

### **BREAKFAST CLUB IS BACK IN 2017!**

Dear Parents and Guardians,

The Victorian Government has partnered with Foodbank Victoria to help ensure that all kids have a healthy and nutritious start to the day and I am both pleased and proud to announce that we will continue running the Breakfast Club in 2017.

It will begin in the first week of March and will run every Monday, Wednesday and Friday mornings from 8:15 to 8:45, beginning on **Monday 6<sup>th</sup> March 2017**. The Breakfast Club will recommence in the 2<sup>nd</sup> week of each school term, thereafter.

Our school Breakfast Club aims to ensure that all children start the day with a healthy meal to improve concentration, increase stamina, encourage social interaction and teach life skills. However, before we can begin, we need to ascertain approximate numbers of children who might like to attend so we can adequately cater for them.

Initially, the core breakfast foods that will be offered by our Breakfast Club will be: Cereal, UHT full cream milk, canned fruit in natural juice, toast and baked beans. We hope to eventually supplement this basic menu through outsourcing donations from the wider community and recommendations from staff and parents. So please, if you have any ideas or contacts, feel free to contact me. Any suggestions would be most welcome and greatly appreciated, as would any donations.

Depending on the number of children, we may also require additional help in the form of volunteers to assist in the setting up, preparation, serving and pack up. I am hoping we receive adequate volunteers so a flexible roster can be set up.

If you think your child/ren would like to attend, or you if you are interested in helping out on a particular morning, or even having your name placed on an emergency roster, please fill in the form below and return it to school by, (Friday 17<sup>th</sup> February) so we can gain approximate number of children attending and if you are able to assist.

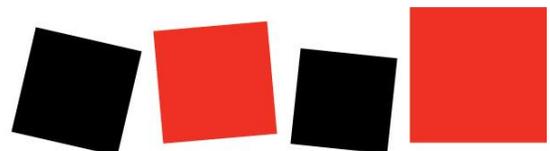
**(Please note that you can only volunteer if you have a current Working with Children's Check)**

More information will be sent out via an email to those interested in attending and/or volunteers regarding where it will be held as soon as we determine numbers.

Your help is greatly appreciated and I sincerely thank you in anticipation of your continued support.

Kind regards,

Nicole McDonald.  
Breakfast Club Coordinator



## BREAKFAST CLUB PERMISSION FORM

I give permission for my child/ren to attend the **BREAKFAST CLUB IN 2017**

**YES / NO**

Circle

Please tick the days your child/ren will attend (children can attend on all days)

Monday       Wednesday       Friday       Occasionally

Start date/day: \_\_\_\_\_

Student's Name: \_\_\_\_\_ LEVEL: \_\_\_\_\_

Please detail any allergies: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Parent / Guardian

I will be available to volunteer **YES / NO** (please tick appropriate response)

Monday       Wednesday       Friday       Occasionally

Name of Parent/Guardian: \_\_\_\_\_

Email: \_\_\_\_\_

Contact number \_\_\_\_\_ Signature \_\_\_\_\_

Should your assistance be required, I will contact you. Thank you for your offer.