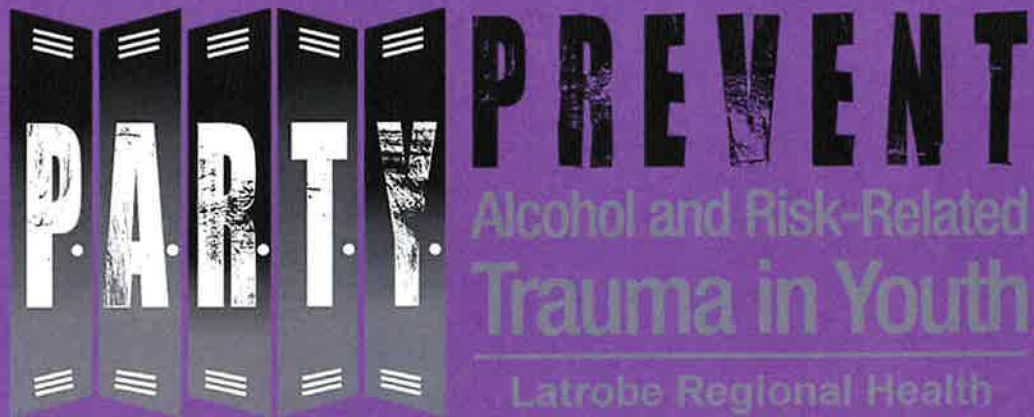


# INFORMATION FOR PARENTS AND GUARDIANS



## Prevent Alcohol and Risk-related Trauma in Youth

*Our mission is to promote injury prevention through vivid clinical reality, enabling young people to recognise risk and make informed choices about activities and behaviours.*

# ABOUT P.A.R.T.Y

The Prevent Alcohol and Risk-related Trauma in Youth (P.A.R.T.Y) program is an internationally recognised dynamic and interactive injury awareness and prevention program.

P.A.R.T.Y uses vivid clinical reality to show participants the possible consequences of risk-taking behaviour. It was developed and licenced in Canada three decades ago and has been running at Melbourne's Alfred Health since 2009 and Royal Melbourne Hospital since 2011. Previous studies have shown the P.A.R.T.Y program has reduced the incidence of traumatic injury for participants.

The P.A.R.T.Y program at Latrobe Regional Health (LRH) takes place in a hospital-simulated environment and provides participants with information to help them recognise potential injury-producing situations, make prevention-orientated choices and adopt behaviours to minimise unnecessary risk.

P.A.R.T.Y at LRH allows participants to engage with emergency services professionals, doctors, nurses, allied health practitioners and people who have experienced trauma and survived - often with significant disabilities. The working hospital environment provides participants with an authentic experience. This allows insight into the many consequences patients, families and health professionals face as a result of risk-related trauma.



P.A.R.T.Y at Latrobe Regional  
Health is proudly sponsored by

**Loy Yang B Power Station**

Powering  alintaenergy

# PARTICIPANT SELECTION

Participants must be in years 10-12 to attend the program.

Please note: This program is unable to accept students who have experienced a traumatic event or recent trauma.

If you have any concerns about your child taking part in the program, please speak with the coordinating staff member at your school.

# OUR VENUE AND ENVIRONMENT



## Latrobe Regional Health (10 Village Avenue, Traralgon)

- The P.A.R.T.Y program runs from 08.45am to 2.45pm.
- A tour of the hospital may include the Emergency Department, Allied Health (physiotherapy and occupational therapy) and Prosthetics. The itinerary is subject to change depending on how busy our units are.
- The temperature in the hospital is usually warm and there are likely to be sights, smell and sounds that are foreign to participants.
- It is not unusual for participants to find parts of the program confronting. If participants feel overwhelmed, it is encouraged they speak to school staff or a member of the P.A.R.T.Y. team.

**IMPORTANT:** We advise your child has breakfast or brings a snack to get them through the busy morning session. Light clothing or a coat or jacket that can be removed are recommended as the hospital temperature is warm.

# PROGRAM CONTENT

- Introduction to the P.A.R.T.Y. program (Program Coordinators)
- Choice, Risk and Consequences (Drug and Alcohol Lived-Experience)
- Pre-hospital Care (Victoria Police and Ambulance Victoria)
- Trauma injuries (Emergency Physician)
- Trauma survivor, with discussion and questions

Participants will have an opportunity to take part in a combination of practical sessions facilitated by clinical staff:

- Emergency Department with a resuscitation mannequin
- Intensive Care Unit (ICU) with a resuscitation mannequin
- Rehabilitation station: scenarios such as wheelchair use and assistive devices, disability simulation, fitting braces, feeding someone with a disability and common challenges faced when returning home post trauma

## TRANSPORT

Transport arrangements to and from Latrobe Regional Health will be confirmed by school staff.

## INFO FOR PARTICIPANTS

Before the program:

- read and discuss content of this information sheet with your parent/guardian
- complete and sign the Participant Evaluation Consent section (if appropriate) and return the form to your school by the required due date

On the day of the program:

- wear school uniform or appropriate neat, casual attire as outlined by your school (no hats or singlets)
- participants are advised to wear comfortable shoes (no thongs or open toed shoes)
- the hospital is pretty warm so make sure you've got a jacket or jumper you can take off if it gets too stuffy
- try to have brekkie and bring a morning snack. The morning session is pretty full on and there's not much time for a break.
- bring lunch. There is limited options to purchase lunch from the cafe on site.
- clearly label and bring along any medication that you may require.

## INFO FOR PARENTS/GUARDIANS

Before the program:

- read and discuss the content of this information sheet with the participant prior to the program
- ensure the participant completes and signs their Participation Evaluation Consent section (if you have given consent to participation in the evaluation component)
- complete and sign the Parent/Guardian Consent section and return the form to your participant's school by the required due date
- ensure the participant clearly labels and packs any medication he/she may require on the day of the program
- should a participant have an emotional or physical response during the program, a LRH staff member and a school representative will assist

# EVALUATION

Participants will be invited to evaluate the program in three questionnaires. The data from the evaluation will be used to research and analyse the impact P.A.R.T.Y has on participants. Responses may be used in comparative studies of the P.A.R.T.Y programs in other regions. Questionnaires will be distributed before participants come to LRH, directly after the program and 3-5 months after attending the program.

Teachers will also receive a feedback survey.

# DATA COLLECTION AND SECURITY

- Student questionnaires do not have their names on them.
- Participation in the evaluation of the P.A.R.T.Y program is voluntary.
- Participants can withdraw from the evaluation process and or the P.A.R.T.Y program at anytime. No reason is required.
- Once a 3-5 month follow-up questionnaire has been completed, documents listing any participant names with their unique identifier will be destroyed. All data will be de-identified.
- Personal information pertaining to participant perceptions of risk-taking behaviour will be collected and stored in aggregate form – therefore no individual participant or school will be identified.
- Individual data will not be made available to participants' schools and/or any external organisations.
- Program data is stored in a secured database that only select staff members have access to.
- Participants should keep a copy of the Parent/Guardian & Participant Consent form for their records.
- The evaluation component of the LRH P.A.R.T.Y Program has received approval from LRH's Human Research Ethics Committee (HREC).

# POST PROGRAM

Participants will have access to their school's wellbeing service following the program. We also encourage ongoing discussion of the subject matter and experiences of the program. Please forward any further feedback or questions to the P.A.R.T.Y Program email below.



## MORE INFORMATION

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