To further support our students and their families in conjunction with GV Health Child and Adolescent Mental Health Service we are implementing the CASEA (CAMHS and Schools Early Action) Program throughout 2020.

The CASEA Program is an early intervention service for young children (focusing mainly on children in Foundation to Year 3) with challenging behaviours and difficulties in regulating emotions. Whilst these difficulties can be common in childhood when the challenging behaviours occur regularly they can impact on a child’s progress at school and delay their emotional and social development. Research has found that if these behaviours are not corrected in early development these children are more likely to experience ongoing problems as adults in their personal and professional lives.

The aim of the program is to promote:

* Prosocial behaviour,
* Positive self-esteem,
* Social skills,
* Problem solving skills,
* Assertiveness.

Classroom activities will be conducted in each year level and will focus on teaching students inter-personal, problem solving and conflict resolution skills.  Group programs are conducted for selected children and their parents/carers. The program works with parents to build their confidence in responding to a child’s challenging behaviour and emotional difficulties.