Warm Water Swimming Program 2019

Prep

Thursday 14th November – Friday 13th December

Dear Parents/Guardians,

This year, children in Prep will be participating in the Warm Water Swimming Program, at Sweeney's Swim Centre in Altona. The program is a 10 day "learn to swim" program, on Thursdays and Fridays across five weeks. All children are expected to participate as part of the school curriculum. Given our bayside location, Williamstown PS places a high priority on swimming and water safety programs.

The program runs from Thursday 14th November to Friday 13th December, which is in weeks 6, 7, 8, 9 and 10 of Term Four. There is a cost of $140 per child, which includes ten lessons and the bus fare to and from the pool. Please note that this is a fully-inclusive program and payment cannot be reduced for absences.
Please speak to the Office if you would like to make a payment plan or require assistance financially. Parents who are in receipt of the Camps, Sport and Excursion funding please contact the office to have the fees deducted from this payment.
Permission notes and full payment is due by Monday 4th November.

Session Times

Grades	Out of School Time	In Pool Time
Prep L	10:50am to 12:45pm	11.20am to 12.00pm
Prep J	11:30am to 1:25pm	12.00pm to 12.40pm
Prep C	12:10pm to 2:05pm	12:40pm to 1:20pm
Prep D	12:50pm to 2:45pm	1.20pm to 2.00pm

All children will work in small groups appropriate to their level of swimming ability and stage of development in water safety and awareness. Please complete and return the attached swimming ability questionnaire. This will be followed by preliminary testing by the swim instructors at the pool which will help place the children in the most appropriate group.

Parent Helpers

Closer to the program, teachers will place sign-up sheets for parent helpers outside their classroom. We have space for two parent helpers on the bus each day, however, we are unable to take toddlers on the bus for safety reasons. If you are helping in any capacity, please know that we require a current copy of your valid Working With Children Check to be submitted at the school office as soon as possible. Please note that even if you don't list yourself as a parent helper, you are still more than welcome to come along to the pool as an observer. *We remind our parents however, that they are not to approach the swim-school staff and any questions should be raised with the classroom teacher only.*

What To Wear

Students are asked to come to school wearing their bathers underneath their school uniform. Also, if your child has long hair, it is very important that they have their hair tied back before coming to school. Buns or plaits are usually best for swimming as it keeps the hair out of their face.

What To Bring
In addition to wearing their bathers, children will need to bring the following items in a labelled waterproof swimming bag. We recommend labelling each separate piece of clothing (shoes, socks, underwear, etc.) to avoid lost property.

- Towel
- Change of underwear
- Goggles (recommended)
- Comb/brush
- A swimming cap (recommended to avoid wet hair)
- A plastic bag for the wet items

Lunch/Snack During Swimming – No lunch orders or canteen items
During the swimming weeks, we notice a huge increase in the children's appetites at school and we strongly recommend packing extra items in their lunchboxes. Two sandwiches will not go astray, as will a bit of extra fruit. Please note that there will also be NO LUNCH ORDERS available for Prep C and Prep D during swimming due to the change in the time we will eat our lunch.

Students With Asthma
Students with asthma are required to complete the attached form. Please speak to your child's teacher if you have any questions.

Please Have A 'Run-Through'
Please have a few 'run-throughs' with your child about how to pack their bag, get ready once we're there (i.e. put socks in their shoes, clothes in the bag, towel on the top so their clothes don't get wet at the end of the lesson), how to dry off, get dressed and repack at the end of the lesson. This will make it a smoother time for both your child and the adults assisting.

If you have any questions about swimming, please feel free to contact myself on 9397 1248, or speak with your child's classroom teacher.

Kind regards,
Liz Beasley
Leading Teacher

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Swimming Ability Questionnaire

Student's Name: _____ Grade: _____

Does your child have outside-school swimming lessons? YES NO

How long have they had lessons for? _____

How often does your child swim? _____

Is your child water confident? YES NO

Will your child put their face under water? YES NO

Swimming ability (please tick):

- ☐ Cannot swim
- ☐ Can swim 10m with the help of floatation devices
- ☐ Can swim 10m independently
- ☐ Can swim to 25m
- ☐ Can swim to 50m

Parent's Signature: _____ Date: ____/____/2019

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Children With Asthma

If your child has asthma, please complete and return the following form to your child's teacher.

I/We _____ *(parent/carer)* declare that my child's doctor

_____ *(doctor's name)* has indicated that it is safe for my child

_____ (child's name) of Grade _____ (child's grade)

to participate in the 2019 Warm Water Swimming Program at Sweeney's Swim Centre from Thursday 14th November to Friday 13th December 2019.

At the time of the program, my child is on the following medication:

_____

If my child should require asthma medication while attending the swimming program, I authorize the teacher in charge to give the following dose of the above medication:

_____

Parent/Carer's Name: _____

Emergency phone contact: _____

Signature: _____ Date: ___/___/2019