**My Health Record &**

**what you need to know**

To make sure **you** have all the **necessary** **information** you need about My Health Record, there is an opportunity to have a representative come and talk to your community about this federal government initiative. This will be **free session** and designed to encourage **informed decision** making about your My Health Record options.

In 2018, a My Health Record will be created for all Medicare eligible Australians who choose to have one.

In the session you will be given information on the system, including:

* *What is it? What does it do? How do you use it?*
* *Privacy and security.*
* *Access – parents/carers/family/health professionals*
* *What to do if you do not want a record.*

The session will run for approximately 60 minutes with the opportunity for you to **ask questions** and take away **information to keep at home and share with your family**.

For more information on holding an information and awareness session in your area or community group please contact Samantha McIntosh, My Health Record Community Engagement and Communications Officer on;

[Samantha.mcintosh@westvicphn.com.au](mailto:Samantha.mcintosh@westvicphn.com.au) or 5304 5637

You can visit the website for further information also - <https://myhealthrecord.gov.au/>

*My Health Record is the name of the national digital health record system. Having a My Health Record means your important health information like allergies, medical conditions and treatments, medicine details, and test or scan reports can be digitally available in one place. It is a secure and private online record. Healthcare providers like doctors, specialists and hospital staff may be able to see it online from anywhere at any time when they need to, like in an accident or emergency.*