



Careers Newsletter

Disclaimer – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email <u>imadani@stpiusx.nsw.edu.au</u> or call 9414 4388.

JobJump - Parents and students please watch YouTube video and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to https://www.jobjump.com.au/

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: <u>https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be</u>

UNSW | Year 10 Info Evenings: Subject Selection

May 9 to May 14, 2024

Get advice and information that's specially tailored for Year 10 students, that will help you navigate the HSC subject selection process, explain how UNSW admissions and scholarship applications work, and give you an insight into transitioning into university life so that you can get a head start on planning your future. Parents and teachers of Year 10 students are invited to join the evening as well as participate in the live Q&A session.

We are offering two Year 10 Subject Selection Evenings across May. Event dates:

- 6 PM 7 PM, Thursday 9 May
- 6 PM 7 PM, Tuesday 14 May

Please select the date that best suits you. Attending both isn't necessary (they're all the same). Find out more

Notre Dame | Doctor of Medicine Information Session

May 9, 2024

Join us for an online information session designed to provide you with crucial insights into Notre Dame's Doctor of Medicine program. This webinar offers a unique opportunity to delve into the program's structure, entry pathways, and exciting new developments.

Find out more

UTS | Bachelor of Accounting (BAcc) Information Evening

May 9, 2024

If you are a high-achieving school leaver and believe you could be one of Australia's future business leaders, then our <u>Bachelor of Accounting</u> and <u>cooperative education scholarship program</u> has been designed just for you.

The Bachelor of Accounting provides you with a multi-skilled accounting degree with a strong emphasis on both accounting and financial management, both essential business tools.

Come along to this webinar and meet current students, graduates, sponsors and staff of this elite program. <u>Find out more</u>

The Hotel School | Industry Insights, Sydney

May 11, 2024

Join us for an exclusive behind the scenes look at life working in the hotel and event industry. Gain insights of Pier One Sydney Harbour through the eyes of a hospitality and events professional. Find out what it is like to work in this dynamic environment by immersing yourself in the behind the scenes operations of a luxury five-star hotel.

You are invited to this unique, fully interactive experience where you will meet professionals of key hotel





departments and have an opportunity to understand their roles. This event is perfect for those wanting a better understanding of the complexities and depth of hospitality careers. <u>Find out more</u>

JMC Academy | May 2024 Open Day, Sydney

May 11, 2024

Come and see why JMC Academy is Australia's leading tertiary Creative Industries provider. Things to do at Open Day:

- Tour our world-class facilities and tech
- Explore your creative future in our hands-on workshops
- Meet our current students and industry expert lecturers
- Check out live student performances
- See creativity come to life with course demonstrations
- Build your creative network
- Speak to student admissions

Find out more

ACU | Talk with Psychologists, Youth Workers and Social Workers

May 14, 2024

Join us online to hear from ACU alumni about life after university. Take part in a Q&A session with our graduates and get an insider's perspective on psychology, youth work and social work. <u>Find out more</u>

Camden Careers Expo

May 14, 2024

Now in its third year, the expo is proudly hosted by Camden Council in partnership with Training Services NSW and as part of National Careers Week. The expo welcomes job seekers, including school students or anyone wanting a career change, to connect with a range of industries offering tangible career pathways, study and training opportunities.

Find out more

WSU | Discover Western Webinar - For Parents: Your Role and How You Can Help Guide Them to

University

May 14, 2024

Watch our webinar for Parents and Supporters to learn how you can support your child through their HSC and while they make those big decisions about their future. Discover university entry options, careers and courses, and pathways they can use should they not achieve their desired ATAR.

Find out more

Charles Sturt | Health and Community Services Explore Day

May 14, 2024

Are you in Year 10, 11 or 12 and want a health career that makes a real difference? Come to our Community Services and Health Explore Day!

Join leading industry and education providers for the ultimate health event. Explore our range of diverse community services and health courses.

Find out about careers from organisations and institutions across New South Wales. And learn from industry experts from the Central West and beyond.

Find out more

UQ Ready, Northern Rivers

May 14, 2024

Join us for an informative night that will provide you with everything you need for a smooth transition from





high school to university.

- Get advice on maximising your ATAR score
- Understand QTAC preferencing
- Hear about our many student support services and accommodation options
- Know how to respond to a university offer, enrol, and plan your timetable
- Get tips for successfully transitioning to university

The information will be valuable to any high school student looking to go to any university.

Where possible, a panel of UQ students will share their experiences and advice on making the most of your university experience.

Find out more

Charles Sturt | Charles Sturt Advantage Information Session

May 15, 2024

Applications for the Charles Sturt Advantage early offer program are now open. Please join us for an online information session to learn more about our early offer program and ask any questions you have. <u>Find out more</u>

ACU | Talk with Specialist Nurses

May 15, 2024

Join us online to hear from ACU alumni about life after university. Take part in a Q&A session with our graduates and get an insider's perspective on specialist nursing. Find out more

UNSW | Law Admissions Test (LAT) Information Evening

May 15, 2024

Get all of your questions answered at our online 2024 LAT Information Evening. The Law Admission Test (LAT) is an entry requirement for all undergraduate law double degrees at UNSW. We'll cover how the LAT has worked for entry in the past, provide detailed program and faculty information, as well as key LAT dates for the year ahead.

We'll also be joined by some current students to answer general questions about the LAT and studying law at UNSW.

