# — GROWING YOUNG MINDS

How to Grow your Mind Virtual Conference Friday May 21 2021

## You are invited to the annual Growing Young Minds Conference

This year's theme is 'How to Grow Your Mind', and the event is online with easy separate keynote registration for various times on Friday 21st May 2021. All educators are invited to attend, and this year we are encouraging parents, grandparents and carers to attend in addition to schools' staff. Please share this invitation widely with your Kinder or School community to attend this **free event**.





# 9.30am Opening and Welcome

Associate Professor David Loader OAM is a Principal Fellow in the Melbourne Graduate School of Education, Melbourne University. In 2010 was awarded the Medal of the Order of Australia (OAM) for distinguished services to education, as a principal, mentor and author. David is a Director of Elevo Institute Board and Chairperson of Elevo Institute Research Committee.



### 10.00am Fostering Childhood Resilience in the Face of Scary World News

**Dr Dawn Huebner** is a Parent Coach and the author of 9 books for children including the perennial bestseller, What to Do When You Worry Too Much. Her newest book, Something Bad Happened provides support for children learning about problems around the world. Dr. Huebner's books have been translated into 23 languages, selling well over a million copies around the world.



# 12.00pm Growing Young Minds and Self-regulation

**Celia Franzè (MEd, MACE)** is an Australian education consultant and the Schools' Research Lead for ThinkPlus and Elevo Institute. She has over 25 years of experience as a parent, teacher, principal and regional/district schools' advisor.



### 1.00pm Constructing Emotions

**Dr Sarah McKay** is an Oxford University-educated neuroscientist, educator, presenter, media commentator, director of The Neuroscience Academy and author of The Women's Brain Book: the neuroscience of health, hormones and happiness. She teaches coaches, therapists, teachers and other helping professionals how to thoughtfully apply insights and tools from neuroscience to their work.



