organisation.

#### **Consider research institutions**

If you're more interested in the scientific side of medicine, you might like to seek out opportunities in research. Many universities and research institutions offer programs for high school students to get involved in ongoing projects, giving you a taste of the investigative side of the medical field.

#### Virtual placements and online courses

Thanks to the internet, virtual internships and online courses have become more accessible. Consider enrolling in programs that offer <u>virtual experiences</u>, allowing you to learn from professionals in various medical disciplines all from the comfort of your own home.

#### Making the most of your experience

Remember to approach your placement, wherever it is, with an open mind and a willingness to learn. Take notes, ask questions, and reflect on what you've observed. This will not only enhance your understanding, but also demonstrate your genuine interest and dedication - and you might even make some important contacts you can use down the track.

If you want to find out more about work experience or search for placements in health or medicine, <u>take a look at</u> <u>our website here</u>.

### **Discover career pathways in Utilities**

The utilities field encompasses the essential services that keep our daily lives running smoothly. It includes electricity, water, gas, and telecommunications, among others. These services are vital for both residential and commercial use, providing power, clean water, heating, and communication facilities.

This pathway might be right for you if you are interested in managing and maintaining essential services like electricity, water, and gas, or if you enjoy ensuring that communities have access to reliable utilities for their everyday needs.

#### What do careers in this pathway involve?

The utilities industry plays a crucial role in ensuring the convenience and comfort we often take for granted. From powering our homes to enabling us to connect with others, utilities are an indispensable part of our modern society. Because this field provides essential services that keep our communities running, it can be a rewarding field with good job security and opportunities for advancement.

#### What are some important human skills for this pathway?

- Adaptability
- Innovation
- Digital literacy
- Critical thinking
- Collaboration

#### What are some of the tasks involved?

- Maintain equipment and infrastructure
- Troubleshoot and repair system failures
- Install new equipment and connections
- Ensure compliance with safety regulations
- Create and update technical documentation
- Inspect facilities and infrastructure
- Analyse usage data and consumption patterns
- Write reports on completed work





#### • Collaborate with team members

#### What kind of work environment and conditions can I expect?

Many utilities jobs involve working outdoors in various weather conditions. But administrative, engineering, and management positions typically involve desk work in an office environment.

Most employees in this pathway work full-time, with shifts often covering 24/7 operations to ensure continuous service. While office roles may offer some flexibility with remote work options, field-based positions generally require on-site presence.

#### Where can a utilities pathway take me?

Interested in a career in utilities? There are many roles you might like to consider – here are just a few.

#### **Entry level roles**

These jobs can be started with little or no training or experience, and are great as a stepping stone towards more senior roles in the pathway.

#### **Plant Operator**

Work with heavy machinery such as excavators, bulldozers, or cranes to move materials, dig trenches, or clear sites on various projects.

#### **Drainage Labourer**

Assist with installing, maintaining, and repairing drainage systems by digging trenches, laying pipes, and ensuring proper water flow away from buildings and roads.

#### **Meter Reader**

Travels to residential and commercial properties to accurately record utility consumption data from electricity, water, or gas meters.

#### **Mid-level roles**

Once you have some further study or experience under your belt, you might like to consider moving into one of these roles.

#### Water Engineer

Design and oversee water management systems including treatment facilities, distribution networks, and stormwater systems.

#### **Gas Technician**

Install, inspect, and repair gas lines and appliances in homes and businesses, ensuring they operate safely and efficiently while meeting safety regulations.

#### Water Inspector

Conduct comprehensive assessments of water quality, infrastructure, and treatment processes, ensuring compliance with health and safety standards.

#### Senior level roles

These jobs will require extensive further education or many years of experience, but are also highly rewarding.

#### **Environmental Compliance Manager**

Develop and implement comprehensive programs to ensure utility companies meet all environmental regulations.

#### **Infrastructure Planning Director**





Lead long-term planning for utility infrastructure expansion and replacement, analysing population growth, regulatory requirements, and technological advances.

#### **Operations Director**

Oversee all operational aspects of a utility company, including distribution networks, maintenance programs, emergency response systems, and teams of workers.

#### Similar pathways

If these careers aren't quite right for you, you might like to explore some other similar pathways instead.

#### **Road Transport**

Operate vehicles, transport goods, deliver services, and maintain road infrastructure.

#### **Civil Engineering**

Design and construct infrastructure such as bridges, roads, and buildings.

#### **Industrial Design**

Design and create innovative and functional products, from everyday objects to high-tech gadgets.

#### How can I build experience in this pathway?

If you're still in high school and want to find out if a career in utilities is right for you, here are some activities you can do:

- Study utility management to understand resource distribution
- Research energy efficiency methods to understand sustainability
- Tour a local utility plant or talk to workers in the industry

We recommend studying these subjects in high school:

- English
- Mathematics
- Technology
- Engineering
- Physics

Here are some suggestions of places you might like to try and find work experience:

- Water treatment plants
- Energy companies
- Environmental consulting firms
- Municipalities
- Local councils