

1, 2, 3 Magic & Emotion Coaching Parenting Program



A three-session program for parents and carers

Learn:

- How to discipline without arguing, yelling or smacking
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choice model
- Using emotion coaching to encourage good behaviour

SESSION DETAILS

WHEN: Wednesday April the 3rd, 10th & 17th.

WHERE: Springside Community Centre
25-50 Becca Way, Caroline Springs 3023

TIME: 10am – 12.00pm

COST: Free

BOOKINGS:
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BOOKINGS ARE ESSENTIAL



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