

#togetherincare

WE INVITE YOU TO JOIN US

CHILD PROTECTION WEEK SEPTEMBER 2026

*Every Conversation Matters, Shifting
Conversation to Action*

Big Emotions, Calm Responses: Supporting children through emotional overwhelm

*Children can experience big emotions that can be challenging for both them
and the adults supporting them.*

*This parent presentation explores why emotional overwhelm happens and
provides practical strategies for responding with calm, connection, and
confidence.*

*Learn how to support your child's emotional wellbeing, build resilience, and
help them develop healthy ways to manage strong feelings*

catholiccare
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**St Joseph's Parish Primary
— Bulli**

Friday 11th September 1pm

Scan to register

