

# **THAAC**

## **SWIMMING TRAINING 2019 TIMETABLE**

- **Note: HILAC WILL BE USED IF POSSIBLE AND STUDENTS NOTIFIED IF THE WEATHER IS NOT HOT ENOUGH DURING AFTERNOON SESSIONS**
- **All students are invited to training but likely GD & ICCES Swimmers should attend from Monday 4<sup>th</sup> February as it is short swimming season.**
- **Morning sessions will be run on a Thursday morning from 7-8am at HILAC**
- **Afternoon sessions will be run on a Monday and Wednesday from 4-5pm at the Outdoor Pool**
- **There is NO CHARGE for any of these sessions.**

| <b>Dates</b>                    | <b>Morning (7-8am)<br/>(HILAC)</b>                   | <b>Afternoon (4-5pm)<br/>(OUTDOOR POOL)</b>         |
|---------------------------------|------------------------------------------------------|-----------------------------------------------------|
| Monday 4 <sup>th</sup> Feb      |                                                      | All Interested Swimmers                             |
| Wednesday 6 <sup>th</sup> Feb   |                                                      | All Interested Swimmers                             |
| Thursday 7 <sup>th</sup> Feb    | All Interested Swimmers                              |                                                     |
| Monday 11 <sup>th</sup> Feb     |                                                      | All Interested Swimmers                             |
| Wednesday 13 <sup>th</sup> Feb  |                                                      | All Interested Swimmers                             |
| Thursday 14 <sup>th</sup> Feb   | <b>House Swimming<br/>Carnival (NO<br/>TRAINING)</b> |                                                     |
| Monday 18 <sup>th</sup> Feb     |                                                      | All Interested Swimmers                             |
| Wednesday 20 <sup>th</sup> Feb  |                                                      | All Interested Swimmers                             |
| Thursday 21 <sup>st</sup> Feb   | <b>GD Swimming<br/>Carnival<br/>(NO TRAINING)</b>    |                                                     |
| Monday 25 <sup>th</sup> Feb     |                                                      | All Interested Swimmers                             |
| Wednesday 27 <sup>th</sup> Feb  |                                                      | All Interested Swimmers                             |
| Thursday 28 <sup>th</sup> Feb   | All Interested Swimmers                              |                                                     |
| Monday 4 <sup>th</sup> March    |                                                      | All Interested Swimmers                             |
| Wednesday 6 <sup>th</sup> March | <b>ICCES Swimming<br/>Carnival(NO<br/>TRAINING)</b>  | <b>ICCES Swimming<br/>Carnival(NO<br/>TRAINING)</b> |
|                                 |                                                      |                                                     |