Our LAT Information Evening is for Year 11 and 12 students and their parents, careers advisers and students currently studying at another university who are hoping to transfer to UNSW Bachelor of Laws in 2025. <u>Find out more</u>

BiG Day In, Parramatta

May 15, 2024

Join us on Wednesday 15 May for 2024 BiG Day In Parramatta. Bring your Year 9-12 students along to WSU CBD Campus to hear from presenters from Westpac, Microsoft, Google, Wisetech Global & more to come so they can learn where a STEM career can take them. <u>Find out more</u>

University of Sydney | Life of a veterinarian

May 15, 2024

Are you passionate about making a difference to the health, welfare and conservation of animals around the world? Home to the #1 veterinary school in Australia, and #23 in the world, the University of Sydney leads in veterinary education, animal science and research, fostering a vibrant community of scholars and practitioners. Join this session to discover what an average day for a veterinarian is like and how you can pursue studies in veterinary medicine, as well as the many research and placement opportunities available to you. <u>Find out more</u>

Tocal College | Virtual Open Day May 16, 2024





Are you inspired by the challenge of feeding the worlds growing population? How would you like a career that grows with you and can take you anywhere in Australia? Get started on your path at Tocal. Tocal College provides industry-relevant skills and knowledge, to prepare students for careers in a range of primary industries and agriculture including beef cattle, dairying, horse breeding, rural business management, sheep production, poultry, cropping, precision farming, general agriculture, related rural business, and natural resource management.

Join this session to

- hear from students about what the courses are like,
- see what student life on campus is like,
- learn about careers in agriculture and primary industries,
- virtually explore Tocal college and farm,
- find out how you can apply for a course

Find out more

Aged Care Career Expo

May 16, 2024

Discover how to start your career in aged care! Working in aged care makes a real difference to people's lives. Get advice on jobs available, areas you can specialise in and qualifications needed. Talk to service providers and employers in the aged care sector.

Presentations will also offer insights into:

- Overview of aged care career
- Why aged care?
- Courses to start in aged care

Free to attend. Light Refreshments will be provided.

The Aged Care Career Expo is Brought to you by Your Side, Ku-ring-gai, Mosman, City of Ryde and Willoughby Councils.

Find out more

William Angliss Institute | Industry Insights: Event Management & Career Pathways Q&A

May 16, 2024

Want to know about the creative, fast-paced events industry?

Join us as we interview former Event Manager and now Industry Trainer and Author, Effie Steriopoulos, as she shares insights into the occupation and event roles in this space, her own experiences, career pathways, skills needed and more to thrive in the event management industry.

Find out more

William Angliss Institute | Industry Insights: Tourism & Career Pathways Q&A

May 16, 2024

Ever wondered about working as a Tour Guide or in the tourism industry?

Join us as we speak to Tour Guide, Industry Trainer and William Angliss Institute alumni, John O'Donnell, learning about his journey in the industry, the sorts of career opportunities available in the tourism space, the types of places you could work at, skills needed and more. <u>Find out more</u>

William Angliss Institute | Industry Insights: Aviation & Career Pathways Q&A

May 17, 2024

Join us as we interview former Cabin Crew member and now Industry Trainer Michelle Hemsley to learn more about the role and her journey with Emirates Airlines, Virgin Australia and more.

Explore different career options and hear about the pathway of becoming a Cabin Crew member, which skills you'll need and the experiences that count towards this exciting profession.

Find out more





WSU | Unlocking Careers in Sport and Health - Aboriginal and Torres Strait Islander Student Experience Day

May 17, 2024

This on campus event for Aboriginal and Torres Strait Islander High School students in years 9-12, raises knowledge and aspiration for Careers in Sport and Health.

Students will participate in their choice of practical workshops, a Q&A Yarn Up with Indigenous industry professionals to gain insights into their work, education journey and careers.

All attendees will receive a free Western Sports Pack.

Find out more

The Hotel School | Industry Insights, Central Coast

May 18, 2024

Join us for an exclusive behind the scenes look at life working in the hotel and event industry. Gain insights of Crowne Plaza Terrigal Pacific through the eyes of a hospitality and events professional. Find out what it is like to work in this dynamic environment by immersing yourself in the behind the scenes operations of a luxury hotel.

You are invited to this unique, fully interactive experience where you will meet professionals of key hotel departments and have an opportunity to understand their roles. This event is perfect for those wanting a better understanding of the complexities and depth of hospitality careers.

Find out more

Charles Sturt | Dubbo Experience Day

May 21, 2024

Get hands-on at our Dubbo campus, where you'll get to take a closer look at different course areas, chat with current students and lecturers, and get one-on-one advice from experienced professionals. <u>Find out more</u>

Greater Western Sydney Careers Market 2024

May 22 to May 23, 2024

This event offers exhibitors the opportunity to speak to thousands of Greater Western Sydney high school students and careers advisers as these students explore career paths and further education options available to them.

Organisations such as Universities, Registered Training Organisations (RTO), Apprenticeship Centre's, Group training Organisations, Private Colleges, Professional Associations and Employers attend this event to inform students about everything they need to know, covering all questions about careers and educational options after high school.

Find out more

University of Sydney | Year 12 Information Evening

May 22 to May 23, 2024

Explore our iconic campus and learn more about university entry, scholarships, study options and more at our information evening for Year 12 students and their caregivers. Don't miss this opportunity to explore your options and ask any questions you have about joining the Sydney student community next year. Our on-campus event will include a tour, course advice exhibition and information sessions on curriculum, scholarships, student support, campus life and Aboriginal and Torres Strait Islander study pathways. If you can't make it in person, don't worry – our online session will cover everything you need to know!

