

# Newsletter for schools & other education settings

## Expert Q & A @

### The Royal Children's Hospital

On Sunday 28 June 2015, **The Asthma Foundation of Victoria**, in partnership with **The Royal Children's Hospital** and **Royal Melbourne Hospital** held a FREE Q&A Panel Event focusing on 'Managing Asthma and Allergy'.



The Expert Panel consisted of respiratory and allergy specialists, who addressed questions and concerns and engaged in informative discussion with participants in the audience. The attendance was great and we were pleased to see a number of School Nurses and parents there. A big thank you to all who attended!

If you missed out on this event, it has been recorded and will be available on our website [www.asthma.org.au](http://www.asthma.org.au) in the next few weeks.

## National Asthma Week (NAW)

Once again, National Asthma Week will be held in the first week of September. This is a week for us to raise awareness about asthma in our communities.

The theme this year is 'You Care, We Care—Our Asthma Community'

If your school or education setting would like to get involved with NAW, please contact us at [schools@asthma.org.au](mailto:schools@asthma.org.au)

## School Camp Medical Forms.

A reminder that we have a **School Camp Medical Form** available for Parents to complete and provide with Student's Action/Care Plans, to take on School Camp. Please [click here](#) to access our website to print a Camp Form.



## Triple A (Adolescent Asthma Action) Program

Triple A is a free, award winning, internationally acclaimed peer education program.

Congratulations to the following Victorian Secondary schools who have already participated in the Triple A program :

- ◇ Cobram Secondary College
- ◇ Gladstone Park Secondary College
- ◇ Kilbreda College
- ◇ Mount Eliza Secondary College
- ◇ Mount Erin Secondary College
- ◇ Salesian College
- ◇ St Helena Secondary College
- ◇ Tintern School, Ringwood East

There are still **limited places** for schools to partake in this program in Term 4. Please contact The Foundation on 03 9326 7088 if you are interested.



Students and Asthma Foundation Vic. Educators at Cobram Secondary College's Triple A Peer Leader workshop in May 2015.

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## Asthma Kids in the classroom

Asthma Kids is an online interactive "Asthma Trail" for all primary aged students. Asthma affects 10% of the population and Asthma Kids can help all students to gain an understanding about asthma in a fun way. When we surveyed school leaders and teachers about asthma resources in the school, you responded strongly that activities should be for all students, not just those with asthma. Asthma Kids works as a stand-alone lesson or provides a great starting point for cross-curricula activities around asthma and chronic conditions.



Along with Asthma First Aid training for staff, having students know what to do if a classmate has an asthma flare-up contributes to a safe and supportive school environment for those with asthma.

When students complete Asthma Kids they get a certificate from Chester, the 'host' of the trail. Students are also eligible for the monthly prizes – this requires the teacher's contact details to comply with internet guidelines for children.

As a further incentive, this term, one class that does Asthma Kids will receive a set of personalized products from Identity Direct, made up of a Teacher's Prize Pack and a set of pencils for each child with their name engraved on each pencil.



So get your class onto Asthma Kids at :

[www.asthmakids.org.au](http://www.asthmakids.org.au)

and help build better understanding and attitudes around asthma. National Asthma Week is 1-7 September of each year.

## I've had Asthma First Aid today – new resource

In term 3 you will receive a new resource funded by the Australian Government as part of the Asthma Child and Adolescent Program (ACAP) – the same program that funds staff training in schools and this newsletter.

The resource is an easy way to let parents and carers know about the school's management of an asthma incident for their child. It records details about the time and place of the asthma flare up, the medication administered and any follow up required to maintain your processes to react to asthma incidents.

**When** medication was administered \_\_\_\_\_ (time) \_\_\_\_ / \_\_\_\_ / 20\_\_\_\_ (date)  
☐ by the student  
☐ by a staff member: \_\_\_\_\_ (name)

**What** Dose administered was \_\_\_\_\_ puffs of \_\_\_\_\_  
Puffer and spacer used were ☐ the student's own  
☐ from an Asthma Emergency Kit

**Where** the asthma flare up occurred ☐ in the classroom  
☐ during / after sport  
☐ during recess / lunch break  
☐ other: \_\_\_\_\_

The form will be made available as a writable pdf that can be provided by email to the family and easily kept in your electronic records. A limited number of DL forms will also be available. Both formats will promote our "You Care We Care" campaign to parents and carers.