

## NEWSROOM

AKKF - VIC

April 2025

### FIRST REGENERATE PROGRAM A HIT!

Recently we marked a special milestone at Kookaburra Kids as we delivered our very first Regenerate program of the year.

<https://kookaburrakids.org.au/regenerate/>

Held on the stunning shores of McCrae Beach in Victoria, our young people came together for a Stand Up Paddle Board and Eco-Education Tour. Guided by local experts from **Wild Adventures Melbourne** participants not only learned new skills out on the water but also explored the unique coastal environment, discovering how ecosystems work and how we can protect them.

More than just a fun day out, the program created space for connection, confidence-building, and moments of calm in nature, supporting both emotional and environmental resilience.

We would like to thank the **Bupa** Foundation for funding this program. Our next Regenerate Program in the ACT is scheduled for Saturday, 17 May 2025 at Outward Bound Adventure Centre.

### WE NEED YOUR VOTE!

Help Kookaburra Kids secure a funding boost through CommBank's Community Donations Program! We're thrilled to be nominated by CommBank's Miranda and Cronulla branches, but we need YOUR support to make it happen!

How does your vote help?

Funding from CommBank will go directly towards camps and activity days, providing vital mental health education and support for young people impacted by family mental illness.

How to vote:

Click the link below

Enter either Miranda or Cronulla

Find Kookaburra Kids and cast your vote!

Vote now and help us empower more young people!

<https://www.commbank.com.au/.../commbank-community...>



### Kookaburra Kids Connect

This month in online Kookaburra Connect we celebrate 'Moment of Laughter Day' encouraging everyone to come out and laugh your worries away."

Sessions are run every Tuesday and Thursday at 6pm and 7pm AEST. To book in a young person, click [here](#)





## MORE TELETHON PROGRAMS IN 2025

We're proud to share that Kookaburra Kids has once again been named as a Telethon7 Perth Beneficiary in 2025!

This year, Telethon is supporting a record-breaking 161 beneficiaries, and we're honoured to be included alongside so many incredible organisations making a difference across Western Australia.

Our Senior Philanthropy Coordinator, Galiya Bazarova, and WA Community Engagement Coordinator, Naomi Henderson, had the recent privilege of attending the 2025 Beneficiary Breakfast, where the official announcement was made.

Thank you, Telethon7 Perth, for your continued support and belief in our mission to empower young people impacted by family mental illness.

Our next Telethon7 program is scheduled for the 27th of June at Swan Valley Adventure Camp.

## A VISIT FROM THE GOVERNOR GENERAL

We were honoured to welcome Her Excellency the Governor-General to the Kookaburra Kids stand at the Avalon Airshow near Melbourne in March! She stopped by to chat with our Community Engagement Coordinator, Scott White, and learn more about how we support young people impacted by family mental illness, especially those from Defence families.



## FUNFIELDS!

Our Kookaburra Kids recently enjoyed an unforgettable day at Funfields, filled with thrilling water slides, exciting rides, and opportunities to connect with peers in a relaxed and supportive environment.

Alongside all the fun, the day included a meaningful mental health component. Young people engaged in a conversation about the purpose of the Defence Kids program, taking time to identify their own place within the Australian Defence Force community. This created a valuable space for them to openly discuss some of the unique challenges they face as "defence kids."

## Coming up in the VIC

### Defence Kids

3 May – Indoor Skating, Albury/Wodonga (some spaces still available)

13-15 June - Lady Northcote camp, Glenmore

### Core Kids

16-18 May - Portsea Camp, Portsea

**Do you know a young person impacted by family mental illness? Visit our website to refer them today! <https://kookaburrakids.org.au/get-involved/refer/>**



## Volunteer with us!

**Make a positive difference in the lives of young people impacted by family mental illness and Volunteer with us. Programs in need of volunteers:**

- 3 May – Indoor Skating, Albury/Wodonga
- 16-18 May - Portsea Camp

If you're interested, click below:  
<https://kookaburrakids.org.au/get-involved/volunteer/>





THANK YOU TO OUR SUPPORTERS

## Kookaburra Kids is grateful for the generous support of our partners

### PRINCIPAL PARTNER



### MAJOR STRATEGIC PARTNER DEFENCE KIDS



**Australian Government**  
**Department of Veterans' Affairs**

### MAJOR PARTNERS



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