On campus

Wednesday 22 May, 4 – 7 pm Online Thursday 23 May, 6 – 7:30 pm Find out more

AIE | Open Day May 25, 2024





Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day on Sat 25 May 2024. This event will be held at AIE Campuses in Sydney, Melbourne, Canberra and Adelaide from 10am to 3pm.

AIE's Open Day is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.

Find out more

HSC and Careers Expo 2024

May 30 to June 1, 2024

The HSC and Careers Expo celebrates its 16th year in 2024!

Our exhibitors include:

- universities, TAFE colleges and training providers
- providers of HSC resources, information and services
- organisations with apprenticeship information and opportunities
- organisations with employment opportunities
- organisations with cadetship opportunities
- career advisers and student support services
- providers of tutoring services, lecture and study skills programs
- providers of international exchange and GAP year programs
- providers of youth services and programs

Attend seminars on topics including:

- HSC subjects
- Subject selection advice for Year 10 students
- Tertiary courses
- Careers
- Employment opportunities
- Study advice
- Gap year options

Find out more

Charles Sturt | EngFest 2024

June 3 to June 6, 2024

EngFest is Charles Sturt's annual celebration of civil engineering, with exhibitions and presentations of student works and research, school visits and information sessions, a careers expo, industry networking, professional development events and more.

It brings together students, cadet and professional civil engineers, researchers, representatives of Engineers Australia, interested members of the public and school students. Find out more

UNE | 2024 HSC Booster Days

June 12 to June 13, 2024

UNE and specialist lecturers will present various sessions jam packed with relevant information to assist Year 12 students reach their full potential and are aligned with the HSC Curriculum and designed to enhance discipline knowledge, as well as inspire the students in their learning areas.





YES (Young Entrepreneur Summit) Sydney

June 14, 2024

Led by young leaders, for young leaders, YES (Young Entrepreneur Summit) is Australia's Premier Youth Leadership Day. It's a one-day, interactive summit designed to inspire and empower a generation of brave, creative and entrepreneurial young leaders.

YES is a super high energy, action-packed event for Primary School and Secondary School students that features keynote presentations, panel discussions and interactive group workshops on a whole range of 'adulting skills' such as leadership, public speaking, financial literacy, ideation, collaboration and team work. <u>Find out more</u>

ACPE | Open Day 2024

June 22, 2024

Exploring your study options for a career in the sport industry? Join us on campus. See where you will study, meet our students and lecturers, and participate in info sessions and practical sessions to take the next step with confidence.

Find out more

Western Sydney Careers Expo 2024

June 27 to June 29, 2024

Western Sydney Careers Expo celebrates its 14th year in 2024! Our exhibitors include:

- universities, TAFE colleges and training providers
- providers of HSC resources, information and services
- organisations with apprenticeship information and opportunities
- organisations with employment opportunities
- organisations with cadetship opportunities
- career advisers and student support services
- providers of tutoring services, lecture and study skills programs
- providers of international exchange and GAP year programs
- providers of youth services and programs

Attend seminars on topics including:

- HSC subjects
- Subject selection advice for Year 10 students
- Tertiary courses
- Careers
- Employment opportunities
- Study advice
- Gap year options

Find out more

WSU | Open Day 2024

June 30, 2024

Open Day will be held Sunday, 30 June 2024 and is a great opportunity to discover all that Western has to offer. Explore course options, meet academics and find out about our pathway options. <u>Find out more</u>

The Hotel School | Sydney Open Campus 2024

July 6, 2024

Join us for a day filled with excitement and exploration at our University Open Campus, where you'll get to experience life as a student at The Hotel School. Here's what awaits you:

• Experience studying at THS firsthand by participating in a special Masterclass





- Meet The Hotel School team and explore our diverse range of courses and application process
- Discuss career opportunities with the Work Integrated Learning team
- Connect with our current students and fellow attendees ٠
- Enjoy light refreshments

Find out more

Campion | Winter Program

July 9 to July 12, 2024

Join us for Winter Program, a unique opportunity designed for individuals who are earnestly contemplating enrolment at Campion College in 2024, 2025, or 2026.

Our immersive four-day program provides the opportunity to reside on campus and interact with like-minded peers. We have a fun-filled schedule including a bonfire night, movies, trivia, dancing and sports, as well as sample lectures from our history, literature, philosophy, theology and classics professors. Find out more

AMPA | Dance Experience Day

July 10, 2024

Academy of Music and Performing Arts (AMPA) invites dancers 16 & above to join us on campus for a day of dance. Register and bring your friends along and get ready to move!

Dancers will have a chance to participate in contemporary & improvisation classes facilitated by AMPA's inspiring faculty and experience what studying dance full-time is like at AMPA. A Q&A with the program's Head of Dance will allow aspiring dancers, choreographers, and dance teachers, to gain further insight into tertiary education and how it can benefit their future careers.

Find out more

AMPA | Music Theatre/Classical Experience Day

July 10, 2024

Academy of Music and Performing Arts (AMPA) invites aspiring Music Theatre and Classical musicians aged 16 and over to join us on campus for a day of music!

