

Kitchen Garden at Collingwood College Week 1.2019

Name of Recipe: Ricotta & Summer Herb Dip, Beetroot Dip
Volunteer Notes:

From our garden: Beetroot, herbs, lemons

What to collect	What to do
<p>Ricotta & Summer Herb Dip; Large bowl Salad spinner Lemon squeezer Micro-plane Measuring scales</p> <p>600g ricotta</p> <p>½ bunch Basil 10 sprig Mint 10 sprig Parsley 10 sprig Thyme 8 sprig Oregano</p> <p>1 lemon-zested & juiced 2-4 tblsp olive oil Salt, ground pepper</p>	<p>Collect the ingredients.</p> <p>Identify all the different herbs. Pick each separately and wash, spin dry.</p> <p>Soft herbs-Basil & mint-roll leaves and slice. Harder variety herbs can be chopped.</p> <p>Into the bowl, add the weighed cheese, 2 tbsp olive oil, lemon zest/ juice, seasoning & herbs Gently stir to combine.</p> <p>Taste the dip and correct the seasoning if needed...salt/pepper / lemon juice?</p>
<p>Edible flowers 3 x flat plates 3 x teaspoons</p>	<p>Divide onto 3 plates, drizzle extra olive oil over & decorate with edible flowers, serve with a teaspoon.</p>

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<p><u>BEETROOT DIP</u></p> <p>1 food processor</p> <p>1 Portion of cooked beetroot (3 large or 6-8 baby)</p> <p>1 small pan Mortar & pestle</p> <p>1 tsp ground cumin seed 1 tsp ground coriander seed</p> <p>60 ml XV. Olive oil 1 garlic clove Salt flakes ¼ tsp sambal olek-chilli paste-(optional) 1 x orange zest only.</p> <p>6 sprig-Mint -Picked, washed, spin-sliced Salad spinner</p> <p>3 x small plates 3 x teaspoons Edible flowers</p>	<p>Collect ingredients. Peel skin off cooked beetroot and cut up flesh.</p> <p>Dry roast the spices & grind in the mortar & pestle.</p> <p>Put beetroot, garlic clove into food processor, puree until fine. Add salt /pepper, ½ the amount of cumin /coriander, orange zest, chilli (optional) While machine is running add olive oil SLOWLY.</p> <p>Mix in the prepared mint. Taste & decide if you need more spices or seasoning. Divide onto 3 small plates.</p> <p>Decorate with edible flowers.</p>
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