

**Inter-school Athletics Years 3-6**

**Pedrina Park- 29th March 2022**

As per last year, the Inter-school Athletics are for students in Years 3-6 only. Only children who are 10 years and older will be able to qualify for Division athletics.

Families are to arrange transport for their children. Many families will be driving to the sports so contact a friend or neighbour if you need transport for your child. If there is a difficulty, please contact the school for assistance.

All competitors need to be at Pedrina Park by NO LATER than 9am. Events will begin at 9:15 sharp.

All children will compete in the age group based on their age as at 31st December 2022.

All children will participate in discus, shot put, long jump, 200m and 100m. A maximum of two children in each age group have been selected (following trials at school) to participate in the 800m, hurdles and high jump events. Relays will be inclusive, meaning every child gets to participate.

Cavendish PS will set up shade shelters for the children’s protection. This will be our home base for the day.

Children will need to wear their school sports uniform, including their school hat. This means navy polo shirts, navy shorts (navy track pants for in between events), navy jumper and white socks and runners.

Sunscreen will be provided but some children may like to bring their own supply so they can reapply frequently.

Children need to bring sufficient food and drink to last a very active day. There will be no schedule recess break, so please provide easy snacks that they can grab and go. There will be lunch break. There will be no canteen in operation this year.

Cavendish PS is once again in charge of the long jump pits. Teachers that are attending will be: Miss Thompson, Mrs Brabham, Miss Purnell and Ms Ferrier will be in charge. At this stage parent helpers will not be required but we will advise closer to the day if this changes.

The sports are scheduled to finish at 2.15pm. At this stage, no medals or overall trophy winners will be calculated or announced on the day. Please note that students will be selected from their sprint times to be selected into a relay team that will represent SGSSA at division level.

Children may depart with their families directly from Pedrina Park. Please sign out with Ms Ferrier before you depart. If your child is travelling with another family, please provide a permission note.

Families with students in Years F/1 will have normal classes at school and will be taught by Mrs Bell and Tammy will also be in the office on the day. School buses will run as normal for the Year F/1 students.

The Program is attached for your information.

**SOUTHERN GRAMPIANS SCHOOLS’ SPORTS ASSOCIATION**

**37th ANNUAL ATHLETICS SPORTS**

**PEDRINA PARK, NORTH BOUNDARY ROAD, HAMILTON**

**Tuesday March 29th 2022**

***Please bring this program to the Sports Day as there will be no other copies available***

**Arrival Time: No later than 9:00. First event starts promptly at 9:15 am**

* All students compete in age level based on their age as at 31/12/2022

**Distance**

**9:15 am 800m Events (10, 11 and 12/13 years) – boys and girls run concurrently**

**Not compulsory – students nominated by the schools**

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| **ROTATIONS:**  **9:45 am – 12:45 pm** | |  |  |  |  |  |
| ***Event*** | ***9:45-10:15*** | ***10:15-10:45*** | ***10:45-11.15*** | ***11:15-11:45*** | ***11:45-12:15*** | ***12:15-12:45*** |
| ***High Jump*** | 12/13 |  | 11 | 10 | 9 |  |
| ***Sprint*** |  | 12/13 | 9 |  | 11 | 10 |
| ***Discus*** | 11 |  | 12/13 | 9 | 10 |  |
| ***200m*** | 10 | 11 |  | 12/13 |  | 9 |
| ***Shotput*** | 9 | 10 |  |  | 12/13 | 11 |
| ***Long Jump*** |  | 9 | 10 | 11 |  | 12/13 |

**12:45 – 1:05 pm LUNCH**

**1:05 – 1:35 pm Hurdles (10, 11 and 12 years – only 2 competitors per school)**

**1:35 pm – 2:05 pm Inclusive Relays**

##### CIRCULAR RELAY: (teams of 4, same gender, 4x100 metres) Qualifying for Division Athletics

12/13 Year Boys & 12/13 Year Girls – to be selected from 100m

11 Year Boys & 11 Year Girls – to be selected from 100m

10 Year Boys & 10 Year Girls – to be selected from 100m

**2:05 pm All students return to their respective school area for clean-up**

**2:15 Announcements**

**2:30 pm DISMISSAL**

**SPECIFICATIONS:**

**Hurdles**: 10/11 years: 80m (9 x 60cm hurdles) **Sprints**: 9 years: 75m

12+ years: 80m (9 x 68cm hurdles) 10/11/12+ years: 100m

All age groups: 200m

**Shot Put**: 9/10/11 years: 2kg **Discus**: 9/10 years: 500g

12+ years: 3kg 11/12+ years: 750g

**Long Dist**: 10/11/12+ years: 800m

**2022 RESPONSIBILITIES:**

**School** **Morning Rotation Student Group Carers Event**

Cavendish: Long Jump

St. Joseph’s: 11 years Boys and Girls Discus

Tarrington: 12+ years Boys and Girls High Jump

Dunkeld: 9 years Boys and Girls Shot Put

Macarthur: Long Distance, Sprints, Hurdles, Relays

Branxholme: 10 years Boys and Girls

Penshurst: Not Attending

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# All schools to provide two people for afternoon events, all carers to wear high visibility vests.

# 1. Each school must organise their own assistants, judges and equipment as required.

2. Folders contain information including event specifications, sheets for marshalling and recording of results, ribbons and pins will be available on the day.

3. All events require 1st, 2nd and 3rd place recorded. Event coordinators to distribute the ribbons at the end of each event.

4. Ties: In the event of a tie for first place, the points are to be Equal First and 3rd place. Tie for 2nd place results in no 3rd place.

5. The results sheets are to be kept in the books provided. The books are to be returned to the scorer at the conclusion of the events. The scorer will deal with points allocations for individuals and teams.

6. Teachers from each school are to be responsible for the prompt assembly of teams for relays.

7. At the completion of a relay, teams are to line up at the finish line to receive their ribbons.

**FIRST AID: Schools responsible for their own First Aid.**

#### Competing Schools Uniforms

Cavendish Navy

Dunkeld Mid (Royal) Blue

# Macarthur Green and White

St. Joseph’s Penshurst Light Blue/Dark Blue

Tarrington Lutheran School Gold and Navy

Branxholme Red and Navy

Penshurst Light Blue

**Adjusted Aggregate:** The points gained as above will be divided by the number of students competing for the school to determine the adjusted aggregate winner. This will be determined after the event and the trophy delivered to the appropriate school.

**Champion Athlete:** This is determined by the total number of points gained by the individual boy and girl in each age group. In the event of a tie, all involved will be awarded a medallion. These will be determined after the event and the medals distributed to the appropriate schools.

**Note:** For all events, both individual and team, placegetters are awarded 3 points for 1st place, 2 points for second place and 1 point for 3rd place.