Attendees will have the chance to sit in on a performance class, participate in workshops/Q&As facilitated by AMPA's music faculty and experience what studying music is like at AMPA. Experience a day in the life of an AMPA music student to gain further insight into tertiary education and how it can benefit your future. Find out more

AMPA | Contemporary/Music Production/Composition

July 11, 2024

Academy of Music and Performing Arts (AMPA) invites aspiring Contemporary musicians, Music Creators and Composers aged 16 and over to join us on campus for a day of music!

Attendees will have the chance to sit in on a performance class, participate in workshops/Q&As facilitated by AMPA's music faculty and experience what studying music is like at AMPA. Experience a day in the life of an AMPA music student to gain further insight into tertiary education and how it can benefit your future. Parents also welcome to attend.

Find out more

Tocal College | Open Day

July 12, 2024

Our College Open Days are a wonderful opportunity to visit Tocal and experience first hand all that it can offer students who are eager for a rewarding career in agriculture, agribusiness or horse breeding and training. Open Days provide prospective students, their families and carers an ideal forum to visit the College and get a feel for what life as a student is really like.

Each day's activities include:





- an overview of full-time courses,
- a description of career opportunities,
- information on fees and financial assistance,
- inspection of College campus facilities,
- tour of Tocal's commercial farms and training facilities,
- opportunities to chat with staff and also undertake an informal interview (if desired).

Find out more

AIT | Open Day

July 13, 2024

AIT's Open Day is perfect for those wanting to explore the endless opportunities available in the growing creative industries. This fun and interactive day is a great way to get further information on our curriculum, course requirements and study pathways. Our friendly staff & students will also be there to talk to and get advice from.

On the day you can expect to:

- Learn about our degrees in film, 2D and 3D animation, game design, and IT.
- Hear more about careers and study paths.
- Take a tour of our campus.
- Lunch included on the day.

Find out more

University of Sydney | Tahgara Program

July 15 to July 19, 2024

The Tahgara Program is an intensive week-long residential program at the University of Sydney, designed to prepare Aboriginal and Torres Strait Islander Year 12 students for their final exams and equip them for their journey into higher education.

Students attend workshops presented by exam markers, expert tutors, faculty academics, and university staff and students. Designed to build educational capacity and motivation, students participating in the Tahgara Program will experience an individually tailored program, guiding them through scholarship applications, university pathways, exam preparation, as well as receiving one-on-one subject specific tutoring. There is no cost for the schools or families of students who participate in the Tahgara Program. The University of Sydney will pay for travel, meals, accommodation and all other expenses associated with the program. This program is open to all Year 12 Aboriginal and Torres Strait Islander students from across Australia. <u>Find out more</u>

UOW | Performance & Theatre School Holiday Workshops

July 17 to July 18, 2024

The University of Wollongong is excited to introduce a new selection of school holiday workshops offered on 17 & 18 July 2024 for students in Years 11/12. These workshops are led by award-winning playwright, screenwriter and UOW lecturer Mark Rogers, winner of Sydney Theatre Company's Patrick White Award. Two different workshops are available: Monologue Masterclass and Playwriting Masterclass.

Expressions of interest are open from Monday 29 April and close on Monday 20 May 2024. Find out more

NIE | Future Doctors Australia, Sydney

July 18 to July 21, 2024

Gaining medical work experience is essential for young people considering a career in medicine. It provides insight into the field, helps develop skills and attributes, and provides networking opportunities. However, obtaining medical work experience can be challenging due to various restrictions such as limited opportunities, safety concerns, and confidentiality issues.

That's why NIE has developed the "Future Doctors Australia" program. It is an engaging and high-impact 4-day program that provides young people with a unique opportunity to gain medical work experience in a safe and structured environment. Participants will have the opportunity to spend time with current junior and senior





medical students. They will also have the rare opportunity to spend time with more senior clinicians and various medical specialists. You will get to learn about clinical specialist's relevant fields of work, ask them questions, and learn some hands-on skills from them.

- Over 15 hours of face-to-face interaction with leading specialists and clinicians
- Meet current medical students
- Develop advanced communication and team working skills
- Create new friendships with like-minded, highly driven young individuals
- Learn about the admission process into various medical universities in Australia
- Morning tea and lunch included

Find out more

Tocal College | Open Day

July 19, 2024

Our College Open Days are a wonderful opportunity to visit Tocal and experience first hand all that it can offer students who are eager for a rewarding career in agriculture, agribusiness or horse breeding and training. Open Days provide prospective students, their families and carers an ideal forum to visit the College and get a feel for what life as a student is really like.

Each day's activities include:

- an overview of full-time courses,
- a description of career opportunities,
- information on fees and financial assistance,
- inspection of College campus facilities,
- tour of Tocal's commercial farms and training facilities,
- opportunities to chat with staff and also undertake an informal interview (if desired).

Find out more

Charles Sturt | Open Day 2024

July 28 to August 25, 2024

What is Open Day? It's your opportunity to discover what life at Charles Sturt is all about. Open Day isn't just for students – parents and carers are welcome too!

Be inspired by our academics, explore our facilities and chat to current students about what studying with us is really like. From information sessions and campus tours to free food, entertainment and giveaways – there's something for everyone.

