



Tuning in to Kids For Dads (online)

Would you like to learn how to:

- Understand your child's emotions and help them regulate
- Be aware of and manage your own emotions
- Build attachment and teaching through emotional experiences
- Develop skills to assist your child in problem solving

This program provides dads/male carers with skills and strategies to help with everyday parenting challenges based on emotionally attuned parenting.

DATE: Thursdays, 31st July - 4th September 2025

TIME: 6-8pm

WHERE: Online

COST: This program is free of charge but registration is essential

For Bookings and Enquiries contact:

ParentZone Northern: 03 8641 8900 or

email: Parentzone.northern@anglicarevic.org.au



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PARENTZONE