

Year 3 Life Education 2018 – Bcyberwise

This year, Life Education arrived at Girraween Public School from week 4 until to the end of week 6. Life Education is run by a non-profit organisation that aims to educate children and young people to make safer and healthier choices.



In week 6, 3N had the opportunity to visit the Life Education van and attend this year lesson. We were very amazed by how many things that were placed inside the van. There was a place for a 3D diagram of human body parts, an interactive screen and a room for Healthy Harold. There were also pictures of devices and Internet websites on the wall and shiny and twinkly stars on the ceiling.

This year lesson was “Bcyberwise”. It was a very fun and helpful lesson. The lesson helped us learn how to stay safe and to keep other people safe while using the Internet. We got to do a lot of fun activities such as exercising, brainstorming, discussing, and role playing.

We started off with some body movement. One person did an action, everyone repeated, then the next person did another action and everyone had to repeat the sequence of action from the very start. It was so fun when the sequence became longer and longer and everyone realised that they had to listen and watch very carefully to get the actions correctly.

Next, we looked at the 3D diagrams of body parts. We learned that the heart will be hurt the most when a person is bullied.



We brainstormed the use of the Internet by writing on the interactive screen. It was interesting to know different use of the Internet which some of us haven't known before. The Internet can not only be used for researching and playing, but for working, trading, and many more.

We then discovered some popular websites. It was useful to know the use of each website, the appropriate age to use them and their positive and negative sides.





After that, we discussed the right and wrong behaviour when using the Internet. One person first flipped over one picture of one device, read the scenario at the back and the class voted which one would be the correct behaviour. It was very interesting to see some behaviour that we usually thought appropriate was actually not right at all.

We then put the correct behaviour into action gestures and do a mini work-out. It was so good because the actions helped us to remember the behaviour even better.

We finished off by doing role play. We were given some scenarios in which our friends need help and we discussed what would be the best way to help them. What a helpful and amazing lesson!!!