- Port Macquarie: Sunday 28 July
- Wagga Wagga: Sunday 4 August
- Albury-Wodonga: Sunday 11 August
- Bathurst: Sunday 18 August
- Orange: Sunday 25 August

Find out more

John Bell Scholarship

Opens: April 29, 2024

Closes: October 30, 2024

Interested in a career as a performer and attend school in a regional area? Audition for the John Bell Scholarship. A life-changing opportunity for budding performers, three students will spend one incredible week training with Bell Shakespeare at our HQ in Sydney. Find out more

2025 Embracing Our Differences International Art Exhibition **Opens:** March 1, 2024





Closes: July 1, 2024

Artists possess a powerful tool to evoke social change. Without uttering a single word, they can enlighten, educate and affect change around the world. Embracing Our Differences invites you to participate in creating a society where inclusion is embraced and individuality is celebrated.

Become a part of this change by submitting your original art to Embracing Our Differences and its annual international outdoor juried art exhibit.

Find out more

2024 Breakthrough Junior Challenge

Opens: April 1, 2024

Closes: June 25, 2024

You've grasped an important scientific theory, concept or principle. Now can you share your insight? An inventive video can get across complex material that would take pages of text to communicate. To take part in the Breakthrough Junior Challenge, create a short video (2 minutes max) to explain a big idea in one of these fields:

- Physics
- Mathematics
- Life Sciences

Find out more

Grok Cyber Comp

Opens: June 10, 2024 **Closes:** June 23, 2024 Cyber Comp is an online competition to test your students' cyber security skills. <u>Find out more</u>

What's the difference between business and commerce?

If you're keen to learn more about the world of enterprise at university, you might already be looking into your future degree. And you also might have run into this conundrum – should I study business or commerce? You might even be wondering, are these two degrees even different? We're here to answer your questions, and the first is, *yes*, there is a difference (we promise). Read on to find out more about the finer details of the difference between business and commerce.

Business: broad knowledge

A business degree is usually the first thing that comes to mind when you think about studying business at university. This is a common course that you can study at pretty much any university, and for a good reason. A business degree equips you with the foundation skills you need to work in almost any industry and role. If you're not quite sure which area you'd like to specialise in, or you just want to be an all-round pro, business is an ideal choice.

As a general rule, you'll also learn more "people-centred" skills in a business degree; think things like communication, sales, leadership, marketing, and so on. These are core skills you can take into any role, setting you up for future success.

But if you do want to specialise, you can do that too. You can always take a major (or two) and really expand your horizons. For example, you could study the <u>Entrepreneurship and Innovation</u> major at Murdoch University, or <u>Human Resource Management</u> at the University of Bedfordshire.

Business courses also tend to have slightly lower entry requirements. They're also incredibly popular, so you won't have to go far to find a university that offers this course.

Commerce: specialised knowledge

A commerce degree is for those who really want to get into the nitty-gritty of a particular business area. These courses tend to be much more thorough and in-depth, while focusing on a particular area.

A commerce degree gives you specialist skills and knowledge in your chosen area. These degrees are more analytical, and commonly involve a bigger emphasis on mathematics. If you have a particular career path in mind, a commerce degree can be a great way to learn the specific skills you need to get there.

Some common majors for commerce degrees include things like <u>Business Analytics</u> from Carleton University, or





Economics from the University of Auckland.

Commerce courses can have slightly higher entry requirements, and also sometimes include mathematics as a prerequisite.

The similarities?

Although they have their differences, the business and commerce degrees share a lot of similarities as well. Both are great at equipping you with the skills and knowledge you need for your future career. One isn't inherently "better" than the other, and what you learn in each will differ from university to university. You might also see some universities offer the same major in both degrees – in this case, the content is usually largely the same and both degrees would be considered equally by employers. For example, the <u>Accounting</u> major is offered in both of La Trobe's business and commerce degrees – the only things that might differ between the two are other core subjects, and which electives you can choose to study.

The final decision

When making a decision about which course to study, the best course of action is to always do your research. Read the course information and handbook for each course carefully, and see if there is anything about a particular degree or university you do (or don't) like.

Want to know more about your university options? Make sure to take a look at our other blogs and resources <u>here</u>.

Time management hack – the Pomodoro technique

If you're struggling to be productive, finish assignments, meet deadlines, or keep your revision going smoothly, the Pomodoro Technique could make a difference. A time management hack, it's all about breaking tasks (and time) down into shorter, more manageable chunks and taking regular breaks.

Developed by <u>Francesco Cirillo</u> in the late 1980s when he used this technique at university, it's an effective tool that could help you to get more done. Let's take a look at how it works.

Do some preparation

This technique isn't magic, unfortunately – you'll still need to put in a bit of prep and make sure you follow through.

First, work out what you want to achieve and what time you have available to complete your tasks. You'll also need a timer – these days, you'll probably find one on your phone or computer.

If you find you're loving this technique, there are also plenty of <u>apps</u> that make it a breeze, some of which you can try or use for free.

The Pomodoro Technique – Step-by-step

Ready to start? Here's how it works.

Set your timer

Set the timer for 25 minutes and commit yourself to working on a single task without interruption. If something else pops in to your head while you're working, jot it down so you don't forget, but don't allow yourself to deviate.

When time's up

When the buzzer goes off, stop working and take a break. The key to the technique is to not be tempted to keep working – walk away from your desk for at least 5 minutes.

One cycle complete

One session of work and a break counts as a cycle or Pomodoro, and it's just 30 minutes in total. Keep track of how many cycles you've completed by making a note on a piece of paper – this can help you remember how long you need to accomplish similar tasks in the future.

