

Is your child uncomfortable in social situations?

Does your child worry about making a mistake or being embarrassed in front of others?

Does your child sometimes sit alone at lunchtimes/avoid interacting with classmates?

Treehouse is a therapeutic program for primary-school aged children, who need some extra support with social skills, self-esteem, managing strong feelings and developing resilience. By being creative and learning through play, children are able to develop their relationship skills in a non-confrontational way, while also allowing them to safely think about how they might cope with their own worries.

For more information or to make a referral please call Melanie Fearn on 8878 3806

or

email: mfearn@each.com.au

<u>Please note</u>: the facilitators of the program need to meet both the parent and child being referred PRIOR to the group starting to ensure the program is suitable Who Grade 4/5s

Where EACH

10 Silver Grove Nunawading 3131

(for GPS use 10 Oval Way Nunawading)

When Thursdays (8 week program)

**Commencing Term 1** 

(Last 4 weeks of term 1)

14th,21st, 28th March & 4th April

(No sessions on the 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup> of April due to school holidays and ANZAC day)

**Recommencing Term 2** 

(First 4 weeks of term 2)

 $2^{nd}$ ,  $9^{th}$ ,  $16^{th}$  &  $23^{rd}$  May

**Time** 4-5.30pm

Cost FREE

Parent/carer involvement is scheduled at the end of each session from 5.15pm.

Please note: only one child is accepted into the program from each school.

This program is funded by the City of Whitehorse