Repeat





Go back to your task and repeat the Pomodoro cycle. After 4 or 5 Pomodoros, treat yourself to a longer break – 20 to 30 minutes is recommended.

Finishing up

Use a few minutes out of your last Pomodoro to go over all the work you've done and assess your progress. Stop when your task is complete or when you've run out of time for the day – whichever works best for you.

Wondering what the benefits are?

There can be quite a few benefits to using this technique, and the more you use it, the more effective it becomes.

You'll start learning to anticipate how long tasks will take you to finish, allowing for easier future planning. This all counts as building your planning and time management skills, which employers love to see in any job. The technique can also teach you how to stay on track and avoid interruptions. If you're a major procrastinator, this is a really valuable skill for both study and work.

Taking regular breaks can prevent you from feeling burnt out and frazzled at the end of the day. Giving information time to sink in during breaks also increases your understanding and retention of what you've been learning.

Why not give it a go?

You might have to try the Pomodoro Technique out for a few days to get used to it and decide whether it works for you, but it's definitely worth a try if you've been struggling to keep up with a hectic study schedule. And if you want more study tips, we have heaps more on our website <u>here</u>.

How to become a Makeup Artist

Makeup artists use their skills and knowledge of beauty products to select and apply makeup and other cosmetics to people. They work with people who need makeup for a wide variety of reasons, including for events such as weddings, actors working in film and on stage, or as specialists in a cosmetics store. If you are creative, love to help people look and feel their best, and want a job that can give you a great degree of flexibility, becoming a makeup artist could be perfect for you.

What skills do I need as a makeup artist?

- Creative & artistic
- Great people skills
- Dextrous with a steady hand
- Good eye for colour
- Excellent communicator
- Flexible & adaptable
- Great time management skills
- Good problem-solver

What tasks can I expect to do?

- Choose the right products for a client's needs
- Apply makeup & other beauty products
- Advise clients on colours & styles
- Provide touch-ups to keep makeup looking fresh during long events
- Give clients advice on skin care
- Help people buy the right cosmetic products
- Keep up with the latest trends in fashion & beauty
- Teach others how to apply makeup correctly

What industries do makeup artists typically work in?

- Retail Trade
- Arts & Recreation Services





• Information Media & Telecommunications

What Career Cluster do makeup artists belong to?

Because their job involves helping others to look and feel their best, most makeup artists belong to the <u>Guardian Cluster</u>.

What kind of lifestyle can I expect?

There is lots of flexibility in the working week of a makeup artist, with most working part-time or casually. Depending on your exact role, you may need to work evenings, weekends, or holidays (to attend events such as weddings, for example).

Most makeup artists earn an average salary throughout their career.

Many makeup artists have the opportunity to travel and work on location. You can also work out of a salon, retail outlet, or home studio. You might also like to consider freelance work or starting up your own business.

How to become a makeup artist

You generally don't need any formal qualifications to work as a makeup artist but, there are many vocational and short courses you can take that can help you build your skills and make you more appealing to potential clients. Makeup artists in specific industries (e.g. film and television) may require certain qualifications or certifications. You may also receive on-the-job training to learn specific skills and techniques.

Ongoing education and development throughout your career is also vital to ensure you stay on top of the latest beauty trends and techniques.

If you're in high school and you'd like to find out if a career as a makeup artist is right for you, here's a few things you could do right now:

- 1. Try and find work experience in beauty, retail, or performing arts. This will give you some exposure to the industry and you can see if you enjoy the work.
- 2. Take short courses or workshops to start building on your skills and knowledge.
- 3. Practice doing makeup for friends and family, and ask for feedback so you know if there are any areas you need to improve.

Find out more here:

- <u>Confederation of International Beauty Therapy and Cosmetology</u>
- Hair & Beauty Australia Industry Association
- <u>New Zealand Association of Registered Beauty Professionals</u>
- British Association of Beauty Therapy & Cosmetology
- Irish Screen Make-up and Effects Guild
- <u>Professional Beauty Association</u> (US)
- <u>Allied Beauty Association</u> (Canada)

Similar careers to makeup artist

- Costume Designer
- Cosmetic Nurse
- Fashion Stylist
- Hairdresser
- Beauty Therapist
- Nail Technician
- Visual Merchandiser
- Performing Arts Technician

Find out more about <u>alternative careers</u>.





13 unusual jobs you might not know exist

Some of the careers in this blog might lean more towards a weird more than just unusual. But you never know what's going to strike a chord and be the spark that ignites a career you'll love. Here's a quick read of 13 more unusual jobs you might not know exist.

Professional Cuddler

Yes, this is a real thing. You could be helping people who are struggling with loneliness, depression, trauma, medical problems, or who are simply in need of an extra cuddle...from a stranger.

Successful professional cuddlers might build an established clientele and develop repeat business, or you might just be open to one-off cuddles. You could carry out one or multiple cuddling sessions per day. Even better, the hours are flexible, and you can work from home.

Golf Ball Diver

Basically professional recyclers, golf ball divers retrieve golf balls from bodies of water in or around golf courses. The golf balls are then then cleaned up, repackaged, and resold. You could be part of an organisation where you just turn up, dive, and earn a bit of money. Or you could negotiate contracts to work independently for golf courses.

It's not glamorous work, often involving heavy lifting and diving into murky waters filled with all kinds of hazards. The rewards? Well, you could earn upwards of \$100 per hour; <u>Glen Berger</u> claims to have made over \$15 million throughout his career.

Online Dating Ghostwriter

How about working as a modern-day cupid? You could earn cash by writing profiles for people to post on their online dating site profiles. Not everyone is great at writing, so you could help them to increase their chances of finding their perfect match.

Hippotherapist

The literal meaning of hippotherapy is "treatment with the help of a horse". You'd be using the therapeutic benefits of horses and their movement to help human patients to overcome speech, physical, or mental health disorders.

Experience with and love of horses isn't enough, unfortunately. You'll need to qualify and become licensed as a physical therapist, occupational therapist, or a speech or language therapist before you can specialise in this field.

Professional Bridesmaid

Not a wedding planner or celebrant, but still a major part of a couple's big day. A Professional Bridesmaid is more like a friend for hire – think organiser, confidant, and non-complaining member of the wedding party. If you get along well with people and want to help a bride's wedding day run smoothly, then this could seriously be a job to consider.

Read more about the job <u>here</u> and <u>here</u>.

Water Slide Tester

Water Slide Testers check to see if the water slides in resorts, theme parks, and hotels are both fun and safe. Imagine how fantastic it would be turning up to work every single day...actually, you don't have to imagine – you can see what a day in the life of a Water Slide Tester involves in <u>this video</u>.

Odour Judges

Odour Judges are hired by manufacturers of all kinds of products to test out their aroma before they hit the market. Essentially, you'd be sniff testing products to check if they smell good (or not). It's not just limited to perfumes either – think things like cleaning products, cosmetics, pre-packaged food, and toys. You might even help a brand establish their own signature scent, which is exactly what <u>twin sisters Dawn and Samantha Goldworm do with their firm 12.29</u>.

Face Feeler

Face feelers are also known as "sensory scientists", which definitely sounds much more professional. In this job, you'd be using your hands to feel product testers' skin both before and after they've used lotions, creams,





and other products, then report back on the differences. You'll just need to be comfortable getting (very) close to other people.

Line Stander

Are you incredibly patient, or just enjoy people watching? If you don't mind being out in the elements, you could make a bit of extra cash as a line stander. This job is basically just like it sounds – you'll be holding a spot in line for someone else who can't (or doesn't want to) do it themselves. You might be waiting for the release of movie, concert, or sporting tickets, the newest iPhone or games console, or even in line at the dreaded Black Friday sales.

There are even <u>websites</u> available for booking these services if you want to sign up and get started ASAP.

Bed Tester

A temporary job usually, but one that's surprisingly not competitive, is a <u>professional bed tester</u>. Bedding manufacturers, bed designers, and luxury hotels are just some of the clients who might require your services. You could be paid to test out comfort levels, sleep quality, room conditions, and other factors. If this sounds like your *dream* career (pun intended), you can find out more about what a job as a professional sleeper involves <u>here</u>.

Pet Food Taster

Pet food is a multi-million-dollar industry, so it should come as no surprise then that it's taken very seriously. It's not just pets that are picky about what they eat – their owners can be very particular about the ingredients, health benefits, and smell of the food they're feeding to their beloved pets.

You'll have to assess products on packaging, smell, nutritional value, and – yes – the texture and taste as well. All in a day's work, right? Take a look at what the job involves in <u>this video</u>.

Worm Picker

Worm pickers work in the great outdoors "hunting" and collecting earth worms. You could sell the worms directly to fishermen to use as bait, be contracted by commercial fishing companies, or work for educational institutions that use worms for teaching and research purposes.

No qualifications are required, but if you're paid per thousand worms collected, then you'll definitely need lots of commitment (and a firm grip) if you'd like to make a living from this job.

Gross Stunt Tester

Love shows like *I'm a Celebrity Get Me Out of Here* or *Survivor*? If you've ever watched the challenges taking place and thought "I could do that" – you might have a future as a gross stunt tester.

It would be your responsibility to ensure tasks are safe and contain the maximum "grossness" factor. On the plus side, you could earn up to \$800 a day...and you have to wonder if there's really much competition for jobs.

Want to keep reading?

If you'd like to read about some other unusual jobs, check out our blog <u>11 careers you may never have heard</u> <u>of</u>.

Searching for career inspiration but want something a bit less outlandish? Don't worry – there's lots more to explore on our website <u>here</u>.

What you need to know about Co-op Scholarships

Successfully applying for a co-op scholarship could do much more for you than simply covering your study costs. They come with heaps of other great perks too. So how can you access one of these amazing opportunities? Let's find out.

Premium scholarships with extra value

<u>Scholarships</u> are generally sums of money awarded to applicants who meet the eligibility requirements specific to that scholarship. There are thousands available from universities, private institutions, charities, and businesses all over the world. They could really make a difference to your tertiary education experience by





removing some of the financial pressure, or help you start your working life with less debt than you'd otherwise have.

How great is that? Believe it or not, a co-op scholarship is even better.

Co-op scholarships go the extra mile. Not only do they provide some financial benefits (or in some cases *a lot*), they could also provide you with amazing extras such as:

- Access to mentors
- Leadership and development programs
- Work experience opportunities (both paid and unpaid)
- Guaranteed accommodation
- Access to workshops and special events
- Networking opportunities

Who can apply for a co-op scholarship?

Each scholarship is unique to the institution or provider, so you'll have to check you meet the eligibility requirements before you spend time applying.

Co-op scholarships are generally open to high achievers. If you think that doesn't sound like you, it's still worth checking – merit isn't just given for amazing academic results, although it is often a pre-requisite. Some scholarships will accept applications from people who've been recommended by their school for their outstanding contributions. Others want to reward individuals who've worked hard and made a difference with community involvement, or perhaps have shown great potential with their leadership abilities.

Competitive but worth the rewards

These esteemed scholarships are highly sought after, so the applications can be highly competitive – but they are definitely worth your time applying.

Many of these programs have a 100% success rate for employment upon graduation. You might receive an income while you're still studying at uni, as some internships are salaried. If you don't leave university with a job already lined up, the fact that you received a co-op scholarship will look fantastic on your resume, could appeal to potential employers, and may have provided you with relevant work experience and useful industry contacts.

In other words, you'll definitely be ahead of the pack.

There are benefits to just applying for a co-op scholarship

Putting yourself forward for co-op scholarships will give you invaluable experience in completing intricate applications and doing well at interviews.

Your confidence could receive a little boost knowing that you're considered eligible, that your application was considered, and that you put yourself outside your comfort zone and survived intact.

In some cases, if your application isn't successful but the panel were impressed by your application, they could suggest alternative scholarships and programs to apply for.

Even if you don't exactly meet the eligibility requirements but you're close, or if you've excelled in some areas and your application really stands out, providers might just bend the rules for an outstanding candidate...it could be you.

So what's the catch?

If you're granted one of these highly prized co-op scholarships, you'll be expected to take your studies seriously. You'll have to make sure you stay on track and achieve your predicted results (or better). Once you've enrolled at university and started your course, you'll probably have to maintain a minimum grade average in order to keep the scholarship. You might even have to comply with other requirements, such as:

- Helping out at orientation week
- Committing to helping out on campus
- Active involvement within your chosen department
- Attending *all* additional programs and events that come with the scholarship

Can I defer my co-op scholarship?

Some scholarships allow you to defer, but it's unlikely co-op scholarships will because they are so competitive and sought after – you'll need to check with the individual provider to confirm this though.





If you are successful in receiving a scholarship and then need to defer your enrolment, you might have to complete another application and go through the entire process the following year (if the institution allows for that).

Where can I find out more about co-op scholarships?

Each year at Study Work Grow, we do the research for you and put it all in one easy to read place. Keep an eye out for our updated Co-op Scholarships Guide, coming soon.

In the meantime, we have heaps of other blogs on <u>university</u> and <u>money</u>. You might also like to browse our <u>free</u> <u>money</u> <u>database</u> and see if there are any opportunities for you.

7 great ways to recover from exams

Exam time can be super stressful, so it's only normal to be relieved when they're over. While part of you is probably feeling euphoric, you might also be feeling drained or even a bit down. We've put together some ideas that could help get you recover from exams and get back on track.

Celebrate

Go ahead, you most definitely deserve it! You could:

- Organise a get-together with all your friends
- Pamper yourself with a really special treat, massage, or day on the couch
- Have a night out with family or friends you could go to the movies or eat at your favourite restaurant
- Have a day at the shops and indulge in some retail therapy (but set a budget first)
- Book yourself tickets to go to a music festival or concert
- Take a day trip and spend the day doing what you love, whether that's picnicking at the beach, hiking a local trail, or hitting the water park

Look after yourself

Repay your sleep deficit with some long lie ins and early nights – no doubt you've had plenty of late nights revising and stressing.

When you're occupied with study, it's often easy to overlook your diet as well. So you could take some time now to do some home cooking or indulge yourself with nourishing foods from your favourite café. Spend some time outside, relax, and breathe in some fresh air instead of the recycled stuff you might have been taking in at the exam halls and library.

Cleanse

Channel your inner Marie Kondo and have a huge clear out. Bin, sell, or recycle any books and study notes that you have no intention of using ever again. De-clutter your room and remove all the reminders of exams gone by. Then box up your study area and put it all away out of sight.

Plan a change

Taking a break away from home can be a great way to recover from exams. So why not plan a holiday, or even a gap year?

If you haven't got the time or the money available to do anything big, you could always arrange a camping trip and spend some time out in nature sleeping under the stars – what could be more relaxing than that?

Think ahead

This might not be right for everyone, but if you're really keen to put exams way behind you, you can start planning and organising for the next chapter of your life.

If you're about to finish school and are thinking of further study, then make sure you're as sorted as you can be. Research courses, look for scholarships, or even find a place to live.

If you're going to start work or an apprenticeship, you'll need to make sure you have everything ready to start receiving your pay, like a bank account. It might also pay to do some reading on tax and superannuation. Have a look around for short courses, holiday programs, and workshops happening near you, or just look up





fun events in your area where you could meet new people and open yourself up to new experiences and opportunities.

Build your experience

Find a job you'd like to apply for and just go for it, or see what volunteering opportunities there are near you. You might like to start researching potential future <u>careers</u> – you might stumble across something that inspires you, find pathways that you didn't know about, or reaffirm a choice you've already made. Whatever you do, don't forget to add all your new skills and experience to your resume.

Go with the flow

Just want to turn your brain off and do nothing? Make the most of your time off by simply sitting back and enjoying a bit of breathing room. We all need some downtime every now and then, so don't feel guilty about just taking each day as it comes.

Find out more

If you want some other ways to recover from exams, we have heaps of other wellbeing tips on our website <u>here</u>.